

# Critical slowing down and bulk viscosity in binary neutron star mergers

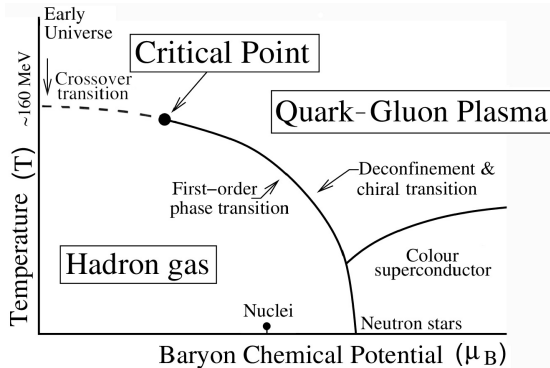
Rachel Steinhorst  
with Jamie Karthein and Maneesha Pradeep  
arxiv:2603.13474

July 10, 2026

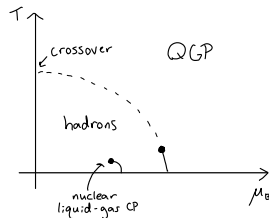
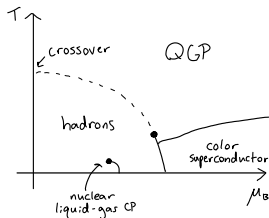
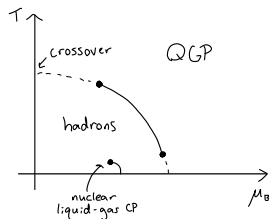
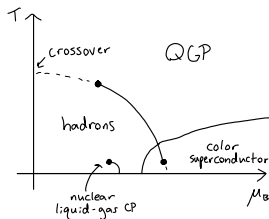


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# Phase diagram propaganda



Also consistent with our current knowledge:



see e.g. [Hatsuda et. al. arXiv:hep-ph/0605018](https://arxiv.org/abs/hep-ph/0605018)

# Can this affect NS mergers?

- In a finite relaxation time  $\tau \sim 1$  ms, the correlation length can grow to

$$\xi \lesssim \xi_0 \left( \frac{\tau}{\xi_0} \right)^{1/z} \sim 10 \text{ nm}$$

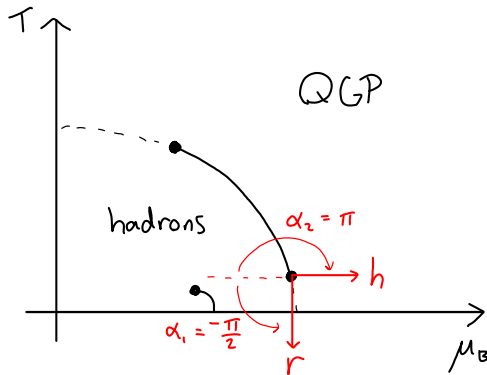
c.f. Stephanov, Rajagopal, Shuryak [arXiv:hep-ph/9903292](https://arxiv.org/abs/hep-ph/9903292)

- The bulk viscosity scales as

$$\zeta \sim \xi^{2.8}$$

Is this enhancement enough to compete with the background electroweak bulk viscosity?

# Ising Model Mapping



$$\frac{T - T_c}{\mu_c} = -\rho w r$$

$$\frac{\mu - \mu_c}{\mu_c} = w h$$

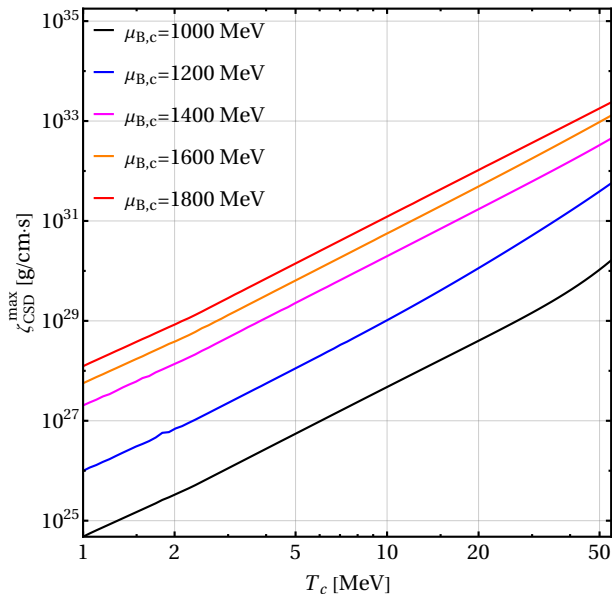
Parotto et. al. arXiv:1805.05249

# Expression for Bulk Viscosity

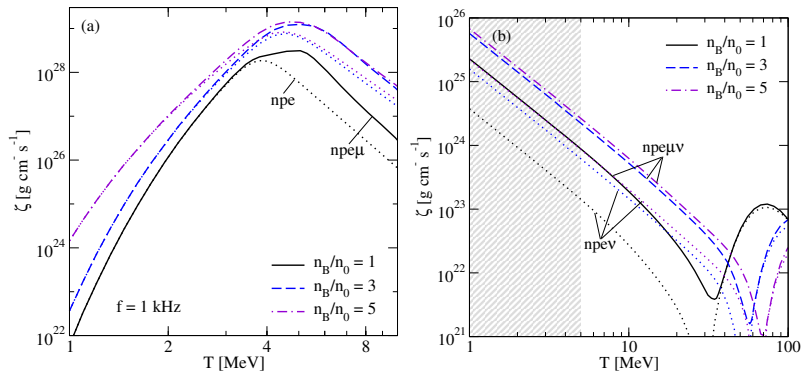
$$\zeta_{\text{CSD}}(\omega) = \frac{3}{\pi} \left( \underbrace{\rho w}_{\text{mapping}} \gamma_{\pm}^R \right)^2 (\tau_0^2 \xi_0^3) \overbrace{(e + P)^2}^{\text{enthalpy}} \underbrace{l_K(\omega)}_{\text{frequency-dependent piece}} \overbrace{\eta_0}^{\text{shear viscosity}} \left( \frac{\xi}{\xi_0} \right)^{z-\alpha/\nu}$$

Martinez, Schäfer, Skokov [arXiv:1906.11306](https://arxiv.org/abs/1906.11306)

For this order-of-magnitude calculation, let's use an excluded-volume hadron resonance gas model (EV-HRG) to calculate  $e + P$  and  $\eta_0$ .



# Electroweak bulk viscosity for comparison



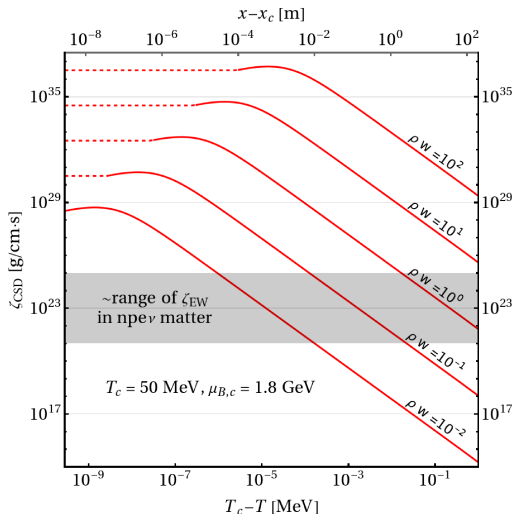
Alford, Harutyunyan, Sedrakian arXiv:2209.04717

# The catch: this effect falls off quickly

Moving away from the critical point,  $\xi$  scales as

$$\xi = \xi_0 (\rho w)^\nu \left( \frac{\Delta T}{\mu_{B,c}} \right)^{-\nu}.$$

Still,  $\zeta_{\text{CSD}} \gtrsim \zeta_{\text{EW}}$  is possible at typical coarse-graining scales!



# Summary

- For a low-temperature QCD critical point, substantial critical slowing down is possible in NS mergers,  $\xi/\xi_0 \sim 10^6$ .
- The bulk viscosity due to the critical slow mode could compete with the electroweak bulk viscosity!
- Indicative of other promising observables? For example: enhanced scattering of neutrinos.
- Please also ask me about hydro-like behavior near far-from-equilibrium attractors in heavy ion collisions!

## Backup Slides

# Finite Temperature Gradients

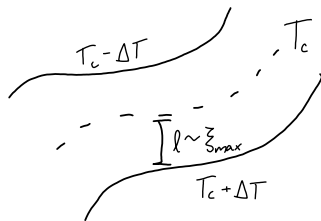
- In an infinite equilibrated medium, a small chunk of matter of size  $\ell$  near  $T_c$  has  $\xi \lesssim \ell$ .
- Suppose a BNS merger has a temperature gradient  $|\nabla T|$ .
- At distance  $\ell$  from matter at  $T_c$ , we can use  $\xi \sim r^{-\nu}$  to predict

$$\xi \sim \xi_0 \left( \frac{\Delta T}{\mu_c} \right)^{-\nu} \quad \text{where } \Delta T = \ell \nabla T.$$

- Approximate  $\xi_{\max}$  by solving  $\xi = \ell$ :

$$\xi \lesssim \xi_0 \left( |\nabla T| \frac{\xi_0}{\mu_c} \right)^{-\nu/(1+\nu)} \sim 100 \text{ nm}$$

for  $\mu_c \sim 1.2 \text{ GeV}$  and  $|\nabla T| = 5 \text{ MeV/km}$



# Expression for Bulk Viscosity

$$\zeta_{\text{CSD}}(\omega) = \left( \frac{\rho w \gamma_{\pm}^R}{\pi} \right)^2 T^3 (\tau_0^2 \xi_0^3) \left( \frac{e + P}{T} \right)^2 \frac{I_K(\omega)}{\Gamma_{\xi}} \left( \frac{\xi}{\xi_0} \right)^{-\alpha/\nu}$$

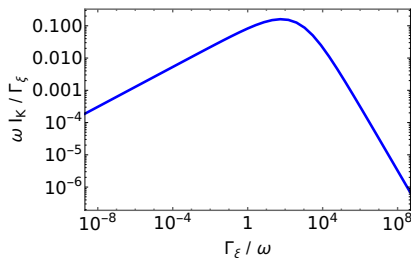
where

$$I_K(\omega) = \text{Re} \int_0^{\infty} dy \frac{y^2}{(1 + y^{2-\eta})^2} \frac{1}{K(y) - i\omega/(2\Gamma_{\xi})}$$
$$K(y) = \frac{3}{4} [1 + y^2 + (y^3 - 1/y) \arctan(y)]$$
$$\Gamma_{\xi} = \frac{T \xi^{-z}}{6\pi\eta_0}$$

Martinez, Schäfer, Skokov [arXiv:1906.11306](https://arxiv.org/abs/1906.11306)

# Resonant structure of bulk viscosity

Bulk viscosity occurs when compression/expansion drives a system out of local equilibrium, and is largest when the driving frequency  $\omega$  is comparable to the relaxation rate  $\Gamma$ .



At finite driving frequency,  $\zeta$  has a peak at finite  $\xi$ .

At higher  $\xi$  than this peak value,  $\zeta$  becomes less sensitive to  $\xi$ .

# Which scaling regime are we in?

$$\Gamma_{\xi} = \frac{T\xi^{-z}}{3\pi\eta_0}$$

The least favorable scenario for resonance is a large  $T_c$  and small  $\eta_0$ . Taking

$$T_c = 100 \text{ MeV}, \quad \frac{\eta_0}{s} = \frac{1}{4\pi}, \quad \omega = 1 \text{ kHz}$$

and assuming  $s \sim 1/\xi_0^3$ , we have

$$\frac{\Gamma_{\xi}}{\omega} \sim 10^3$$

$\Rightarrow$  Although  $\zeta \sim \xi^{z-\alpha/\nu}$  far from  $T_c$ , our maximum bulk viscosity will be relatively insensitive to the precise values of  $\xi_{\max}, \eta_0$ .

# Hadron Resonance Gas Model

We will treat the matter as a gas of interacting hadrons.

$$\frac{n}{T^3} = \sum_i \frac{g_i}{2\pi^2} \int_0^\infty \frac{dp p^2}{(-1)^{B_i-1} + e^{\sqrt{p^2 + \tilde{m}_i^2} - \tilde{\mu}_i}}$$

**Excluded Volume:** Associate a volume  $v$  with each hadron to introduce a repulsive interaction.

$$\frac{p_v}{T} = n e^{-v p_v / T} \Rightarrow p_v = \frac{T}{v} W(vn)$$

Entropy and baryon density immediately follow:

$$\frac{n_B}{T^3} = \frac{\partial(p_v/T^4)}{\partial(\mu_B/T)} \qquad s = \frac{\partial p_v}{\partial T}$$

Rischke et al Z. Phys. C - Particles and Fields 51, 485–489 (1991)

# Hadron Resonance Gas Model

The shear viscosity is

$$\eta_0 = \frac{5}{64\sqrt{8}} \frac{T}{r^2} \frac{1}{n} \sum_i n_i \frac{\int_0^\infty dp p^3 e^{-\sqrt{p^2 + \tilde{m}_i^2} + \tilde{\mu}_i}}{\int_0^\infty dp p^2 e^{-\sqrt{p^2 + \tilde{m}_i^2} + \tilde{\mu}_i}}$$

where  $v = 4 \cdot \frac{4}{3}\pi r^3$ .

Hard core radius  $r$  (and by extension  $v$ ) is a free parameter, but comparison to lattice at  $\mu_B = 0$  suggests  $r \sim .1 - .25$  fm. We will take  $r \sim .1$  fm.