

Pion mass dependence of the nucleon mass and the pion-nucleon sigma term from lattice QCD and EFT

INT Workshop:
Origin of the Visible Universe: Unraveling the Proton Mass
June 13-17

André Walker-Loud



Outline

- Who?
- What?
- Where?
- When?
- Why?

Outline

- Who? CalLat Collaboration
- What? $\langle N | m_u \bar{u}u + m_d \bar{d}d | N \rangle$ $\left[\langle N | m_s \bar{s}s | N \rangle, \langle N | m_c \bar{c}c | N \rangle \right]$
- Why Why not?
- Where? Summit at OakRidge Leadership Computing Facility and Lassen at LLNL
- When? The last few years
- How? Lattice QCD
 - Lattice QCD brief intro
 - Feynman-Hellmann Method versus Direct Method
 - Our results

Who?



*Not all in California

This project

Nolan Miller

Grant Bradley

Malcolm Lazarow

Zack Hall

Chris Körber

Aaron Meyer

Henry Monge-Camacho

Chris Bouchard

Kate Clark

Nicolas Garron

Ben Hörz

Dean Howarth

Bálint Joó

Amy Nicholson

Enrico Rinaldi

Pavlos Vranas

André Walker-Loud

UNC → Mainz

UNC → Brown

UC Berkeley

UNC

Bochum University

UC Berkeley / LBNL

ORNL

Glasgow U.

NVIDIA

Liverpool Hope

LBNL → Intel

LBNL

ORNL

UNC

U. Michigan / RIKEN

LLNL

LBNL

(postdoc, grad student)

What?

- We are computing the scalar quark condensation in the nucleon

$$\sigma_{\pi N} = \langle N | m_u \bar{u}u + m_d \bar{d}d | N \rangle = \langle N | \hat{m} (\bar{u}u + \bar{d}d) | N \rangle \quad \hat{m} = \frac{m_u + m_d}{2}$$

- We are also interested in the strange and charm scalar condensation in the nucleon

$$\langle N | m_s \bar{s}s | N \rangle, \quad \langle N | m_c \bar{c}c | N \rangle$$

- I will focus on the light-quark matrix elements in this talk

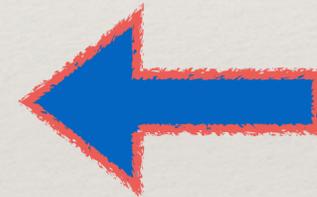
Why?

- This workshop — how does the proton mass emerge from QCD?

$$\begin{aligned} m_N &= \frac{\beta}{2g} \langle N | G^2 | N \rangle + \sum_q \langle N | (1 + \gamma_m) m_q \bar{\psi}_q \psi_q | N \rangle \\ &= \langle N | \frac{\beta}{2g} G^2 + \gamma_m \sum_q m_q \bar{\psi}_q \psi_q | N \rangle + \sum_q \langle N | m_q \bar{\psi}_q \psi_q | N \rangle \end{aligned}$$

RG Invariant
Unambiguous

How do I define this term
non-perturbatively?



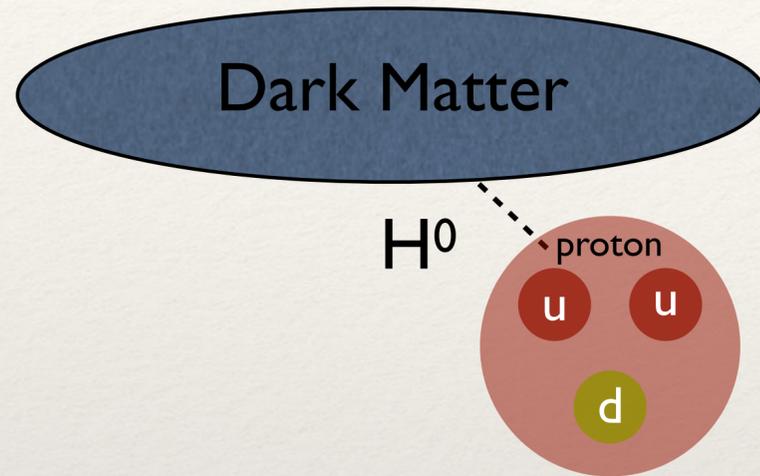
RG Invariant
Unambiguous

- NOTE: I have not specified what quark flavors I am summing over...

certainly, we have no hope to compute the light and strange matrix elements w/o LQCD
the charm content is well estimated by pQCD — but — we might be hyper-sensitive to it

Why?

- Prospective scattering of Dark Matter off matter is sensitive to these matrix elements



$$\sigma \propto |f|^2$$

$$f = \frac{2}{9} + \frac{7}{9} \sum_{q=u,d,s} f_q$$

$$f_q \equiv \frac{\langle N | m_q \bar{q}q | N \rangle}{m_N}$$

see eg. [Cheung, Hall, Pinner, Ruderman](#)
JHEP 05 (2013) 100 [arXiv:1211.4873]

- These scalar current matrix elements are difficult to measure experimentally
 - $f_{u,d}$: can be estimated from pion-nucleon scattering
 - f_s : no good way to estimate (it turns out) - SU(3) Baryon XPT does not converge

- “Perfect” problem for LQCD

Why?

- Uncertainty was dominated by strange content value was estimated using SU(3) baryon Chiral Perturbation Theory (XPT)

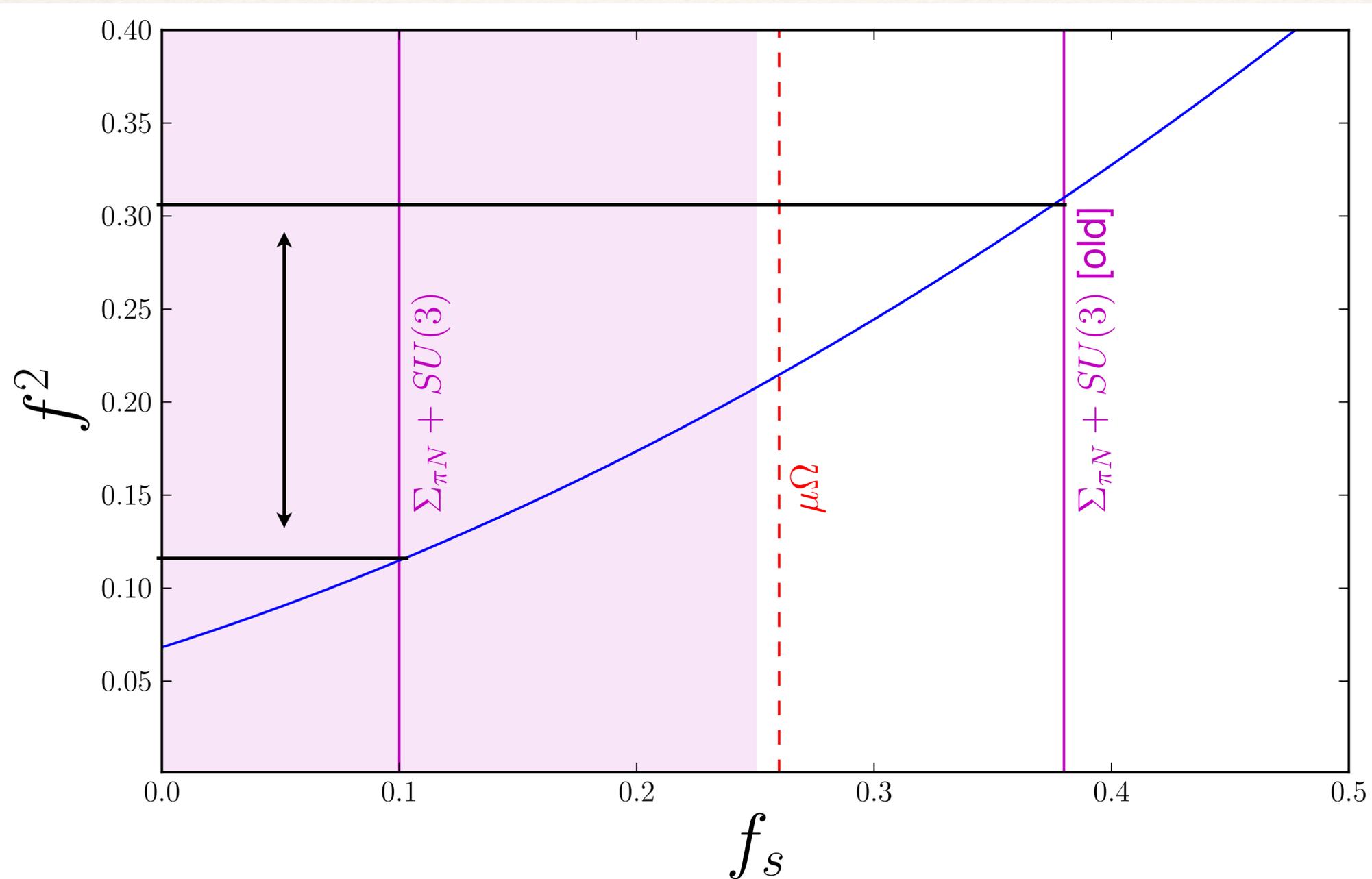


figure adapted from Cheung, Hall, Pinner, Ruderman
JHEP 05 (2013) 100 [arXiv:1211.4873]

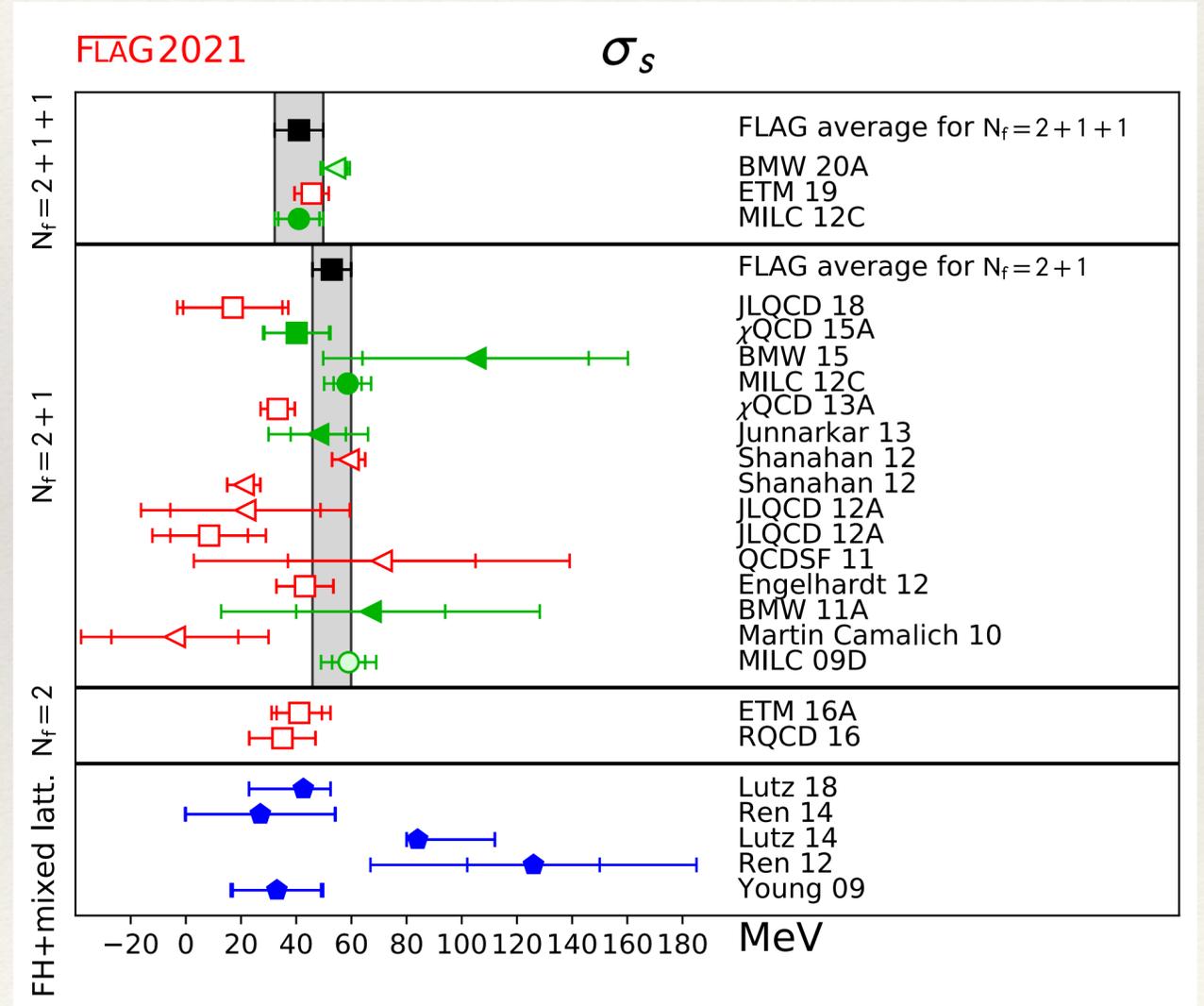
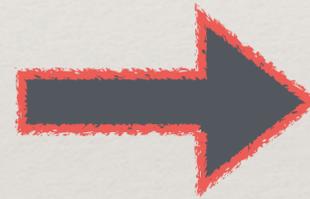
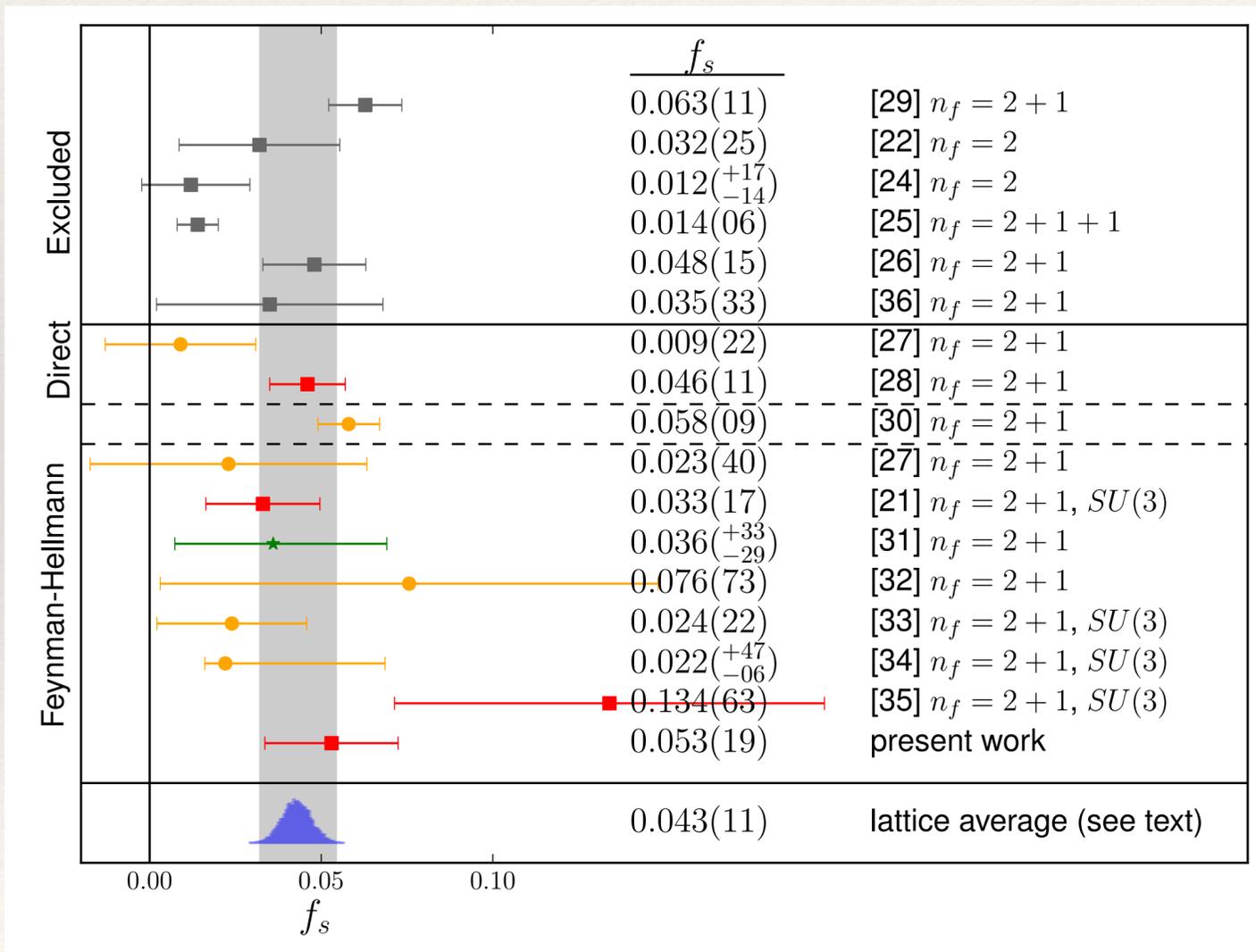
Why?

□ LQCD $f_s = \frac{\langle N | m_s \bar{s} s | N \rangle}{m_N} = \frac{\sigma_s}{m_N} = \frac{40 \pm 10 \text{ MeV}}{m_N}$

$$\sigma_s = \begin{cases} 52.9 \pm 7.0 \text{ MeV} & N_f = 2 + 1 \\ 41.0 \pm 8.8 \text{ MeV} & N_f = 2 + 1 + 1 \end{cases}$$

Junnarkar & Walker-Loud
PRD 87 (2013) [arXiv:1301.1114]

FLAG
[arXiv:2111.09849]



Why?

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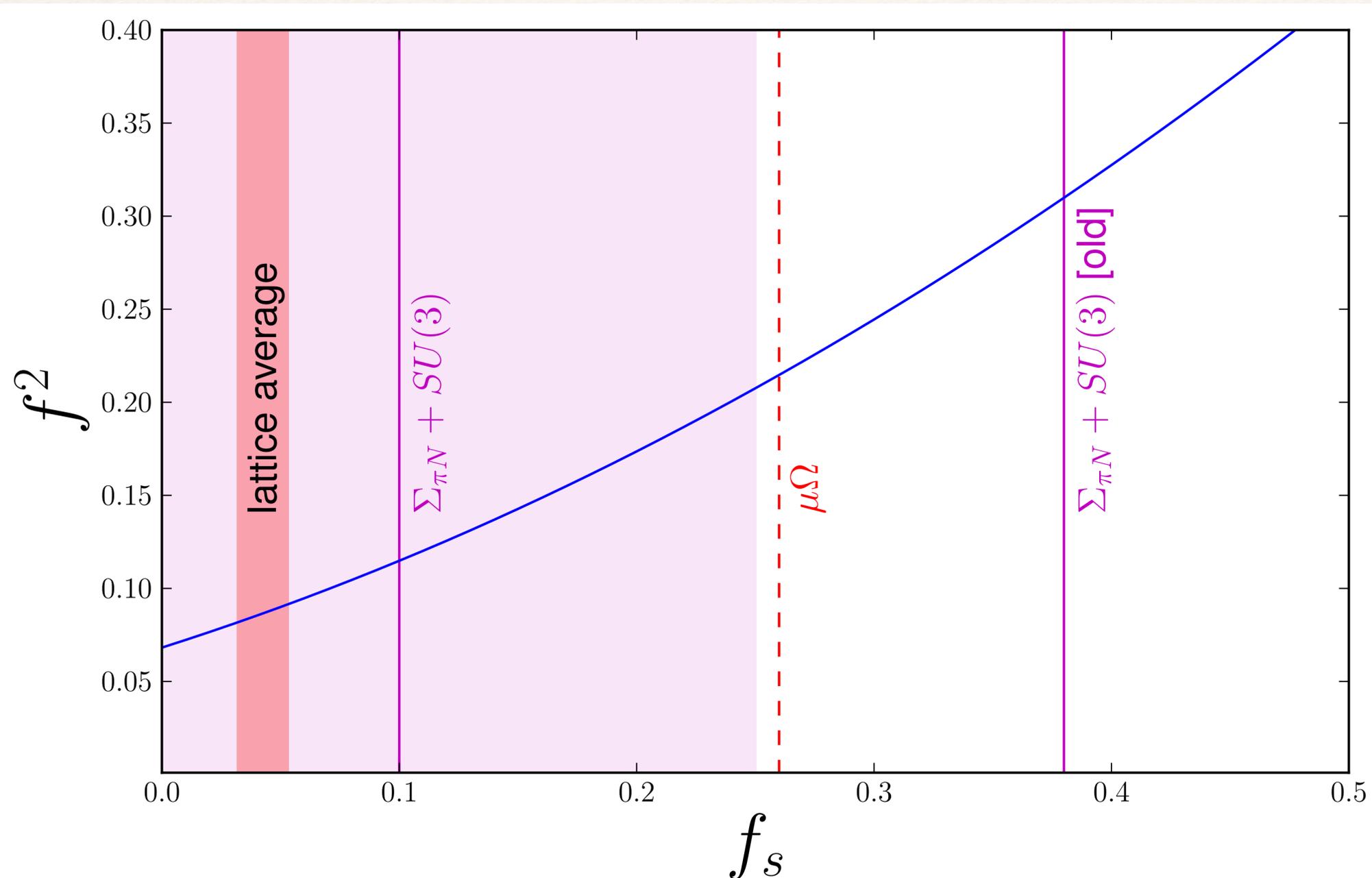
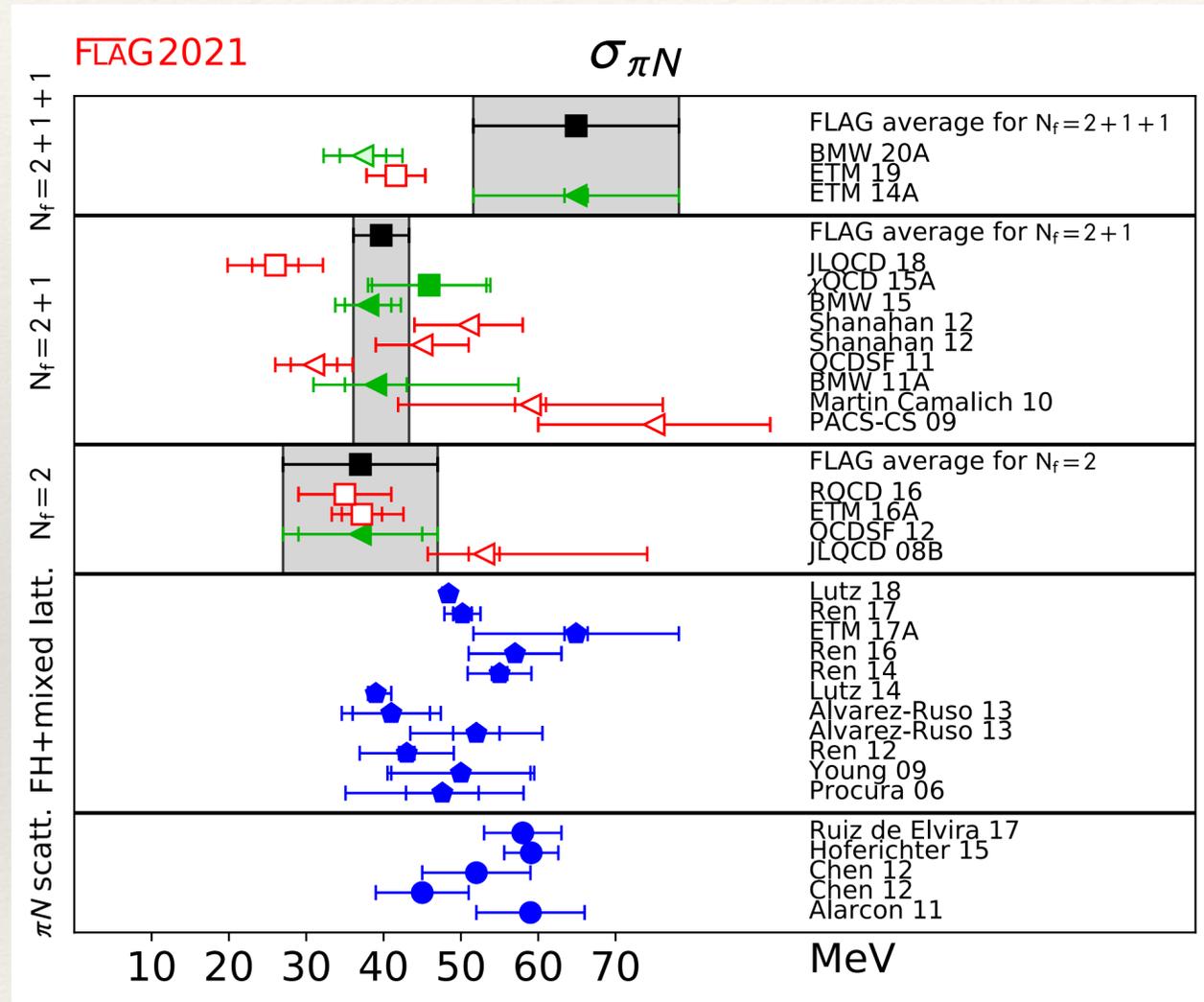


figure adapted from Cheung, Hall, Pinner, Ruderman
JHEP 05 (2013) 100 [arXiv:1211.4873]

Uncertainty is now sensitive to
light-quark matrix element
and heavy?

Why?

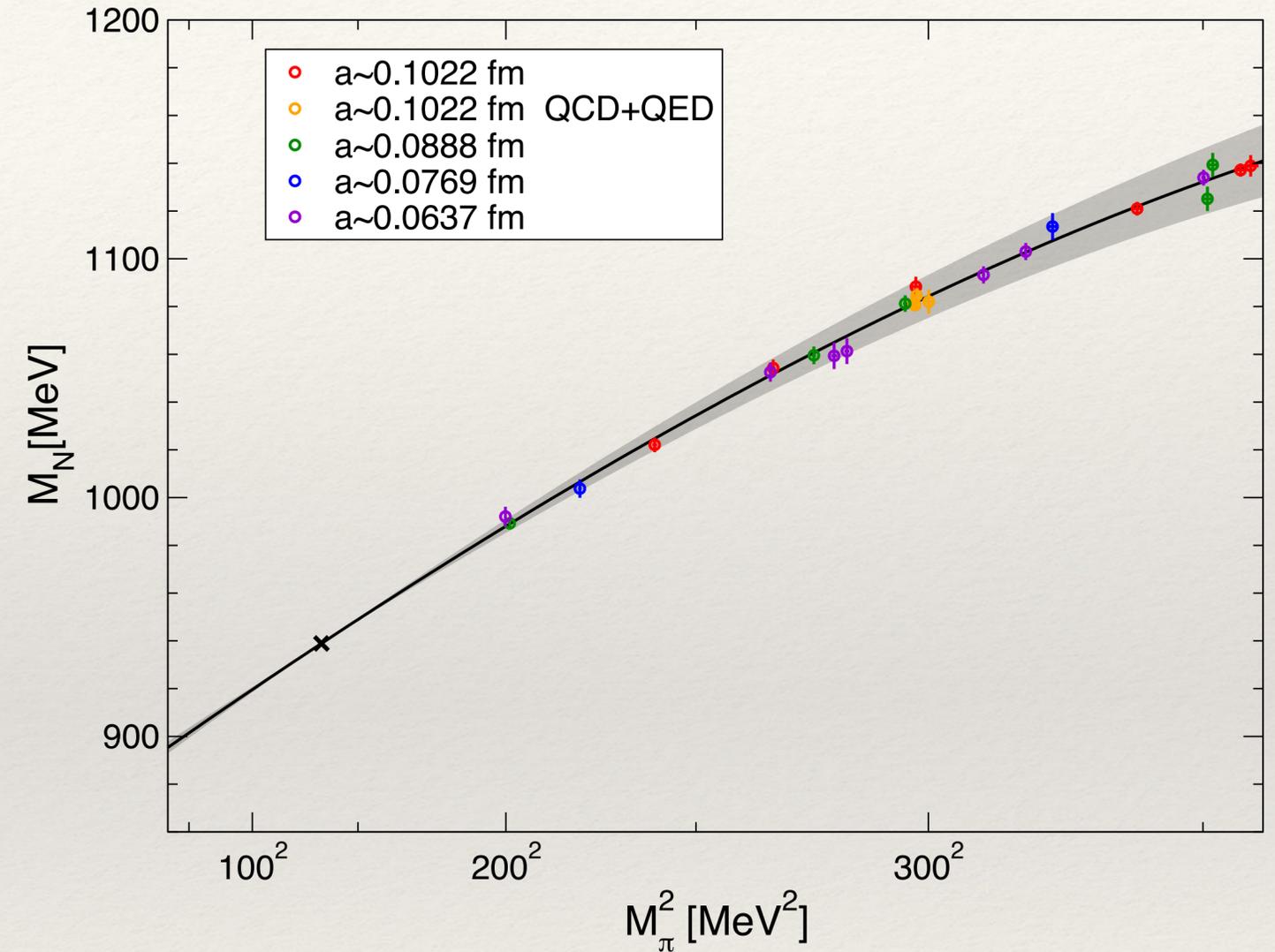
□ Light-quark matrix element



LQCD

PHENO

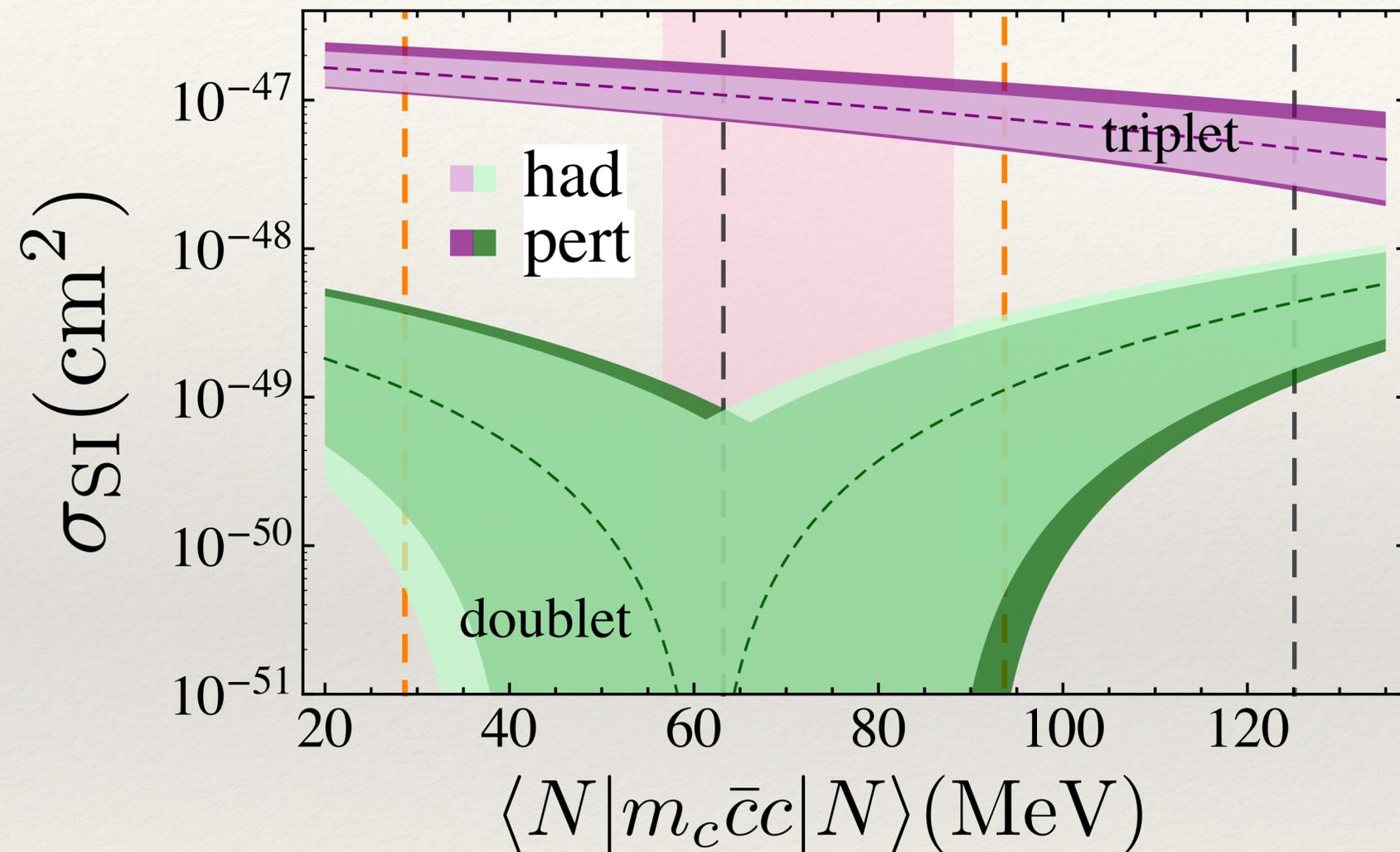
BMWc: Borsanyi et al
[arXiv:2007.03319]



Is the tension due to LQCD systematics?
Mpi extrapolation?
Excited states?

Why?

- The charm content may be particularly interesting



WIMP Dark Matter scattering through HIGGS portal

- heavy WIMP (integrate out to SMEFT)
- cancellation between spin-0 and spin-2 gluon contributions to spin-independent (SI) cross section
- Normally - one would not need to precisely know a heavy quark matrix element
- Depending upon precise value of charm content, SI cross section can drop below “neutrino-floor”

Hill & Solon

PRL 112 (2014) [arXiv:1309.4092]

How?

- ❑ Lattice QCD is “perfect” tool to compute these scalar quark matrix elements
- ❑ Two ways to perform the calculation
 - ❑ Direct method: matrix element
 - ❑ Indirect method: Feynman-Hellmann Theorem

Introduction to LQCD

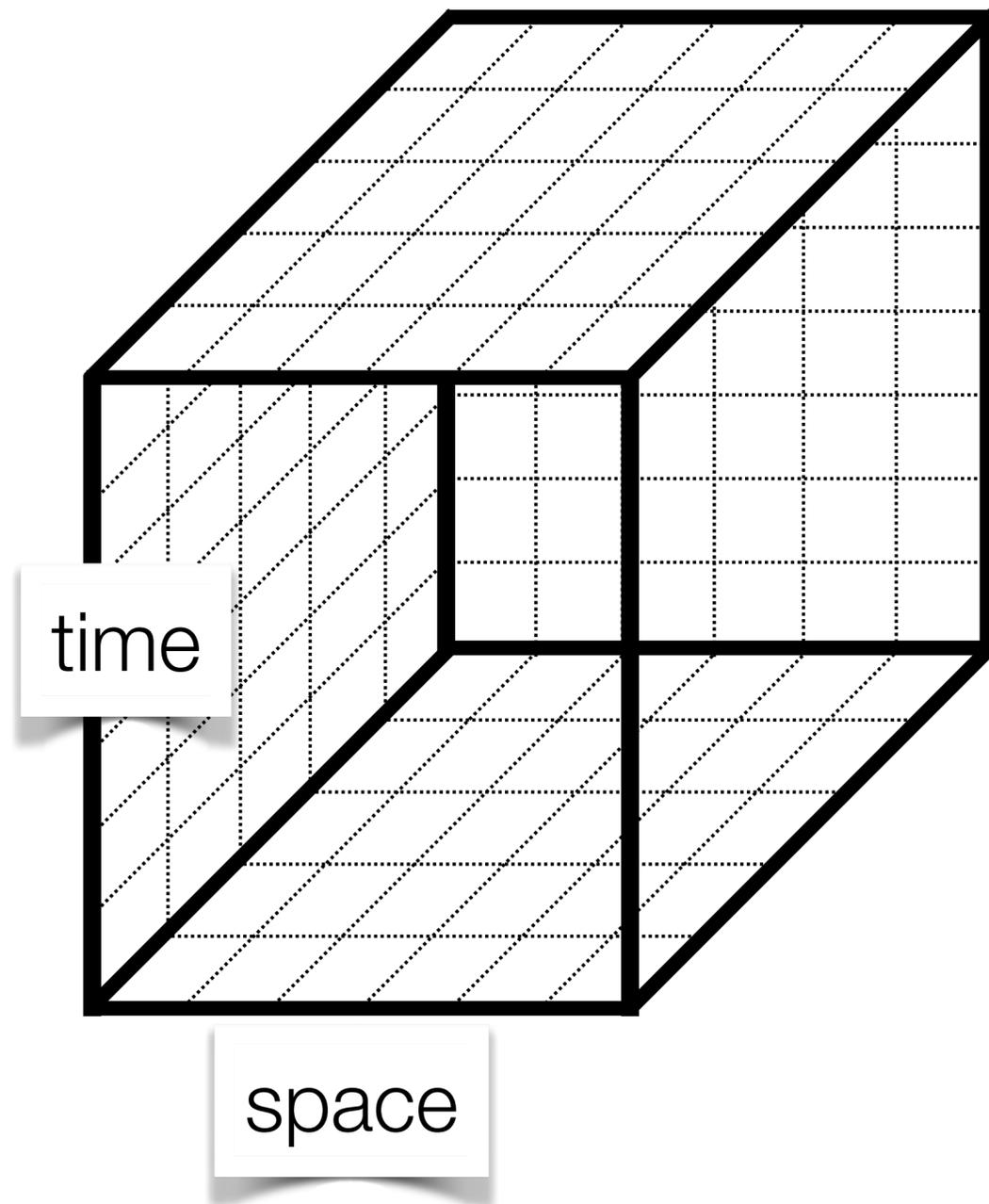
$$\begin{aligned} C(t) = \langle \mathcal{O}(t) \mathcal{O}^\dagger(0) \rangle &= \frac{1}{\mathcal{Z}} \int D\psi D\bar{\psi} DU \mathcal{O}(t) \mathcal{O}(0) e^{iS_M[\bar{\psi}, \psi, U]} \\ &= \frac{1}{\mathcal{Z}} \int DU \det(i\mathcal{D} - M) \mathcal{O}(t) \mathcal{O}(0) e^{iS_M[\bar{\psi}, \psi, U]} \end{aligned}$$

Introduction to LQCD

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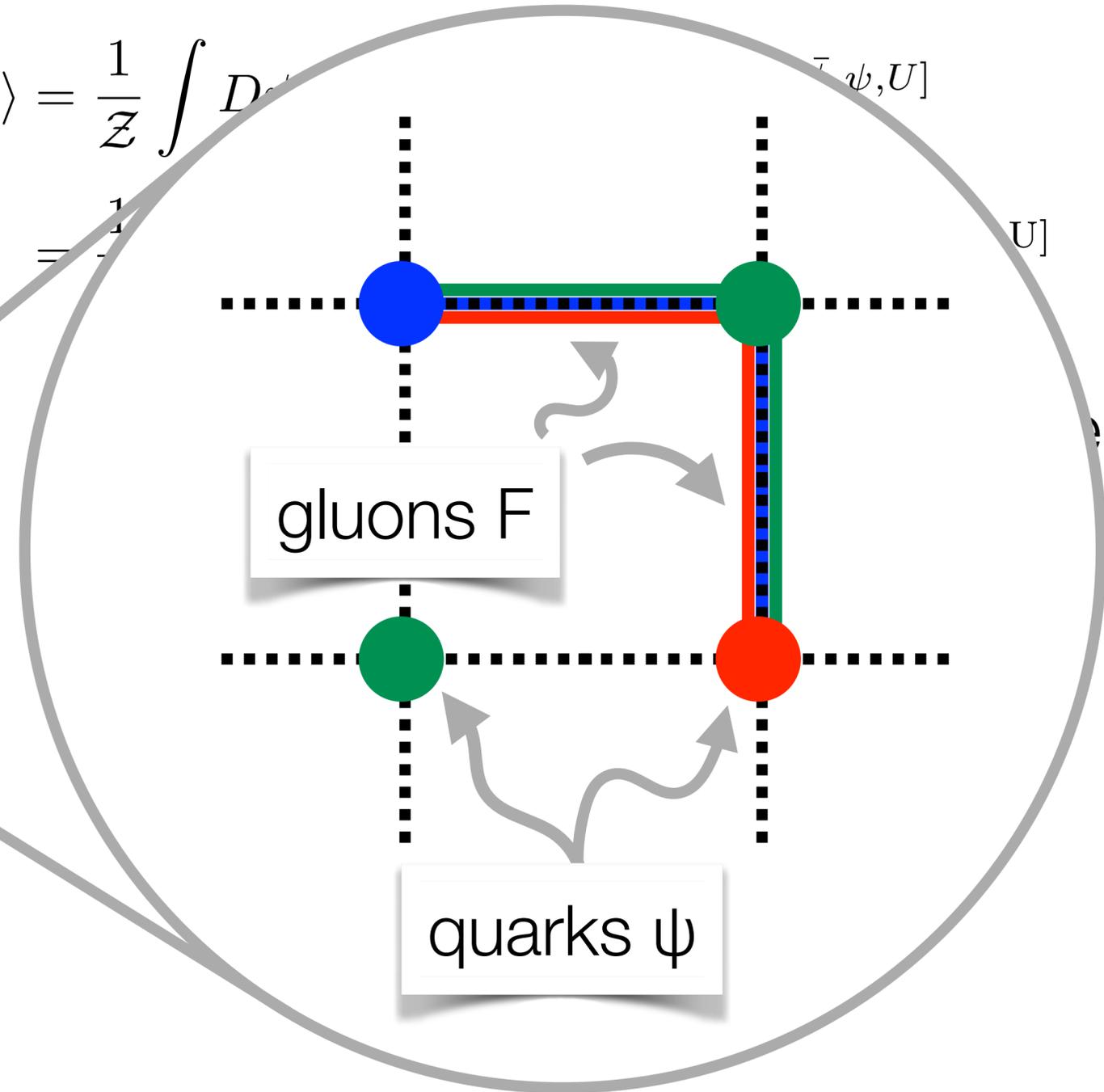
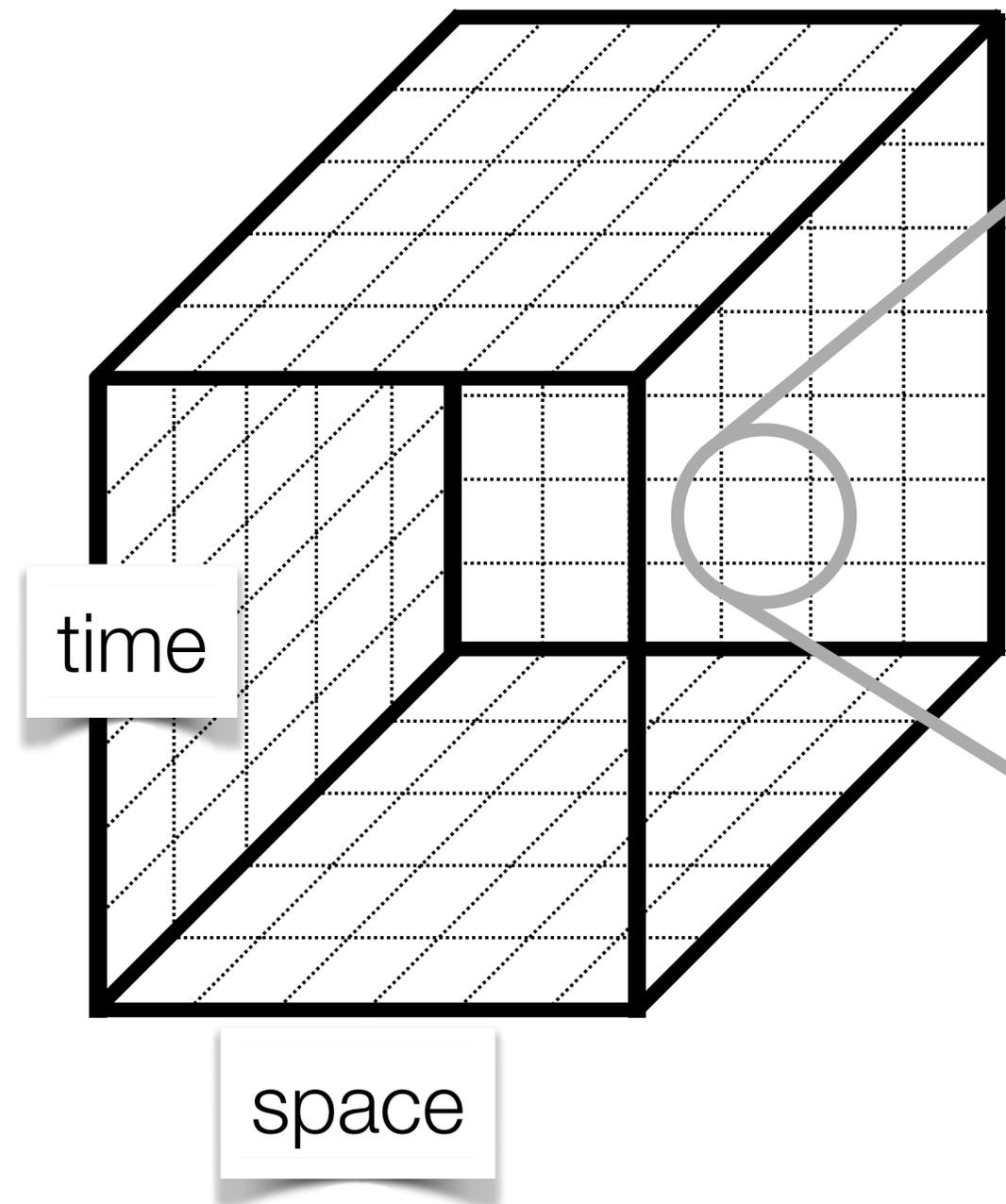
$$= \frac{1}{\mathcal{Z}} \int DU \det(i\mathcal{D} - M) \mathcal{O}(t) \mathcal{O}(0) e^{iS_M[\bar{\psi}, \psi, U]}$$

lattice
finite volume



Introduction to LQCD

$$C(t) = \langle \mathcal{O}(t) \mathcal{O}^\dagger(0) \rangle = \frac{1}{Z} \int D\psi D\bar{\psi} D[U] e^{-S[\psi, \bar{\psi}, U]}$$

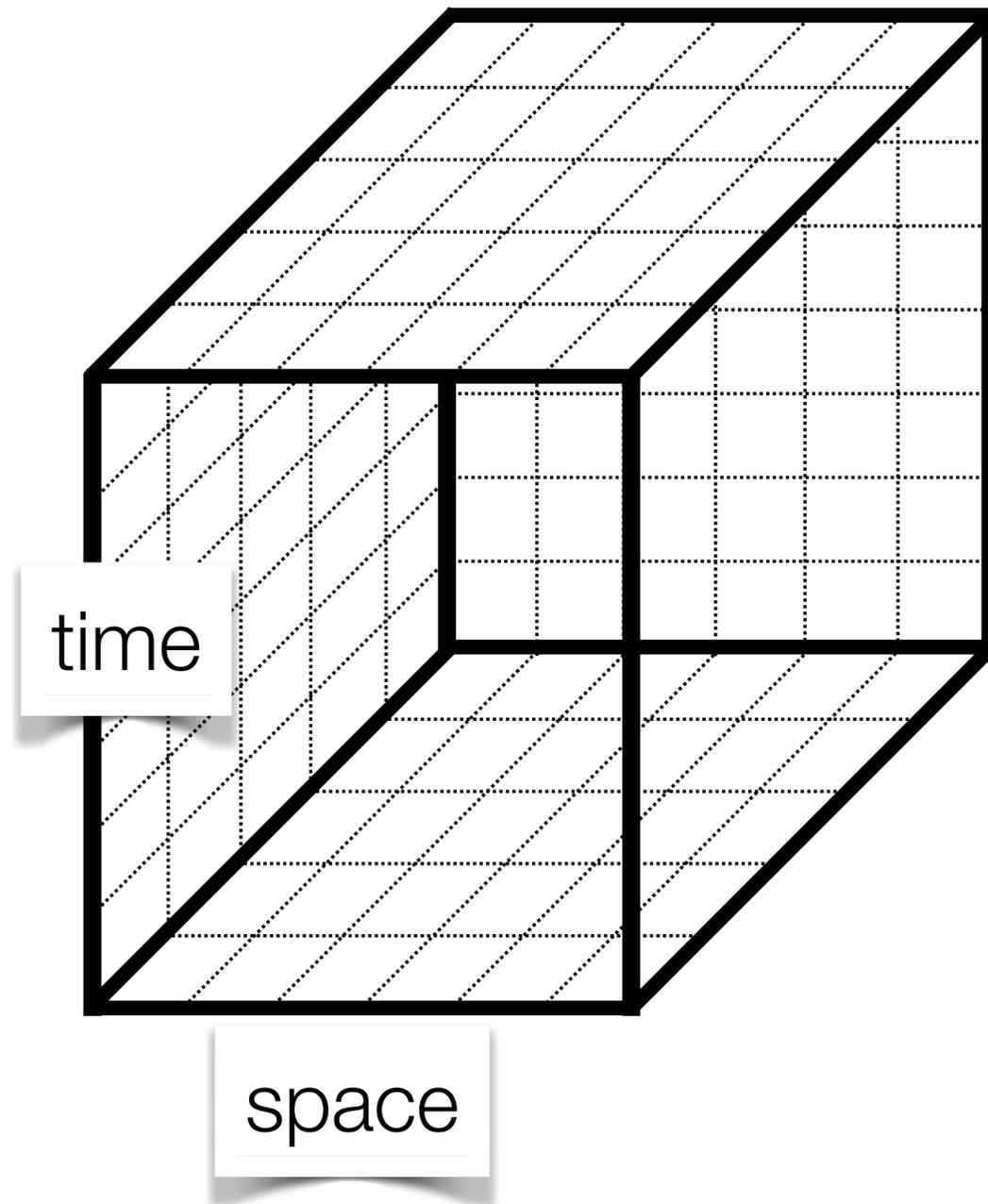


Introduction to LQCD

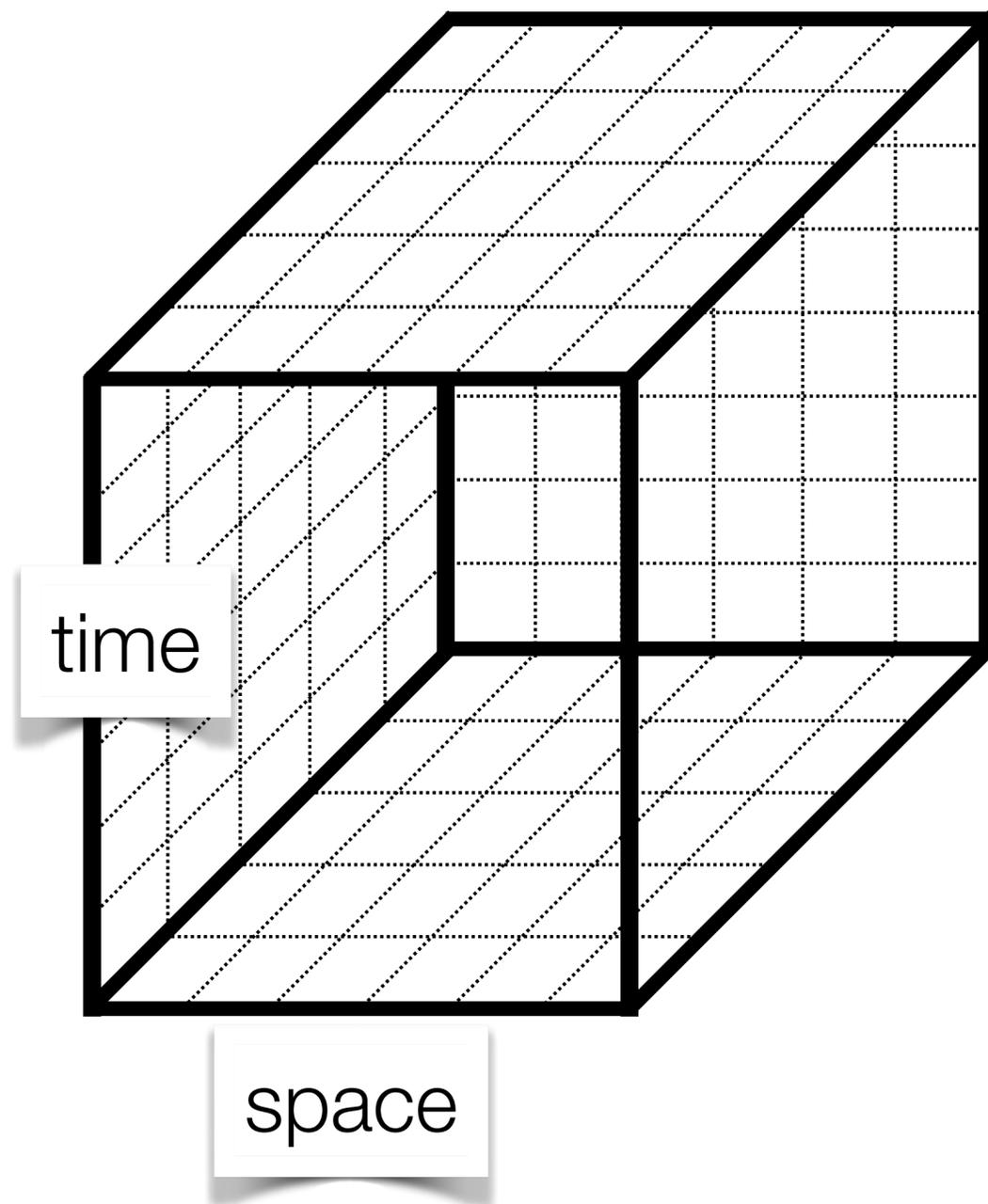
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lattice
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Introduction to LQCD



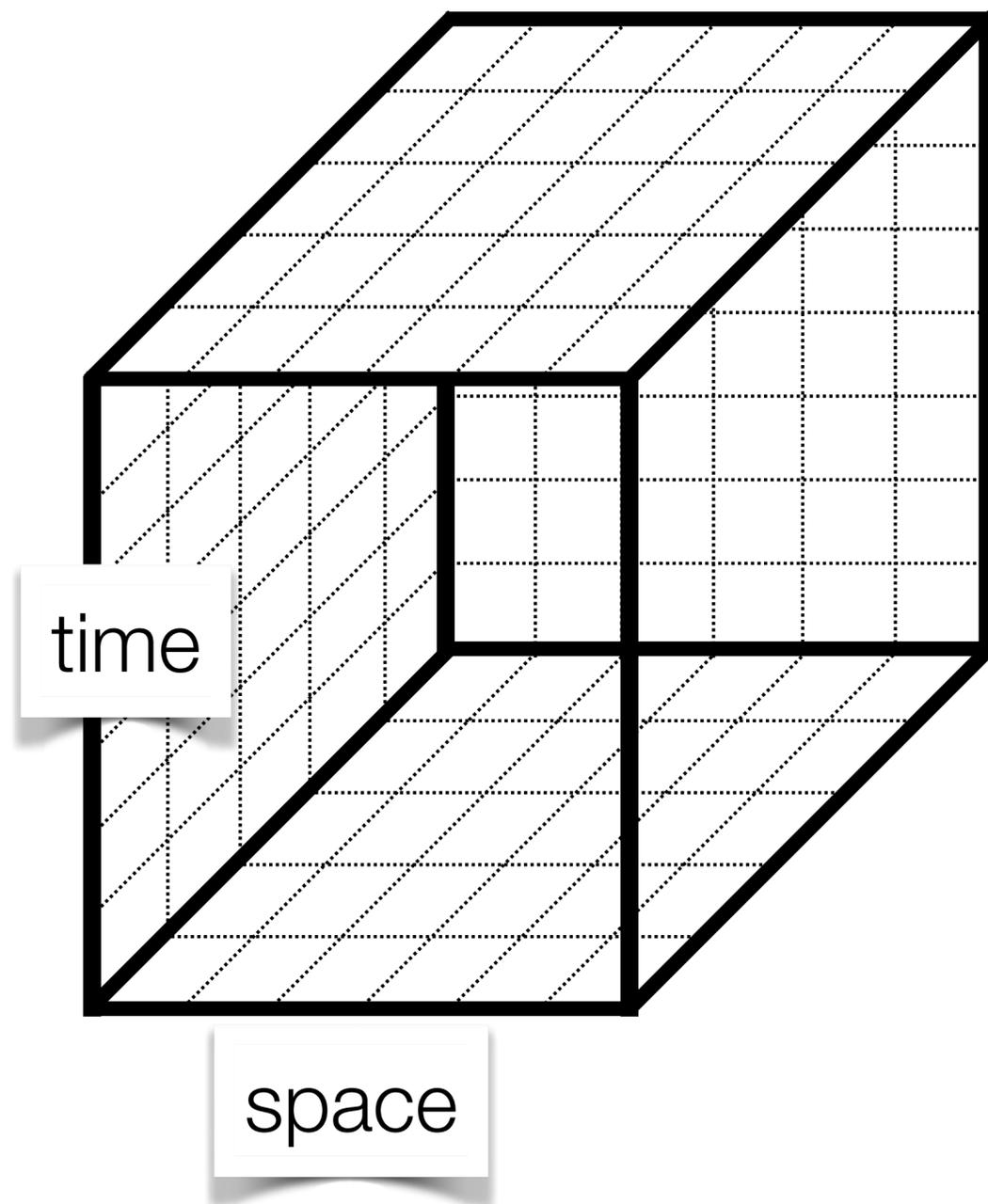
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$$= \frac{1}{\mathcal{Z}} \int \mathcal{D}U \det(\not{D} + M) e^{-S[U]} \mathcal{O}(t) \mathcal{O}^\dagger(0)$$

lattice

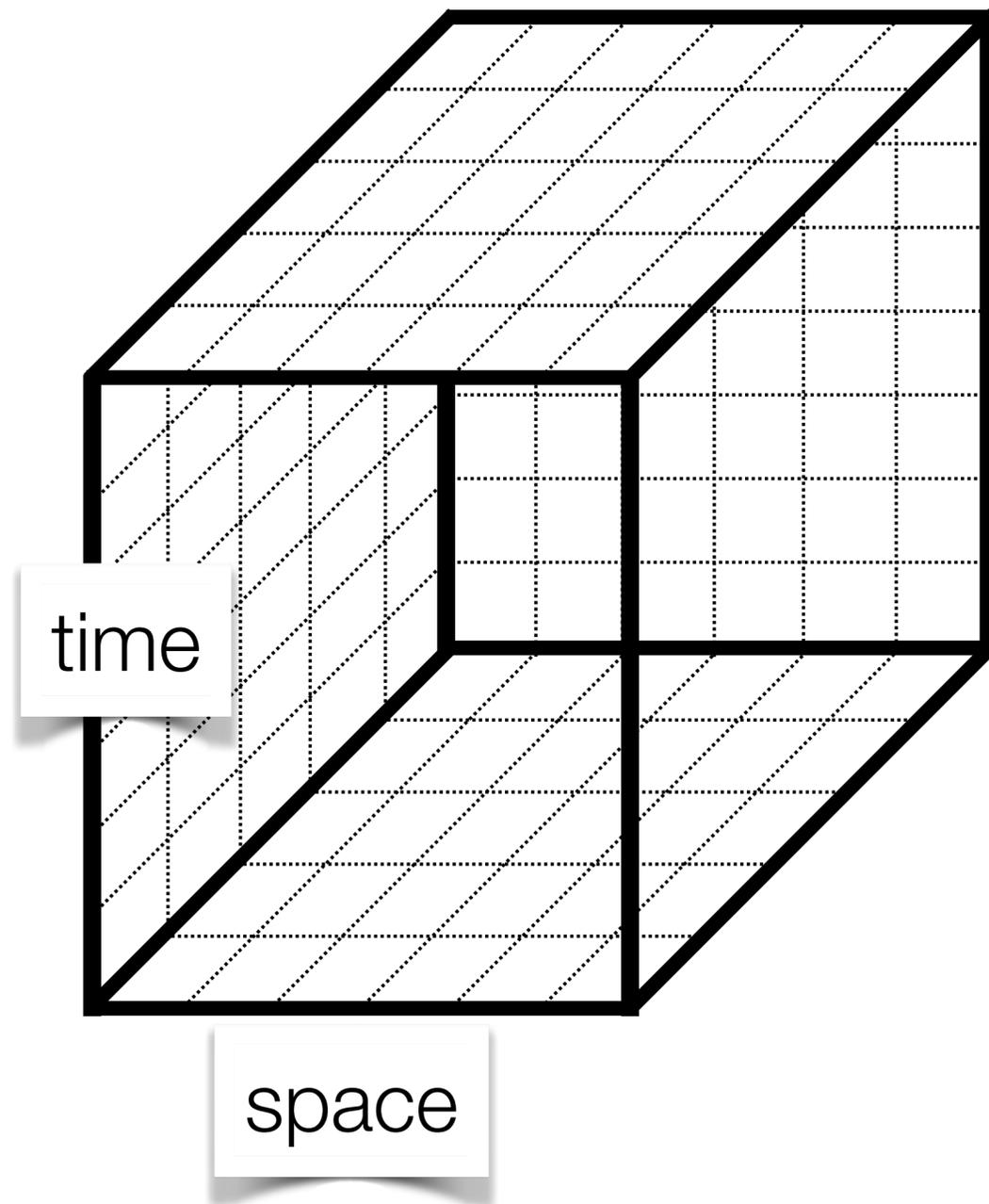
finite volume

Introduction to LQCD



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Introduction to LQCD

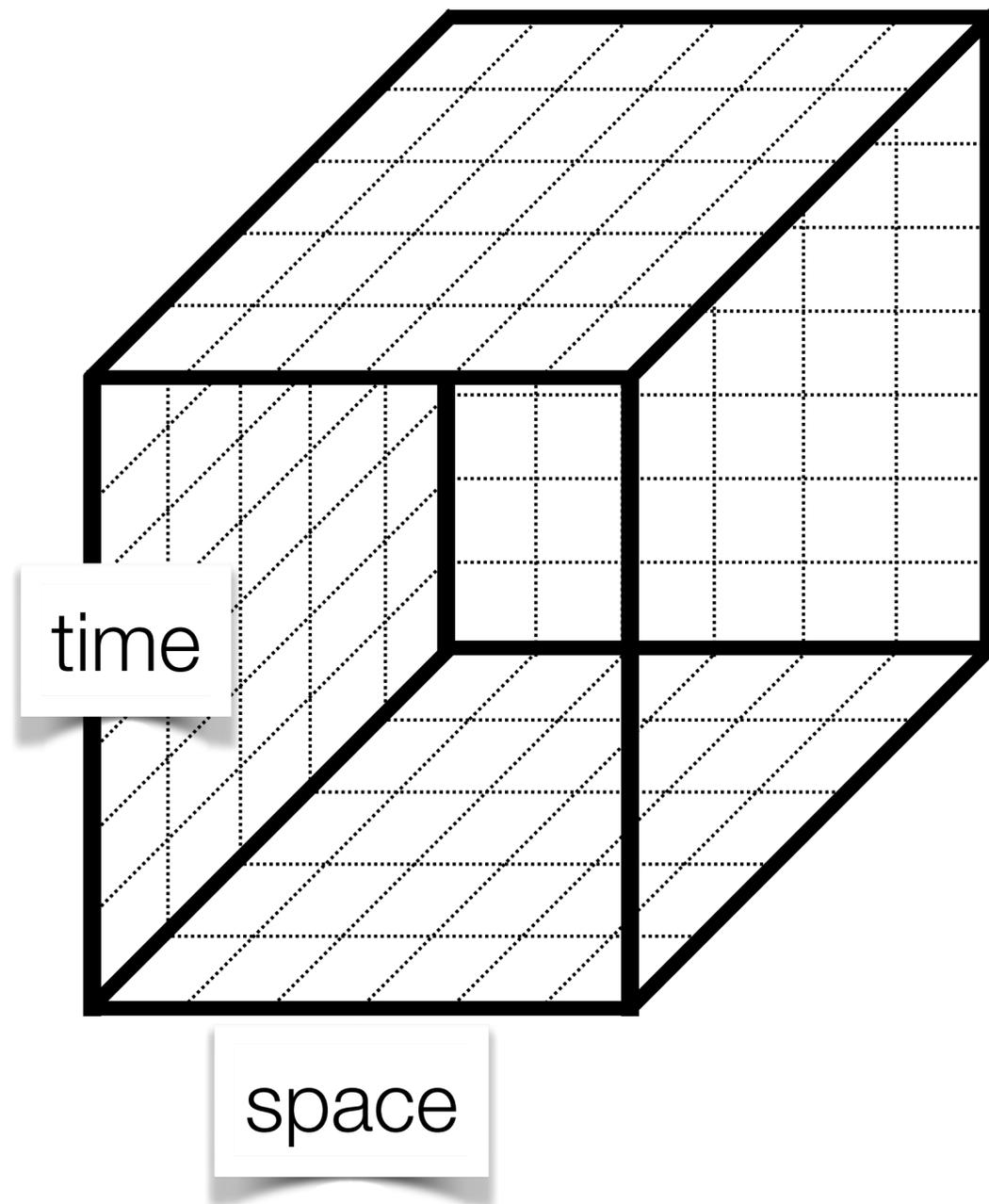


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$$\{U_1, U_2, U_3, \dots, U_N\}$$

Markov Chain Monte Carlo

Introduction to LQCD



$$C(t) = \langle \mathcal{O}(t) \mathcal{O}^\dagger(0) \rangle = \frac{1}{\mathcal{Z}} \int \mathcal{D}\psi \mathcal{D}\bar{\psi} \mathcal{D}U \mathcal{O}(t) \mathcal{O}^\dagger(0) e^{-S[\bar{\psi}, \psi, U]}$$
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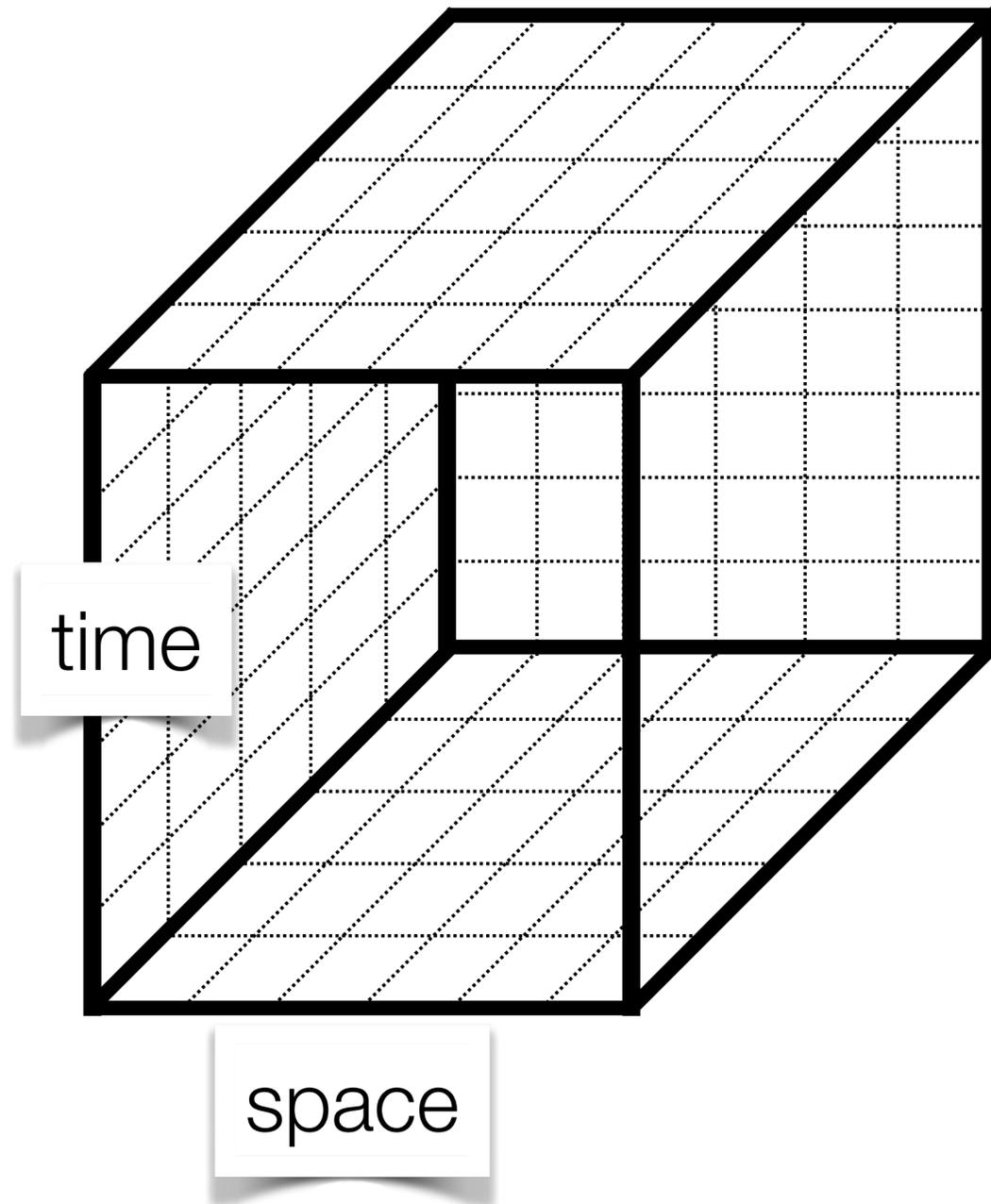
Probability

$$\{U_1, U_2, U_3, \dots, U_N\}$$

Markov Chain Monte Carlo

$$\approx \frac{1}{N} \sum_{i=1}^N \mathcal{O}(t) \mathcal{O}^\dagger(0)[U_i]$$

Introduction to LQCD



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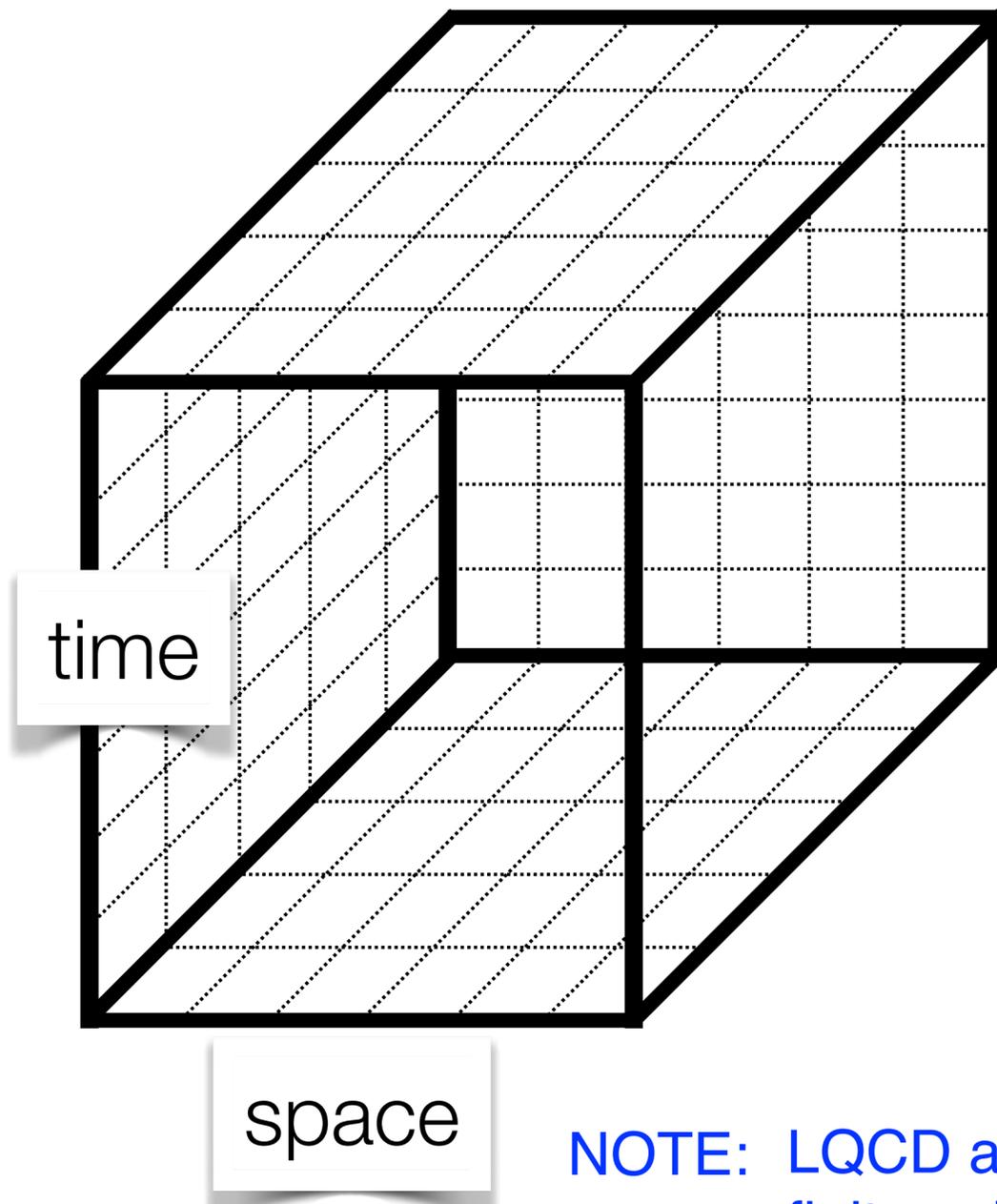
Probability

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Markov Chain Monte Carlo

$$\approx \frac{1}{N} \sum_{i=1}^N \mathcal{O}(t) \mathcal{O}^\dagger(0)[U_i] + \mathcal{O}\left(\frac{1}{\sqrt{N}}\right)$$

Introduction to LQCD



$$C(t) = \langle \mathcal{O}(t) \mathcal{O}^\dagger(0) \rangle = \frac{1}{\mathcal{Z}} \int \mathcal{D}\psi \mathcal{D}\bar{\psi} \mathcal{D}U \mathcal{O}(t) \mathcal{O}^\dagger(0) e^{-S[\bar{\psi}, \psi, U]}$$
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Probability

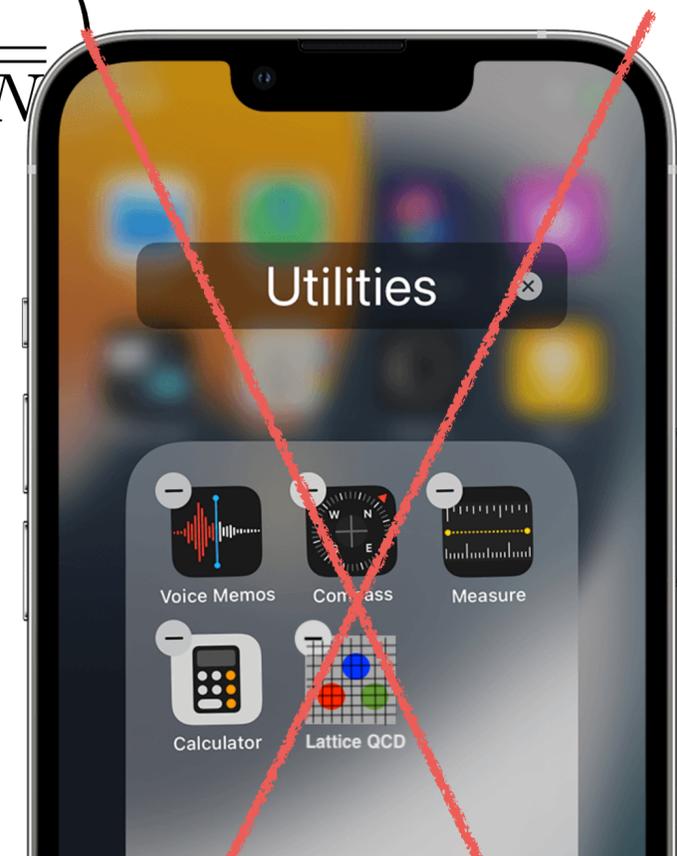
$$\{U_1, U_2, U_3, \dots, U_N\}$$

Markov Chain Monte Carlo

$$\approx \frac{1}{N} \sum_{i=1}^N \mathcal{O}(t) \mathcal{O}^\dagger(0)[U_i] + O\left(\frac{1}{\sqrt{N}}\right)$$

NOTE: LQCD allows us to compute Euclidean space, finite volume, correlation functions

Non-trivial numerical analysis (and sometimes formalism) to extract spectrum, matrix elements, form factors, ...



What does it mean to have a LQCD result?

continuum limit

need 3 or more
lattice spacings

$$t_{comp} \propto \frac{1}{a^6}$$

infinite volume limit

$$t_{comp} \propto V^{5/4}$$

$$V = N_L^3 \times N_T$$

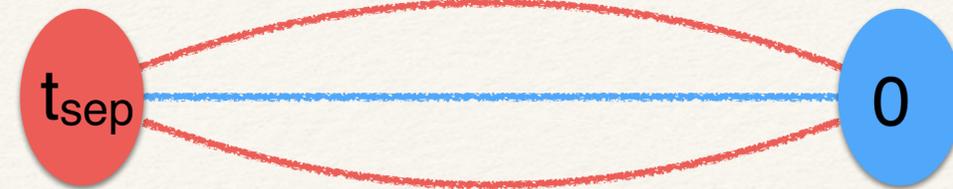
physical pion masses

exponentially bad
signal-to-noise problem

Slide adapted from E. Berkowitz

LQCD: 2 point functions

$$C(t, \mathbf{p}) = \sum_{\mathbf{x}} e^{-i\mathbf{p}\cdot\mathbf{x}} \langle \Omega | O(t, \mathbf{x}) O^\dagger(0, \mathbf{0}) | \Omega \rangle$$



$$\begin{aligned} C(t) &= \sum_{\mathbf{x}} \langle \Omega | O(t, \mathbf{x}) O^\dagger(0, \mathbf{0}) | \Omega \rangle \\ &= \sum_{\mathbf{x}} \langle \Omega | e^{\hat{H}t} O(0, \mathbf{x}) e^{-\hat{H}t} O^\dagger(0, \mathbf{0}) | \Omega \rangle \\ &= \sum_n \sum_{\mathbf{x}} \langle \Omega | e^{\hat{H}t} O(0, \mathbf{x}) e^{-\hat{H}t} | n \rangle \langle n | O^\dagger(0, \mathbf{0}) | \Omega \rangle \\ &= \sum_n e^{-E_n t} \sum_{\mathbf{x}} \langle \Omega | O(0, \mathbf{x}) | n \rangle \langle n | O^\dagger(0, \mathbf{0}) | \Omega \rangle \\ &= \sum_n e^{-E_n(\mathbf{p}=0)t} \langle \Omega | O(0) | n, \mathbf{p} = 0 \rangle \langle n, \mathbf{p} = 0 | O^\dagger(0) | \Omega \rangle \\ &= \sum_n e^{-E_n t} z_n z_n^\dagger \end{aligned}$$

focus on 0-momentum

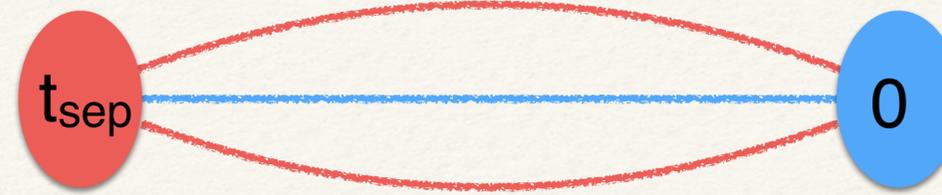
time-evolve operator

multiply by 1, $1 = \sum_n |n\rangle \langle n|$

define vacuum to have 0-energy

sum of exponentials

LQCD: 2 point functions

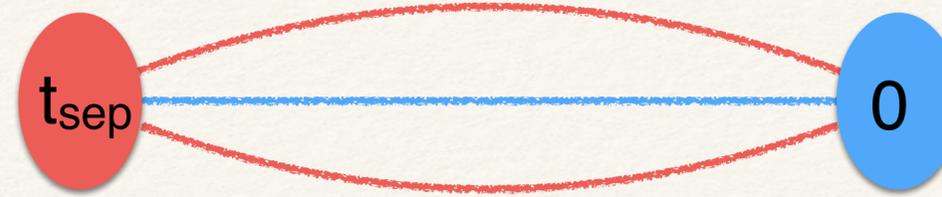


$$C(t, \mathbf{p} = 0) = \sum_{\mathbf{x}} \langle \Omega | N(t, \mathbf{x}) N^\dagger(0, \mathbf{0}) | \Omega \rangle$$
$$= A_0 e^{-E_0 t} \left(1 + \sum_{n>0} r_n e^{-\Delta_{n0} t} \right)$$
$$\Delta_{n0} = E_n - E_0$$

$$m_{\text{eff}}(t) = \ln \left(\frac{C(t)}{C(t+1)} \right) \underset{\text{large } t}{\longrightarrow} E_0 + \sum_{n>0} r_n (e^{-\Delta_{n0} t} - e^{-\Delta_{n0} t + 1})$$

NOTE: if the creation operator is conjugate to the annihilation operator
 $r_n \geq 0$

LQCD: 2 point functions



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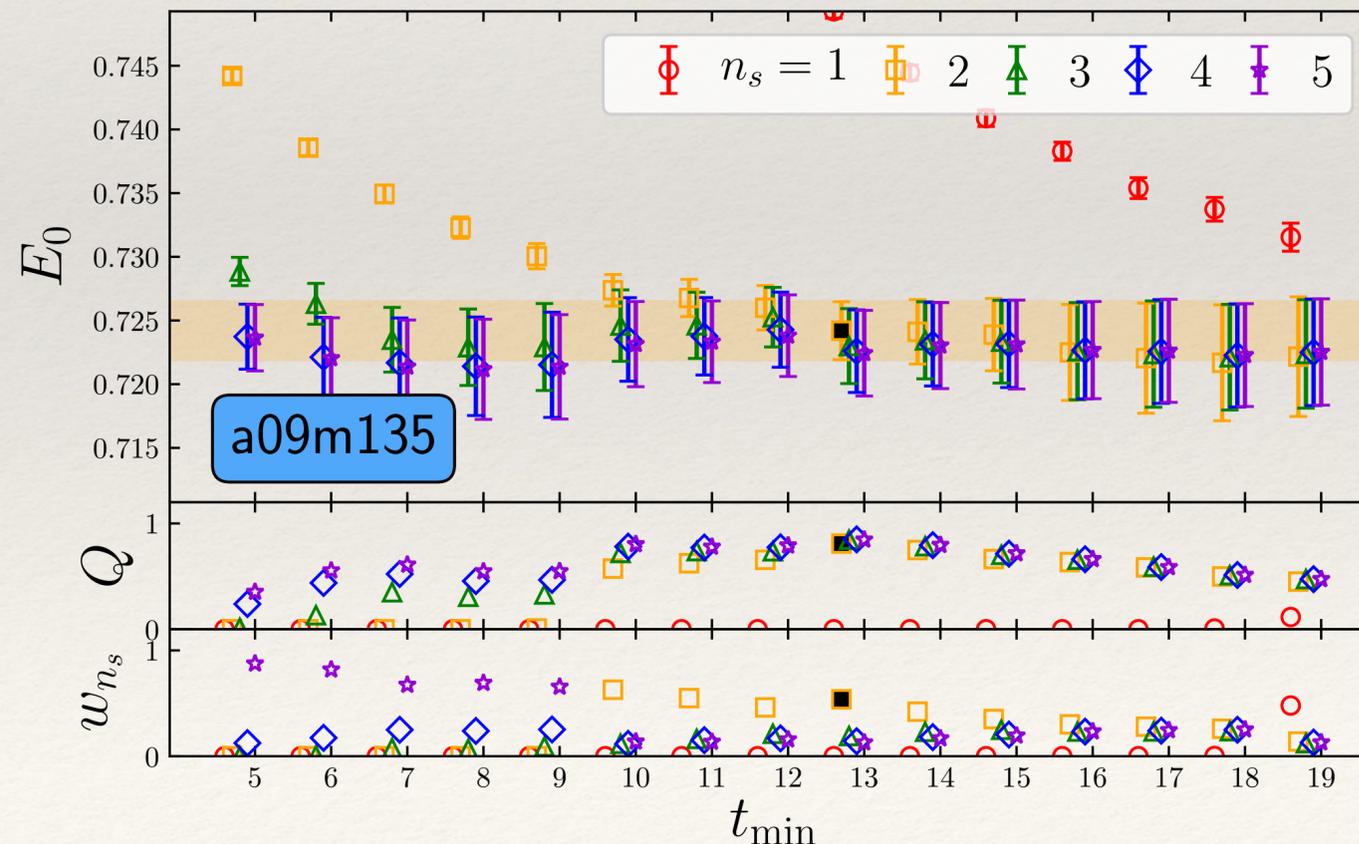
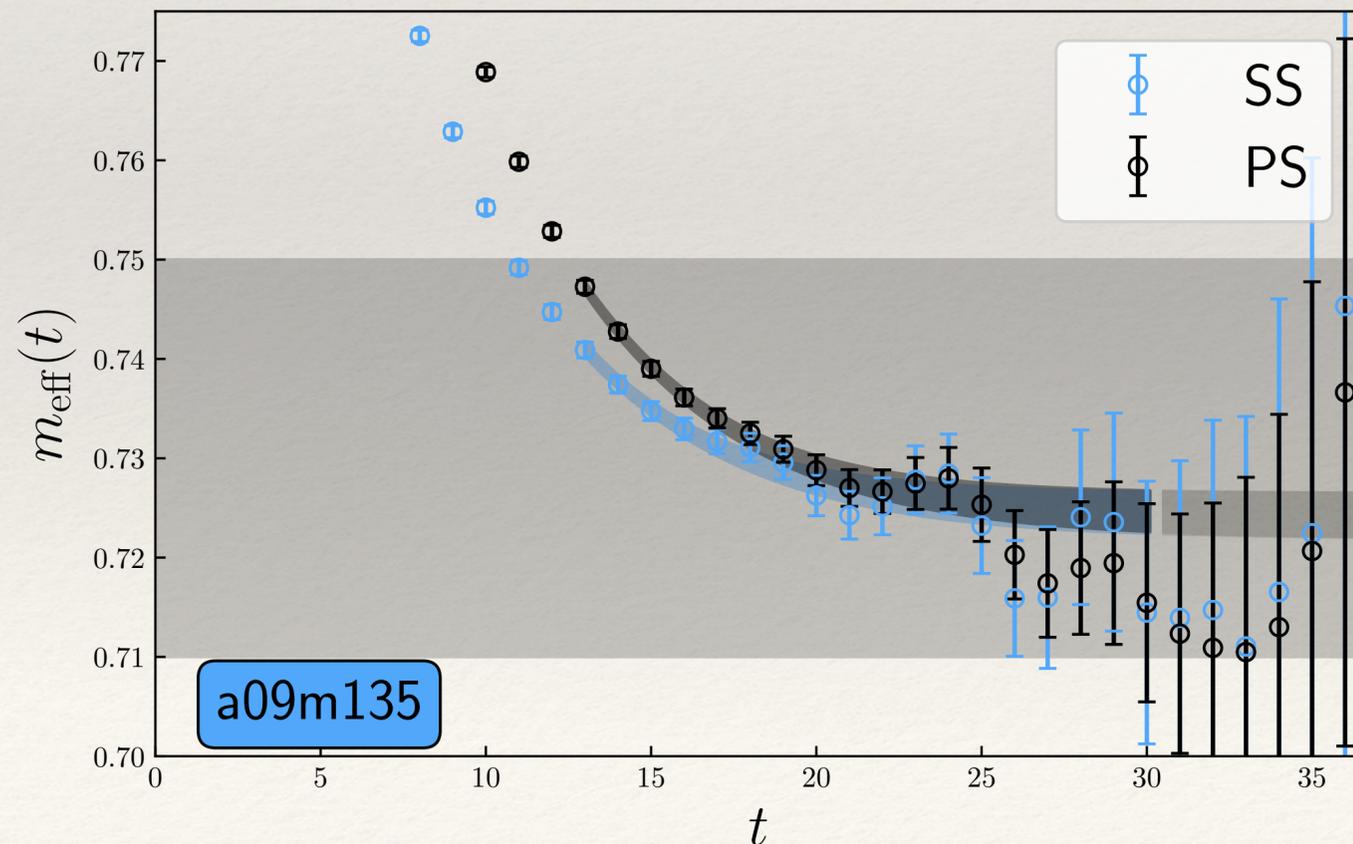
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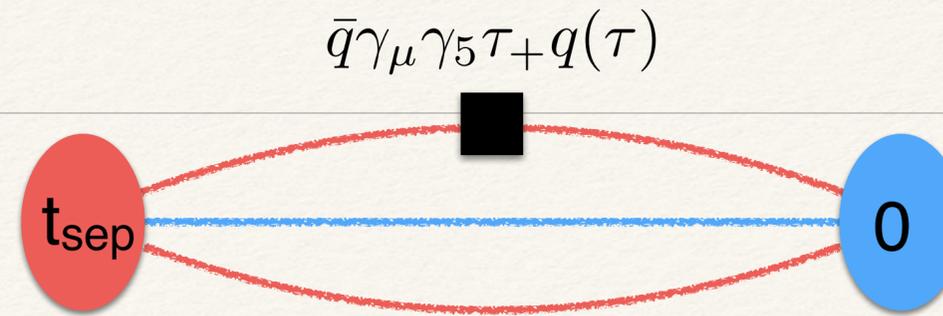
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NOTE: if the creation operator is conjugate to the annihilation operator
 $r_n \geq 0$

but... signal-to-noise - can not simply “wait till long time” to get ground state (g.s.)



LQCD: 3 point functions

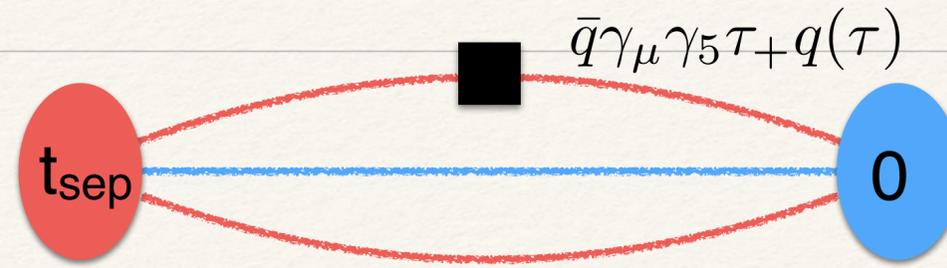


- The most common method (sub-optimal) to compute nucleon matrix elements
 - For a few values of t , compute the 3-point function for all τ

$$C_\Gamma(t, \tau, \mathbf{p}, \mathbf{q}) = \sum_{\mathbf{y}, \mathbf{x}} e^{-i\mathbf{p}\cdot\mathbf{y}} e^{i\mathbf{q}\cdot\mathbf{x}} \langle \Omega | N(t, \mathbf{y}) j_\Gamma(\tau, \mathbf{x}) N^\dagger(0, \mathbf{0}) | \Omega \rangle$$

- Each choice of t is a new, expensive computation
- Ideally, $t \sim 2 t_{2\text{pt-gs}}$, but, S/N prevents that
- The g.s. matrix-element/form-factor must be determined through an extrapolation in t and τ after numerical analysis

LQCD: 3 point functions



- Consider zero-momentum ($p=0$) and zero momentum transfer ($q=0$) use “multiply by 1” trick

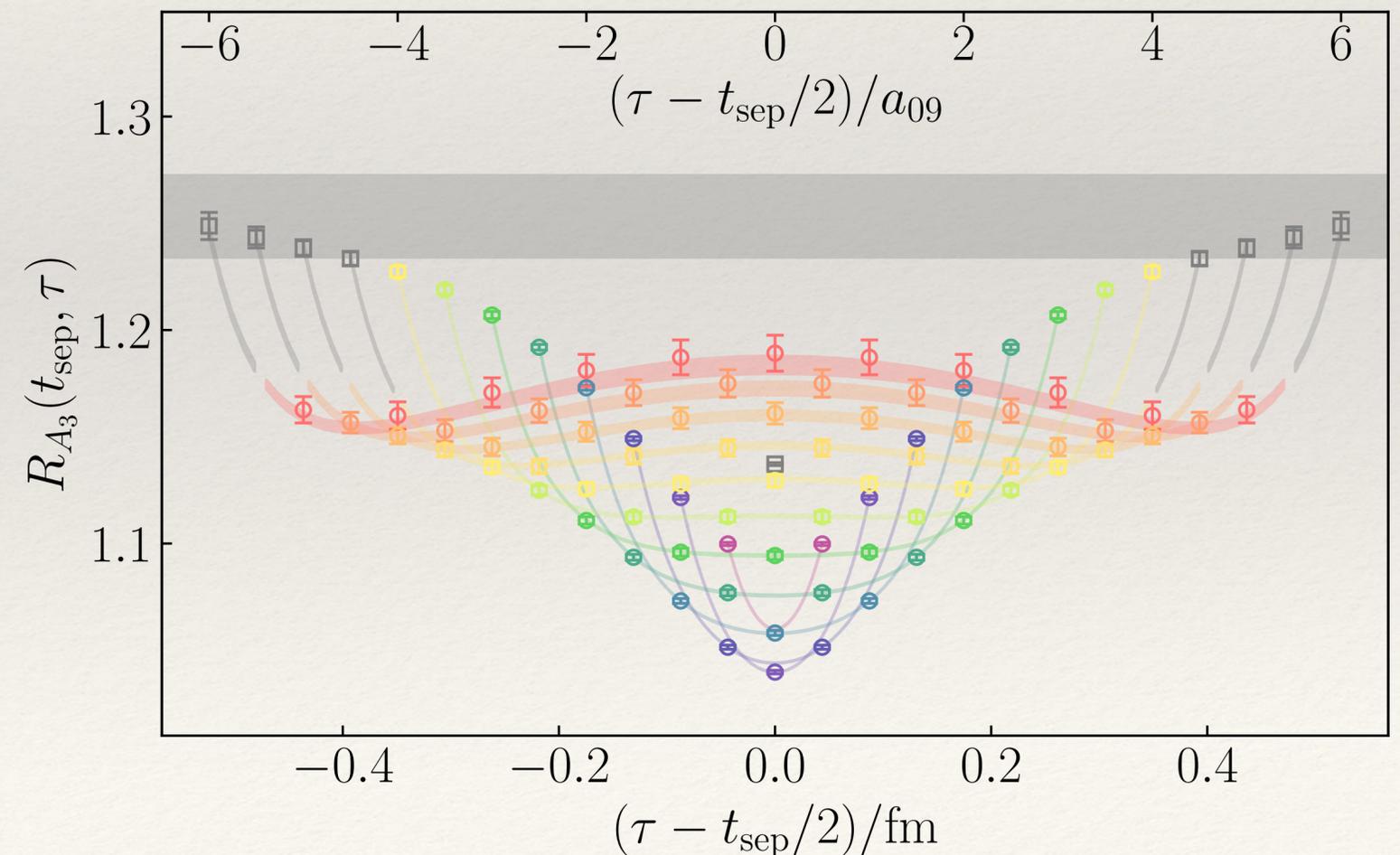
$$C_{\Gamma}(t, \tau) = \sum_{\mathbf{y}, \mathbf{x}} \langle \Omega | N(t, \mathbf{y}) j_{\Gamma}(\tau, \mathbf{x}) N^{\dagger}(0, \mathbf{0}) | \Omega \rangle$$

$$1 = \sum_n |n\rangle \langle n|$$

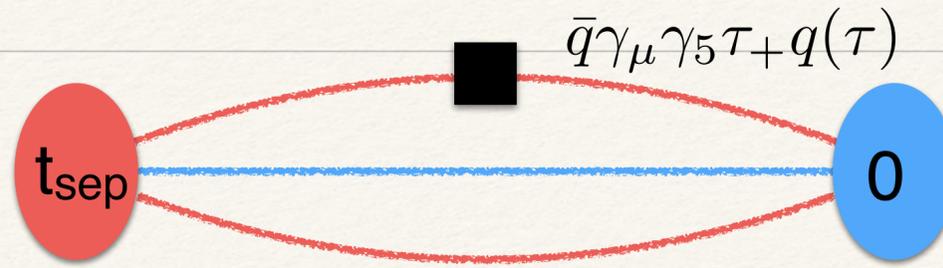
$$= |z_0|^2 g_{00}^{\Gamma} e^{-E_0 t} + \sum_{n>0} |z_n|^2 g_{nn}^{\Gamma} e^{-E_n t} + 2 \sum_{n<m} z_n z_m^{\dagger} g_{nm}^{\Gamma} e^{-(E_n + \frac{\Delta_{mn}}{2} t)} \cosh \left[\Delta_{mn} \left(\tau - \frac{t}{2} \right) \right]$$

“scattering” (sc) excited states “transition” (tr) excited states

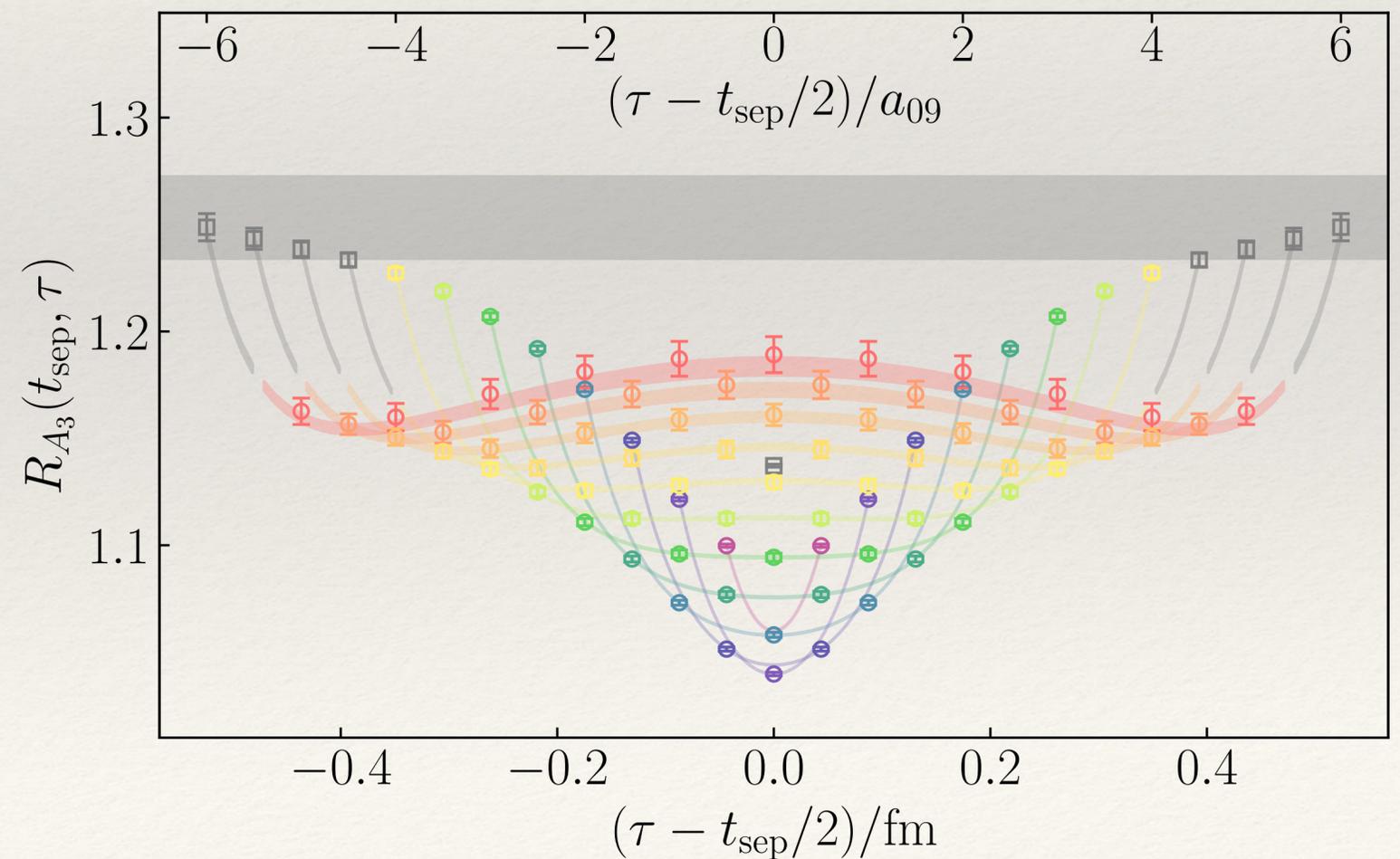
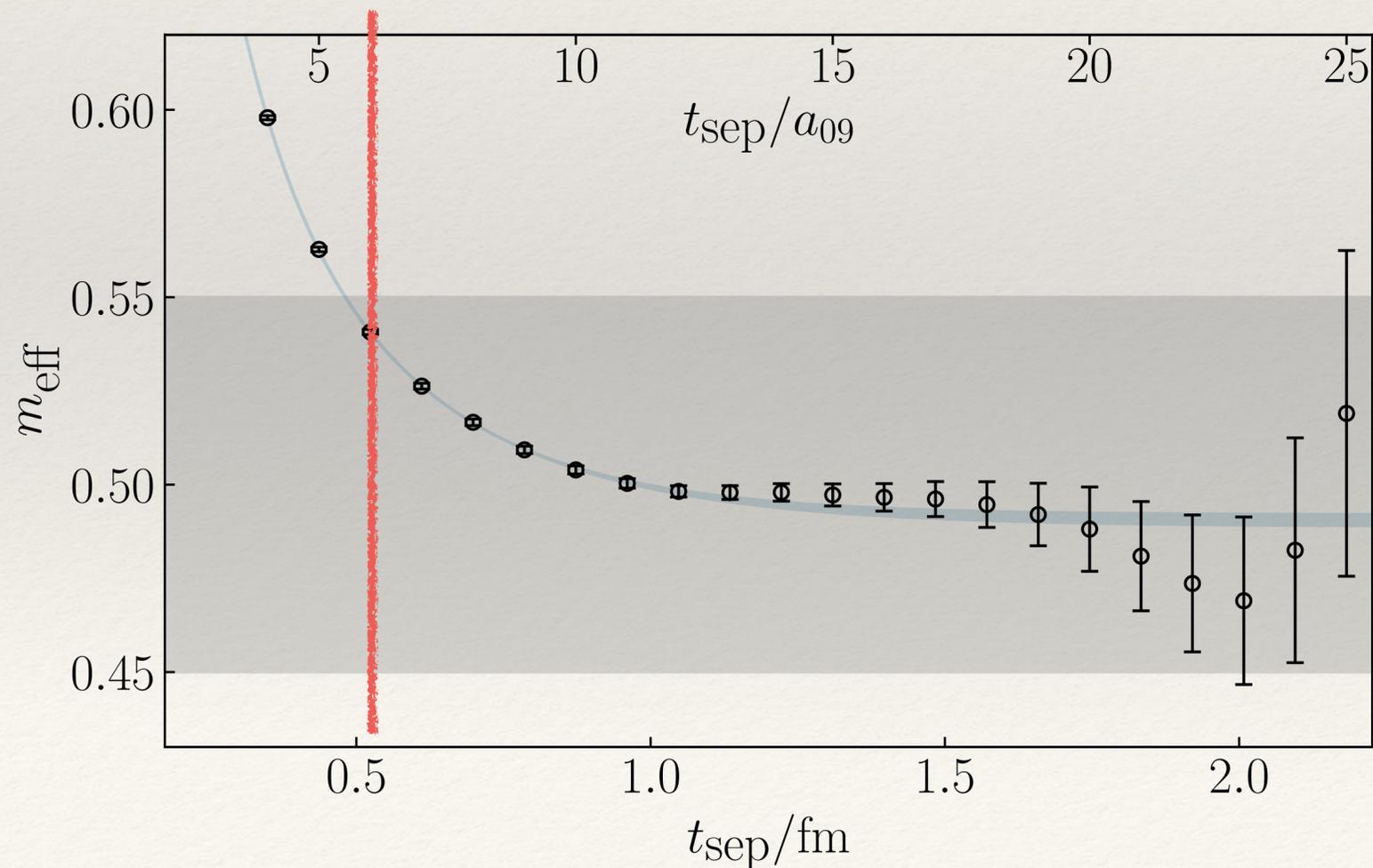
- scattering excited states only depend on t
- transition excited states depend on t and τ
- NOTE: for intermediate t , there is a conspiracy of excited states that give the appearance of no excited state contamination



LQCD: 3 point functions



- Consider zero-momentum ($p=0$) and zero momentum transfer ($q=0$)
- NOTE: 2pt at $t=6$ (similar to 3pt with $t=12$, $\tau=6$) has significant excited state contamination



LQCD: Feynman-Hellmann Method

Bouchard, Chang, Kurth, Orginos, WL
PRD 96 (2017) [arXiv:1612.06963]

$$C(t) = \langle \Omega | O(t) O^\dagger(0) | \Omega \rangle = \frac{1}{Z} \int D\Phi e^{-S_G - \int d^4x \bar{\psi}_q [D + m_q] \psi_q} O(t) O(0)$$

$$\begin{aligned} -\partial_{m_q} C(t) &= \frac{1}{Z} \int D\Phi e^{-S_G - \int d^4x \bar{\psi}_q [D + m_q] \psi_q} O(t) \int d^4z \bar{\psi}_q(z) \psi_q(z) O(0) - C(t) \int d^4z \langle \Omega | \bar{\psi}_q(z) \psi_q(z) | \Omega \rangle \\ &= \int d^4z \langle \Omega | O(t) \bar{\psi}_q(z) \psi_q(z) O^\dagger(0) | \Omega \rangle + \text{terms to subtract vacuum bubbles} \end{aligned}$$

Feynman-Hellmann Theorem

relate spectrum to matrix elements

$$\partial_\lambda E_n = \langle n | H_\lambda | n \rangle$$

in QFT - differentiate effective mass?

$$\partial_{m_q} m_{\text{eff}}(t) = \partial_{m_q} \ln \left(\frac{C(t)}{C(t+1)} \right) = \frac{-\partial_{m_q} C(t+1)}{C(t+1)} - \frac{-\partial_{m_q} C(t)}{C(t)} = \langle N | \bar{q}q | N \rangle + \text{excited states}$$

LQCD: Feynman-Hellmann Method

Study nucleon mass versus quark mass to extract light-quark matrix elements

Heavy Baryon XPT:
$$M_N = M_0 - 4\bar{c}_1 \frac{M_\pi^2}{4\pi F} - \frac{3\pi g_A^2}{2} \frac{M_\pi^3}{(4\pi F)^2} + \dots$$

Convergence issues

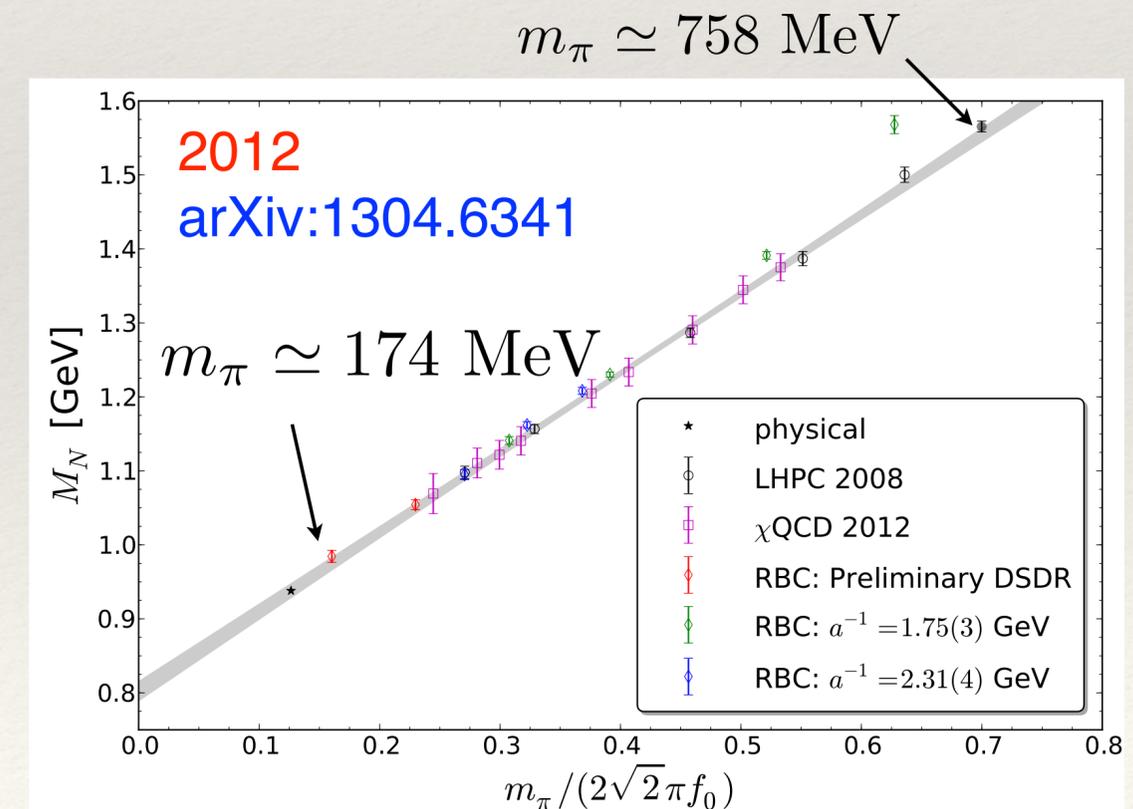
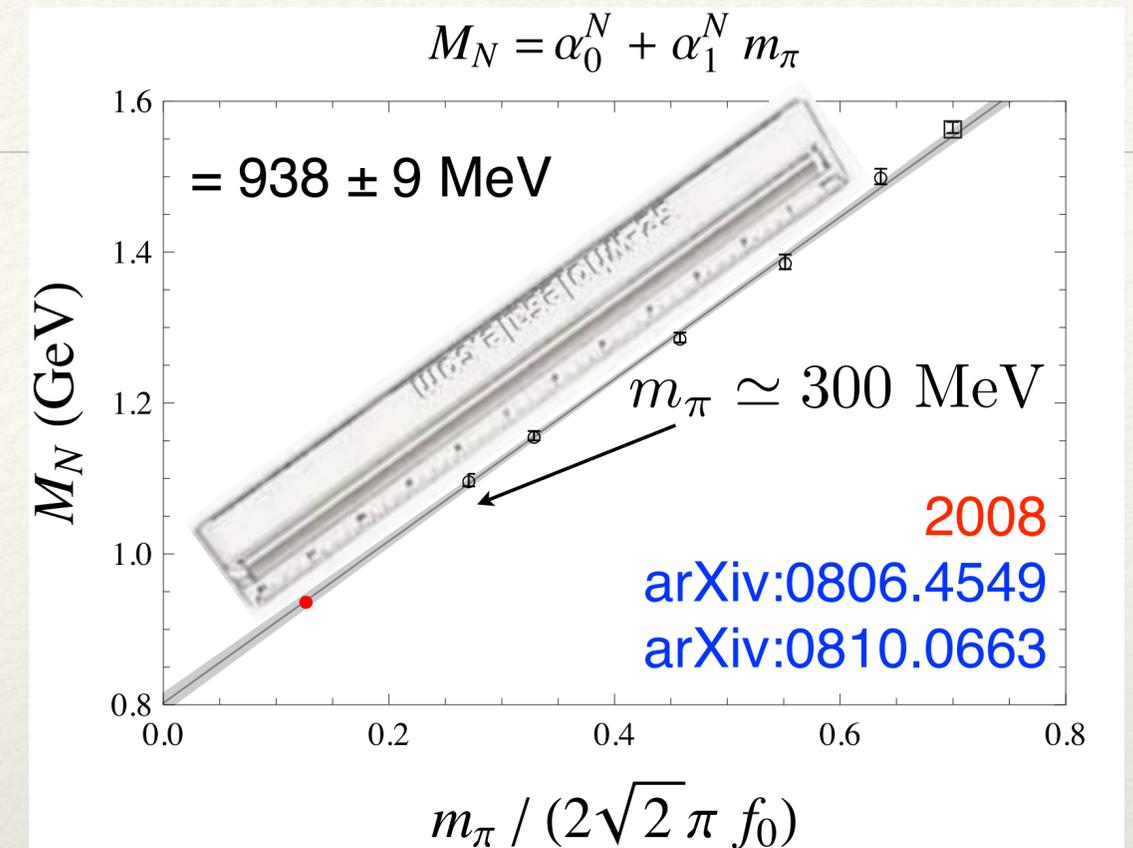
□ NLO predicts a large, negative correction

□ M_N increases monotonically with increasing quark/pion mass

□ Must include at least NNLO - but also - warning of large cancellations between orders (not healthy for EFT expansion)

□ Ignore this issue and proceed (hope convergence is OK for light-enough pion mass)

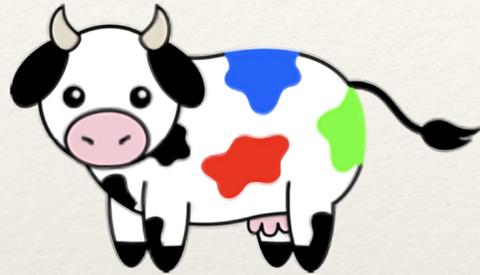
□ Need to convert pion mass dependence to quark-mass dependence will come back to this point



LQCD: Our Results - When and Where and what action

Möbius Domain Wall Fermions on rooted HISQ sea

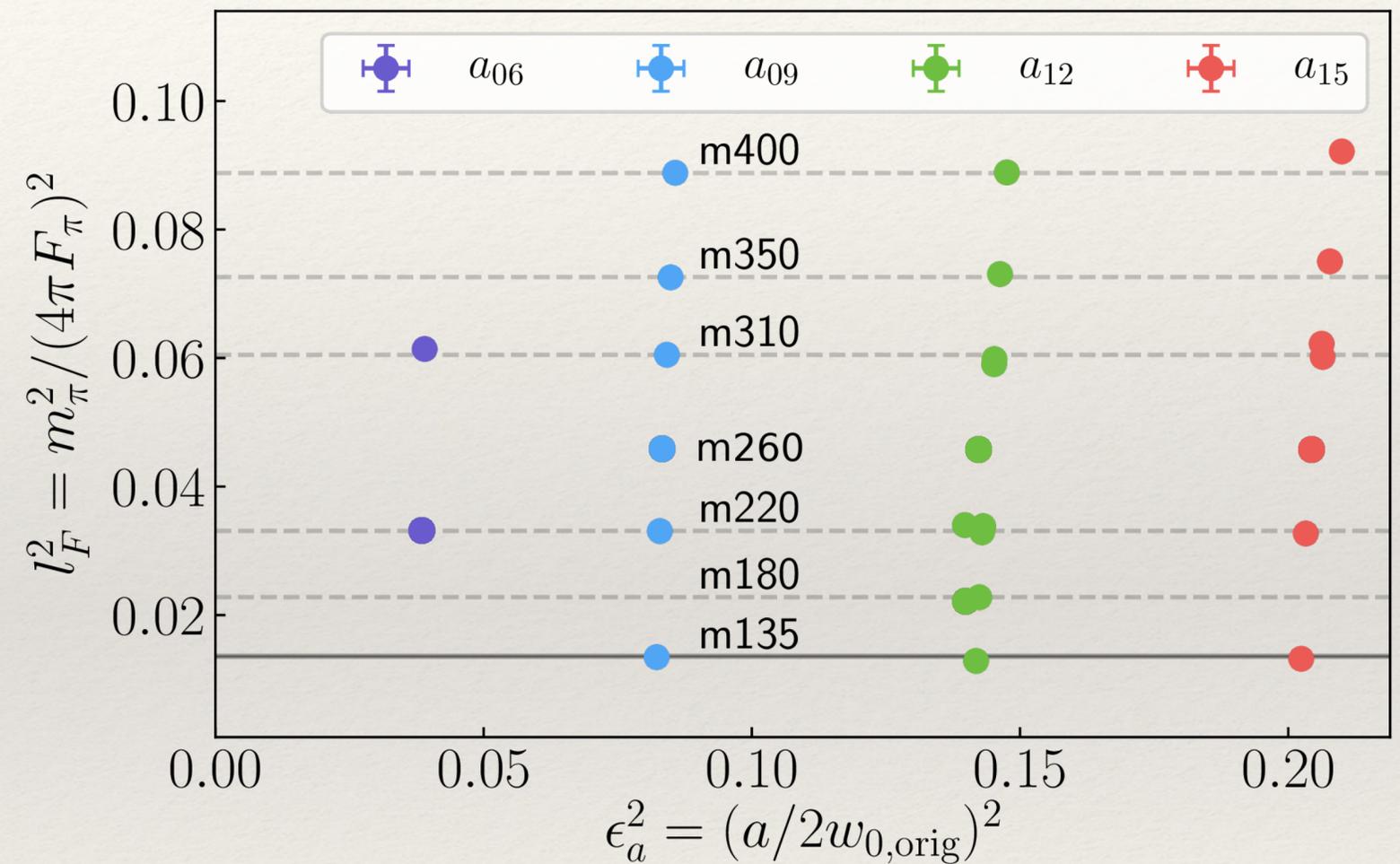
HISQ ensembles from MILC and CalLat Collaborations



MDWF quarks efficiently solved with **QUDA** on
NVIDIA GPU machines from 2016 — present
Lassen @ LLNL
Grand Challenge
Summit @ OLCF
DOE INCITE



Parameter space in pion mass and lattice spacing



LQCD: Our Results – How to extrapolate to physical point?

Consider 3 options

□ $M_N(m_q)$

□ $M_N(M_\pi)$

□ $M_N(\epsilon_\pi) / (4\pi F_\pi)$

There are challenges with each choice.

□ The first 2 require scale setting

□ m_q expansion

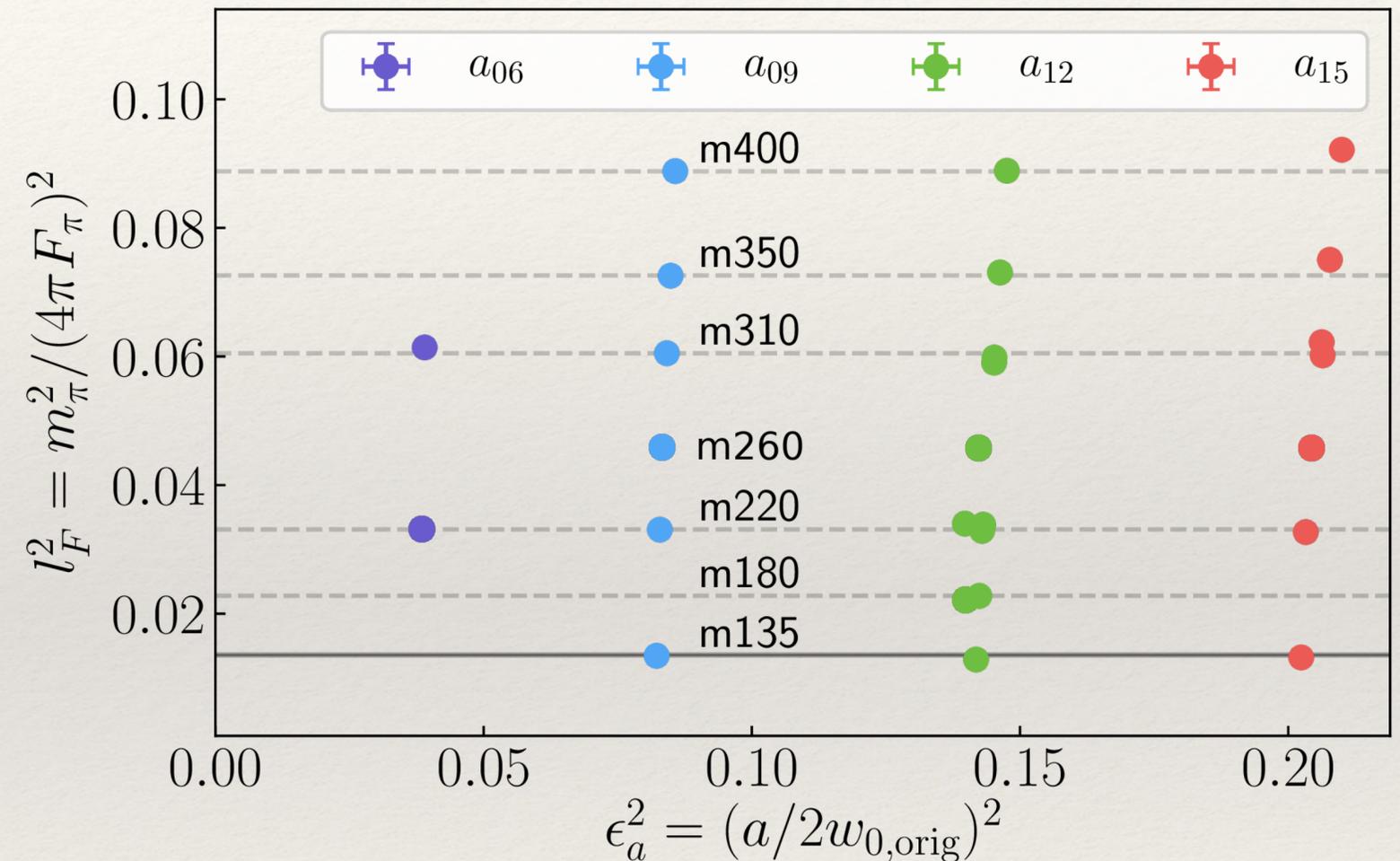
□ bare parameter expansion often converge slower

□ requires renormalization

□ The second method requires ∂M_π to ∂m_q conversion

□ The last method requires knowledge of $\partial F_\pi / \partial m_q$

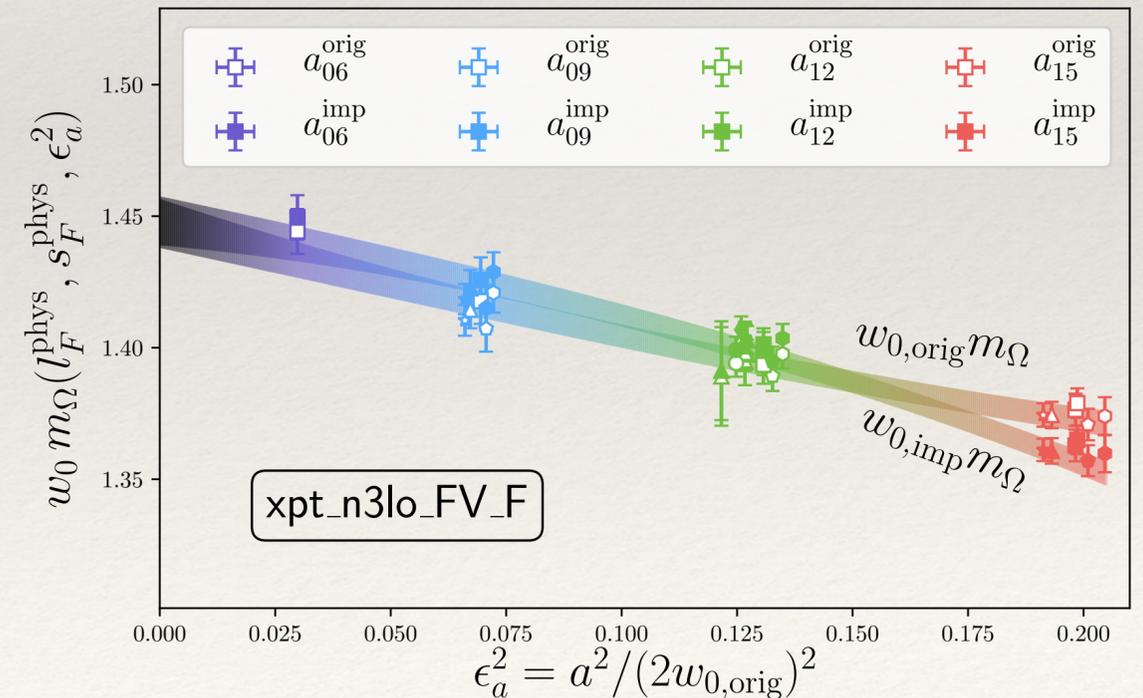
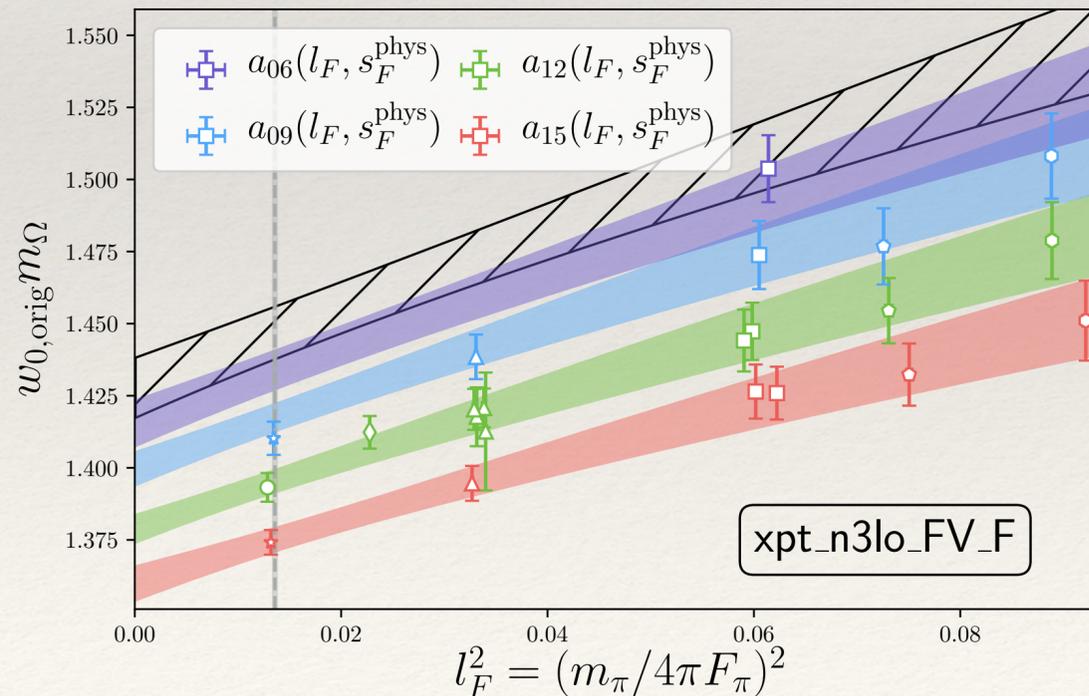
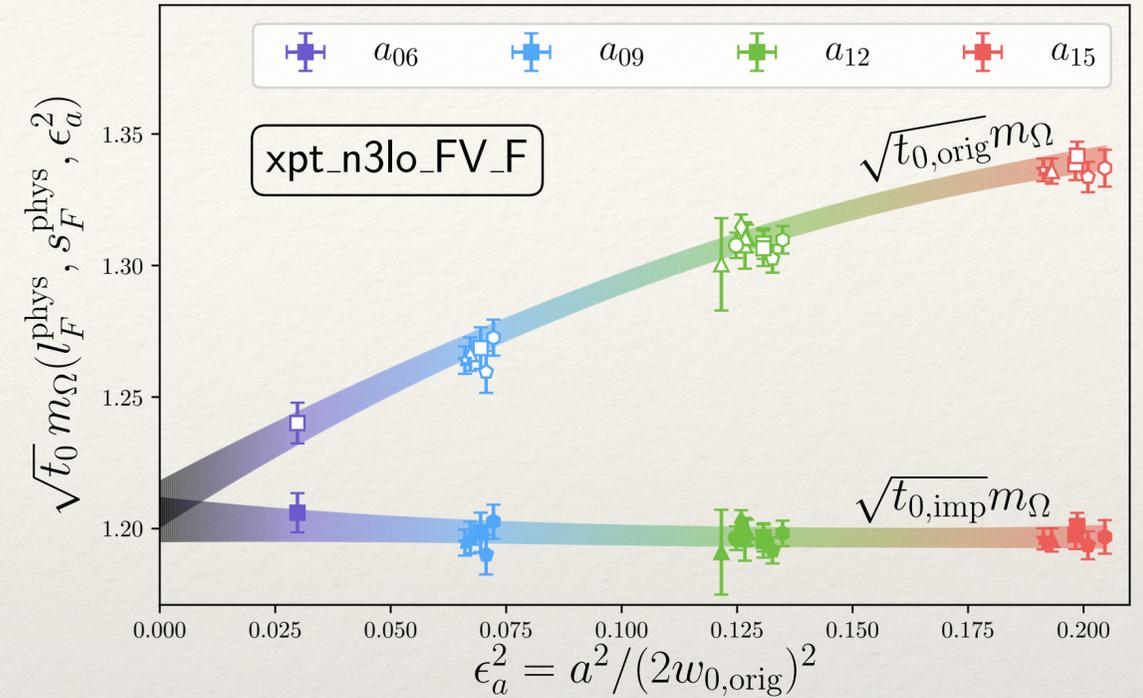
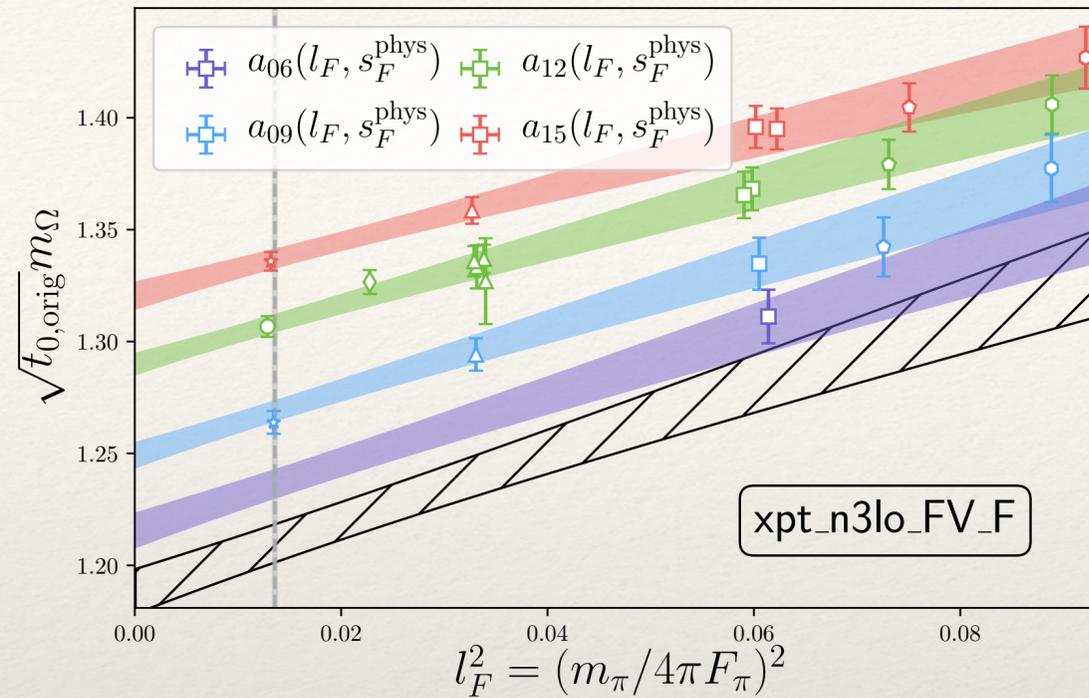
Parameter space in pion mass and lattice spacing



LQCD: Our Results – How to extrapolate to physical point?

Scale Setting: 2011.12166

- Precise scale setting is possible (sub-percent)
- Scale setting induces correlation among all ensembles
- Scale-setting uncertainty can often be dominant for hadron spectrum
- Subsequent extrapolations in MeV can become complicated from the correlation
- Alternatively: form dimensionless ratios and extrapolate $\frac{M_N}{4\pi F_\pi}$



LQCD: Our Results – How to extrapolate to physical point?

Extrapolation Options

$$M_N(m_q) = M_0 - \frac{4\bar{c}_1 2B\hat{m}}{4\pi F} - \frac{3\pi g_A^2 (2B\hat{m})^{3/2}}{2(4\pi F)^2} + \dots$$

$$\begin{aligned} M_N(M_\pi) &= M_0 - \frac{4\bar{c}_1 M_\pi^2}{4\pi F_\pi} - \frac{3\pi g_A^2 M_\pi^3}{2(4\pi F_\pi)^2} + \dots \\ &= M_0 - (4\pi F_\pi) \frac{4\bar{c}_1 M_\pi^2}{(4\pi F_\pi)^2} - (4\pi F_\pi) \frac{3\pi g_A^2 M_\pi^3}{2(4\pi F_\pi)^3} + \dots \end{aligned}$$

$$\frac{M_N(\epsilon_\pi)}{4\pi F_\pi} = \frac{M_0}{4\pi F_\pi} - 4\bar{c}_1 \epsilon_\pi^2 - \frac{3\pi g_A^2}{2} \epsilon_\pi^3 + \dots$$

$$\epsilon_\pi = \frac{M_\pi}{4\pi F_\pi}$$

In principle, all methods should yield the same result

Discrepancies are an additional systematic uncertainty we must add to the result (if we are honest)

We are in the process of performing these three analysis methods

LQCD: Our Results – How to extrapolate to physical point?

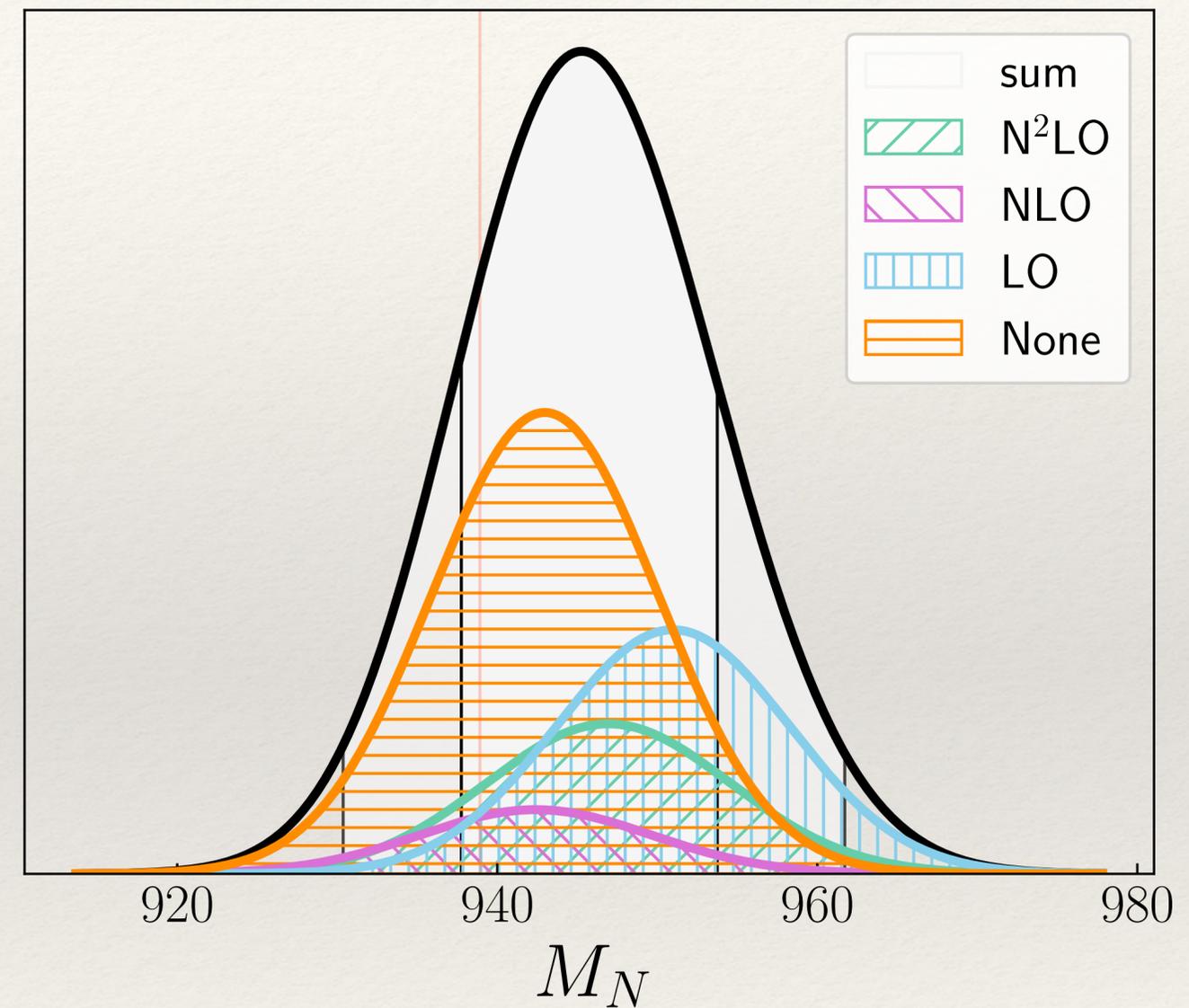
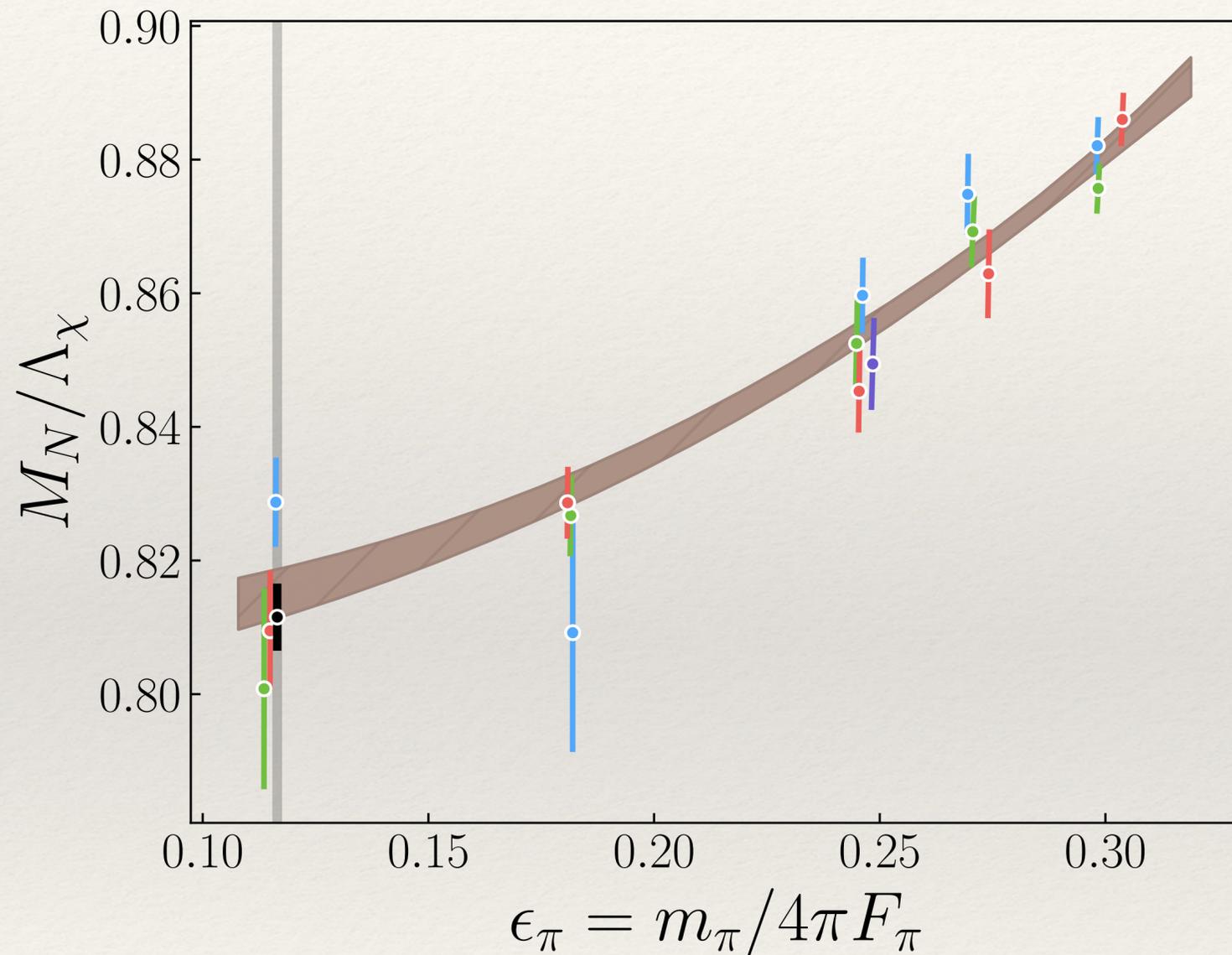
Use XPT to related quark mass derivative to derivative in M_π or ϵ_π

$$\begin{aligned}\hat{m}\partial_{\hat{m}} &= \hat{m}\frac{\partial\epsilon_\pi}{\partial\hat{m}}\partial_{\epsilon_\pi} \\ &= \hat{m}\left(\frac{\partial}{\partial\hat{m}}\frac{\sqrt{m_\pi^2}}{4\pi F_\pi}\right)\partial_{\epsilon_\pi} \\ &= \left(\frac{\hat{m}\partial_{\hat{m}}m_\pi^2}{2m_\pi 4\pi F_\pi} - \frac{m_\pi}{4\pi F_\pi}\frac{\hat{m}\partial_{\hat{m}}F_\pi}{F_\pi}\right)\partial_{\epsilon_\pi} \\ &= \left(\frac{\hat{m}\partial_{\hat{m}}m_\pi^2}{m_\pi^2} - 2\frac{\hat{m}\partial_{\hat{m}}F_\pi}{F_\pi}\right)\frac{\epsilon_\pi}{2}\partial_{\epsilon_\pi}.\end{aligned}$$

$$\begin{aligned}\hat{m}\partial_{\hat{m}}M_N &= \Lambda_\chi\hat{m}\partial_{\hat{m}}\left(\frac{M_N}{\Lambda_\chi}\right) + \frac{M_N}{\Lambda_\chi}\hat{m}\partial_{\hat{m}}\Lambda_\chi \\ &= \left(\frac{\hat{m}\partial_{\hat{m}}m_\pi^2}{m_\pi^2} - 2\frac{\hat{m}\partial_{\hat{m}}F_\pi}{F_\pi}\right)\frac{\epsilon_\pi}{2}\left[\Lambda_\chi\partial_{\epsilon_\pi}\left(\frac{M_N}{\Lambda_\chi}\right) + M_N\frac{\partial_{\epsilon_\pi}\Lambda_\chi}{\Lambda_\chi}\right]\end{aligned}$$

LQCD: Our Results – How to extrapolate to physical point?

Consistent with PDG at 1-sigma



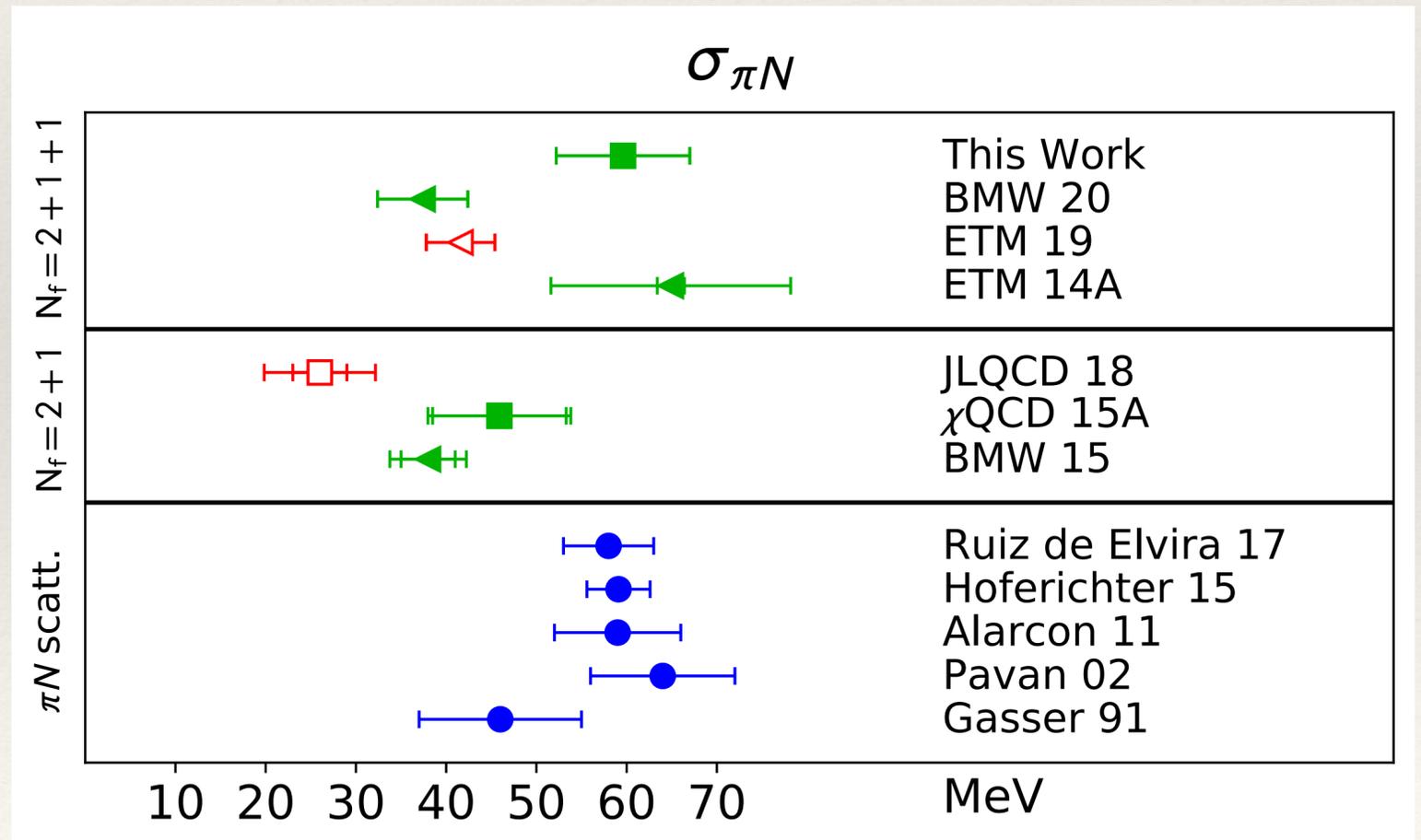
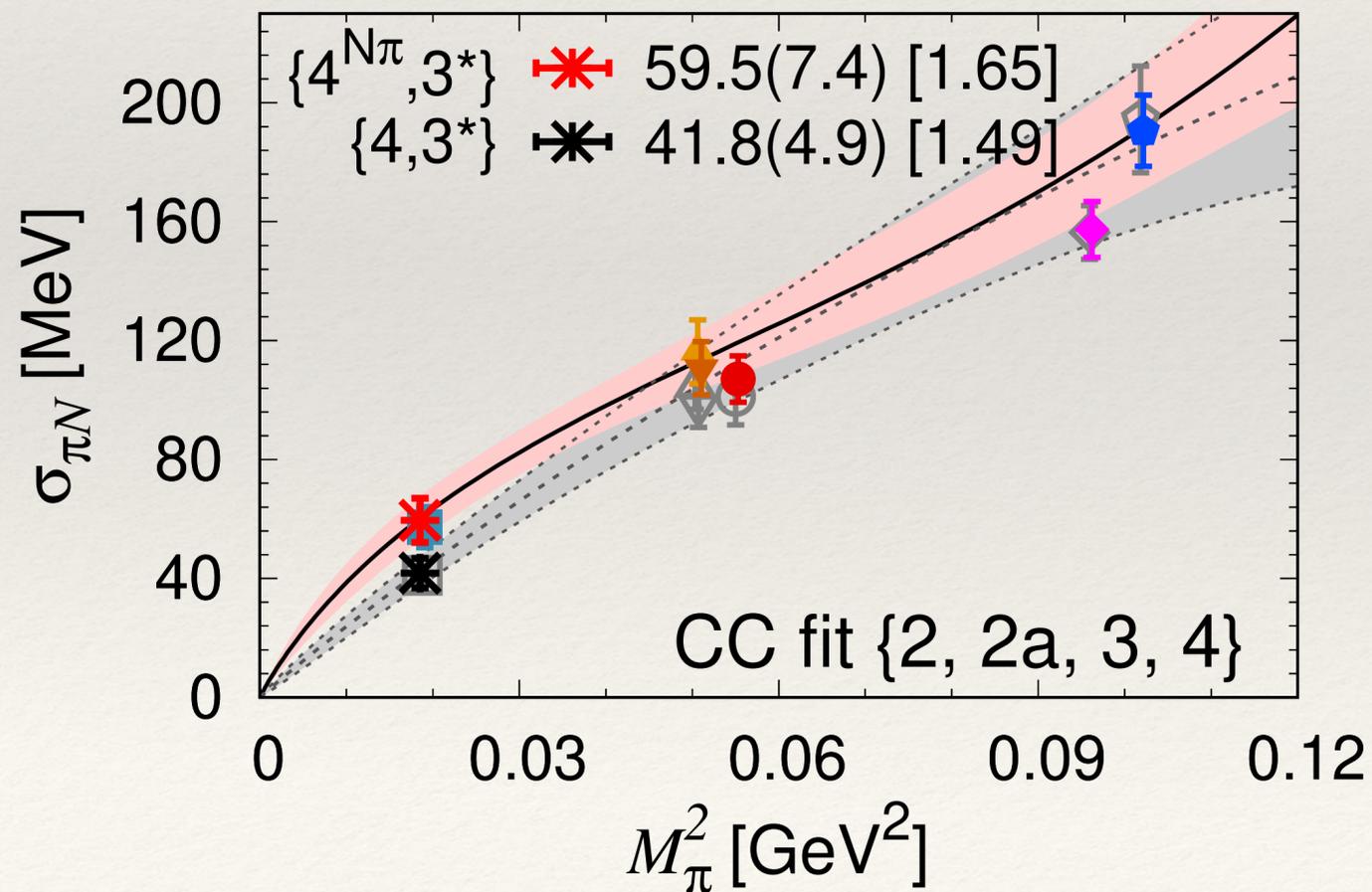
To quote a value of $\sigma_{\pi N}$, we need to finalize our M_π and F_π analysis - results hopefully this fall

LQCD: Our Results – How to extrapolate to physical point?

Interesting new result:

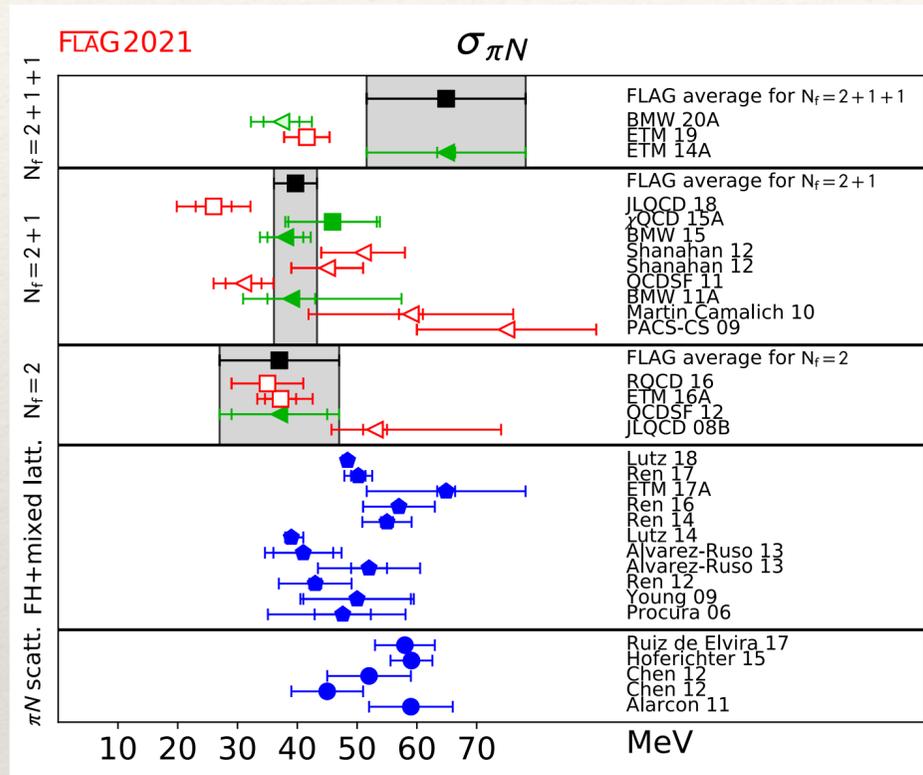
Gupta, Park, Hoferichter, Mereghetti, Yoon, Bhattacharya
 PRL 127 (2021) [2105.12095]

Hypothesize excited states are not fully quantified in other results - when encouraged to be “natural” sigma-term increases to be compatible with pheno

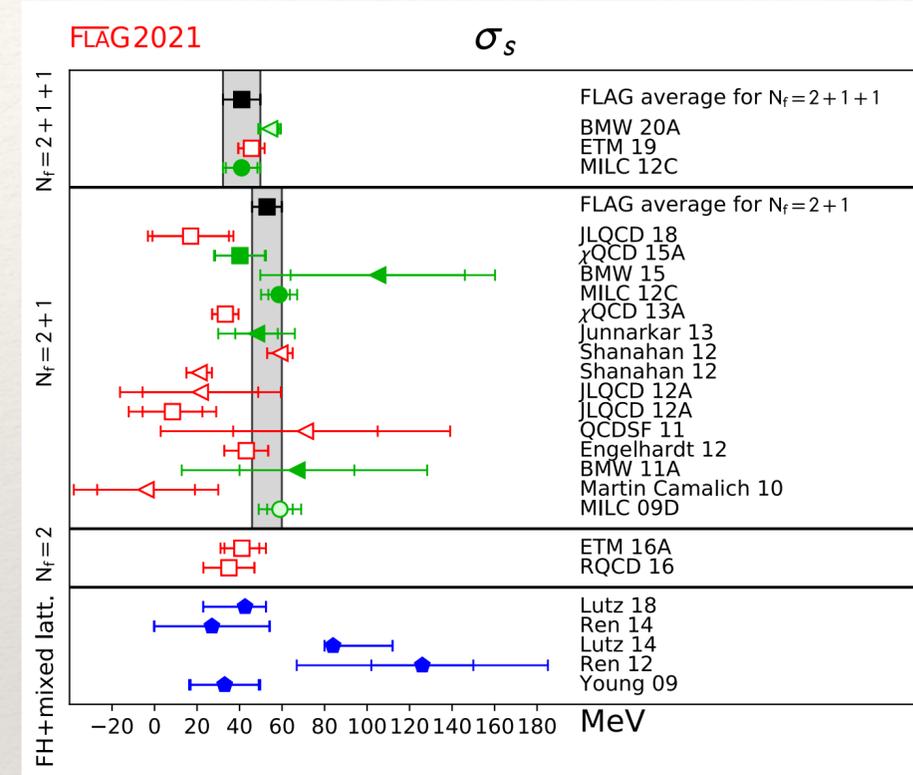


LQCD: Global Average

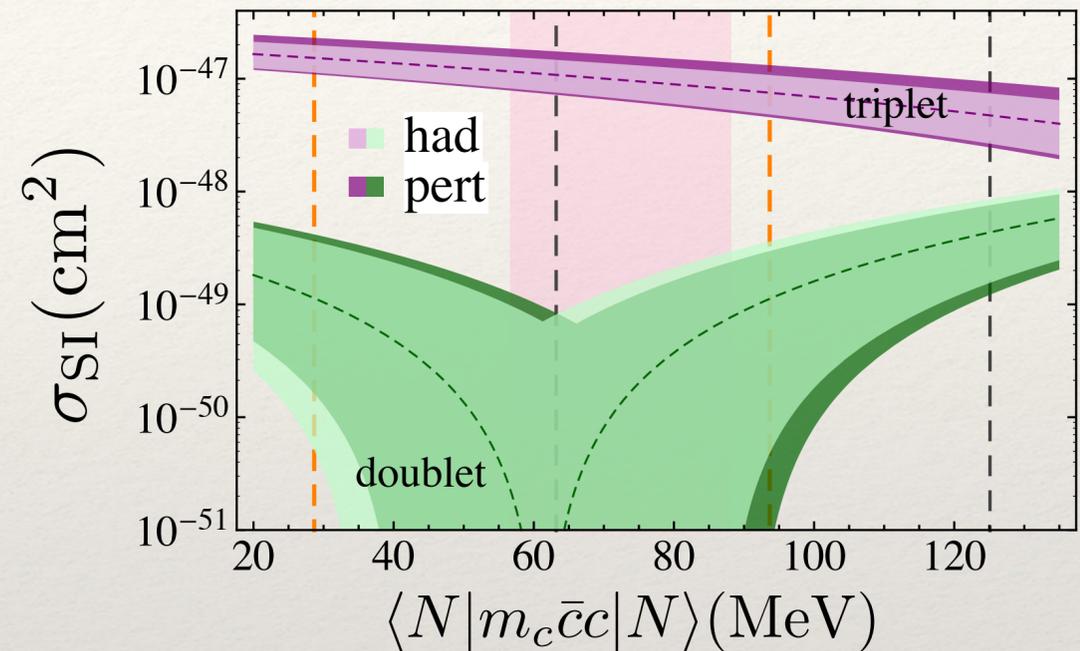
$$m_N = \langle N | \frac{\beta}{2g} G^2 + \gamma_m \sum_q m_q \bar{\psi}_q \psi_q | N \rangle + \sum_q \langle N | m_q \bar{\psi}_q \psi_q | N \rangle$$



$$\sigma_{\pi N} \in [30 - 70] \text{ MeV}$$



$$\sigma_s \in [32 - 60] \text{ MeV}$$



$$\sigma_c \simeq \begin{cases} 88(29) & \chi\text{QCD} [1304.1194] \\ 107(22) & \text{ETMC} [1909.00485] \\ 69(07) & \text{*BMW}_c [2007.03319] \end{cases}$$

$$\sigma_b \simeq 66 \text{ MeV}$$

$$\sigma_t \simeq 64 \text{ MeV}$$

bottom and top contributions are well estimated with perturbative QCD
 Shifman, Vainstein, Zakharov and many updates from others
 PLB78 (1978) 443

Conclusions

- Lattice QCD can provide unambiguous values for the light, strange and charm scalar matrix elements of the nucleon
 - But - systematic uncertainties (excited state contamination) remains an issue to obtain more stable and precise values - discrepancy between different results is larger than quoted uncertainties
 - please keep this in mind for ALL LQCD results
- I anticipate my collaboration (CalLat) will have a robust determination of $\sigma_{\pi N}$ this fall (next, σ_s & σ_c)
 - ~ 30 ensembles to control all extrapolations
 - 7 pion masses, $130 \lesssim M_\pi \lesssim 400$ MeV
 - 4 lattice spacings (3 at the physical pion mass)
 - multiple volumes at 3 different pion masses
- The scalar charm content of the nucleon is particularly important to determine precisely
 - If $\sigma_c \sim 60 \pm 5$ MeV and Dark Matter is heavy (WIMP), natural explanation as to why we have not yet observed dark-matter — nucleus scattering
 - Hill & Solon PRL 112 (2014) [arXiv:1309.4092]
- I'm interested to understand if we can find a non-perturbative definition of the the trace-anomaly the LQCD user can choose how many quarks to directly compute - how is this reflected in the remaining terms?

$$m_N = \langle N | \frac{\beta}{2g} G^2 + \gamma_m \sum_q m_q \bar{\psi}_q \psi_q | N \rangle + \sum_q \langle N | m_q \bar{\psi}_q \psi_q | N \rangle$$

Thank You