

# Dark matter Admixed Neutron Stars

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Neutron Rich Matter on Heaven and Earth

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# DM Admixed NSs

- Dark Matter can accumulate in stars  
(the Sun, white dwarfs and **neutron stars**)
- Significant amounts (**few percent of NS total mass**) of DM can exist in **stable equilibrium configurations of neutron stars**
- **Lead to observable effects** through GW (tidal deformability) and EM (**X-ray**) radiation

# Dark matter Accumulation

## ➤ Accretion from DM galactic halo

$$M_{\text{accretion}} \sim 10^{-16} \left( \frac{\rho_{\chi}}{\text{GeV}/\text{cm}^3} \right) \left( \frac{\sigma_{\chi n}}{10^{-45} \text{ cm}^2} \right) \left( \frac{t}{10^8 \text{ yrs}} \right) M_{\odot}$$

- mostly considered **too inefficient for observable effects**

(Goldman & Nussinov 1989), (Kouvaris 2007), (Kouvaris & Tinyakov 2010, 2011), (Nelson et al. 2019), etc.

## ➤ Produced from SM species and trapped within NS ( $\sim 0.01 M_{\odot}$ )

- Due to **high core densities** (Mckeen et al. 2018), (Baym et al. 2018), (Motta et al. 2018a, 2018b)
- Due to **high temperatures** in progenitor supernovae or proto-NS (Nelson et al. 2019), (Reddy & Zhou 2022), (Collier et al. 2022)

# Dark matter Accumulation

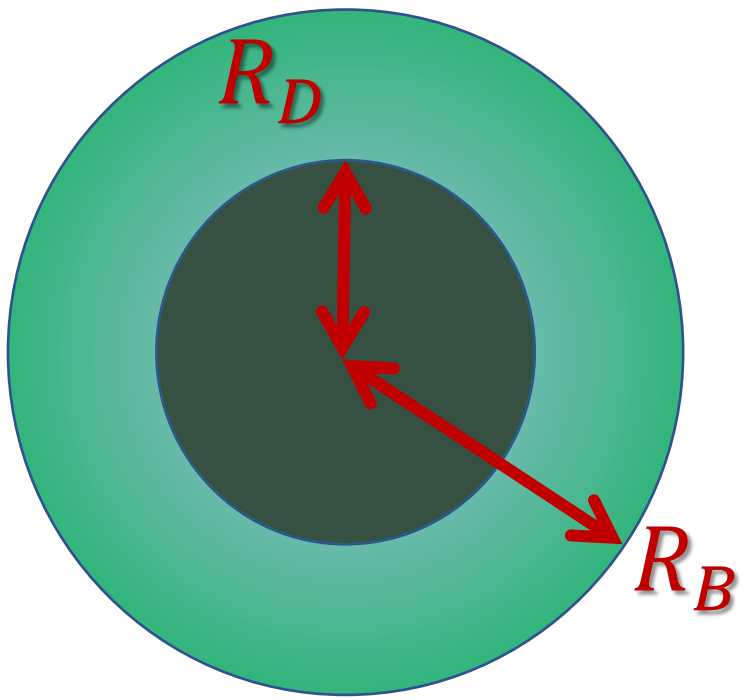
## ➤ Mergers with dark compact objects

- self-interacting DM can form dark stars ( $\sim 0.1 M_{\odot}$ )

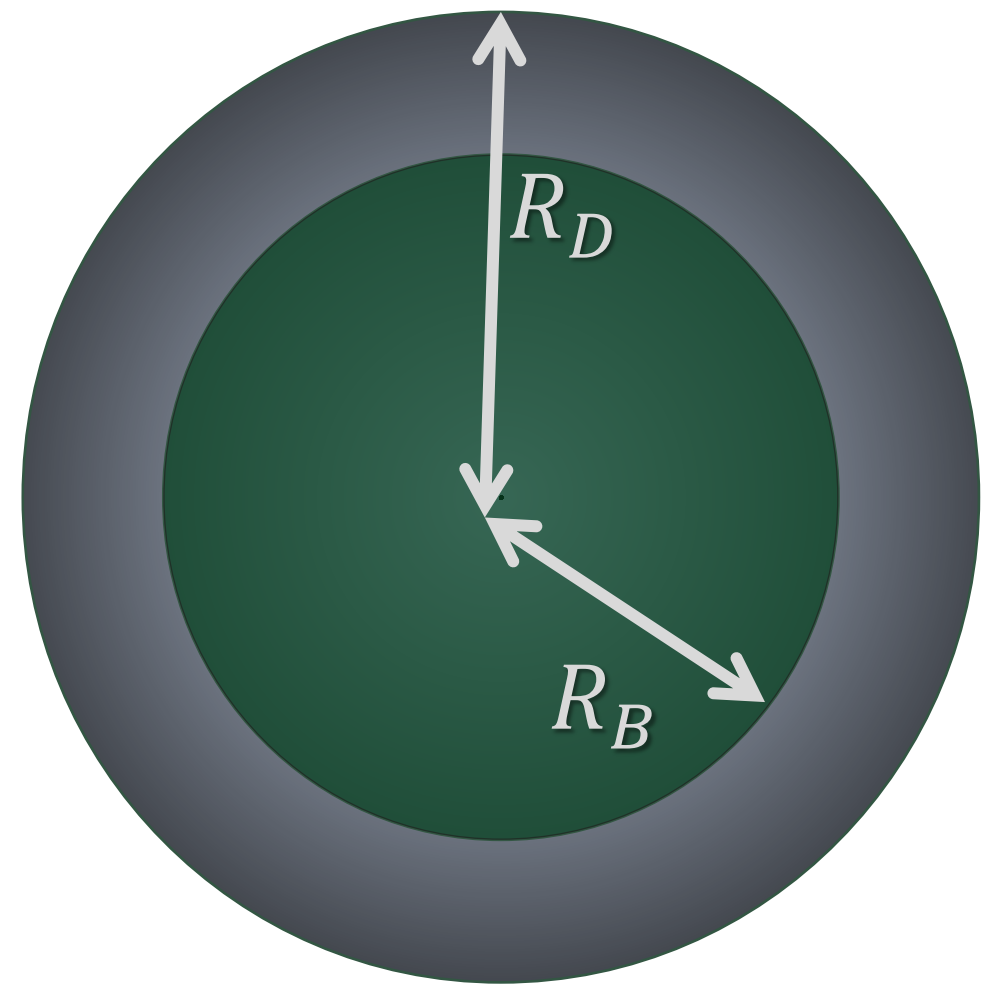
(Kouvaris & Nielsen 2015, Collier et al. 2022)

Rest of the talk – Assume DM exists in NSs in equilibrium configurations and explore observable effects.

# Dark Core or Halo

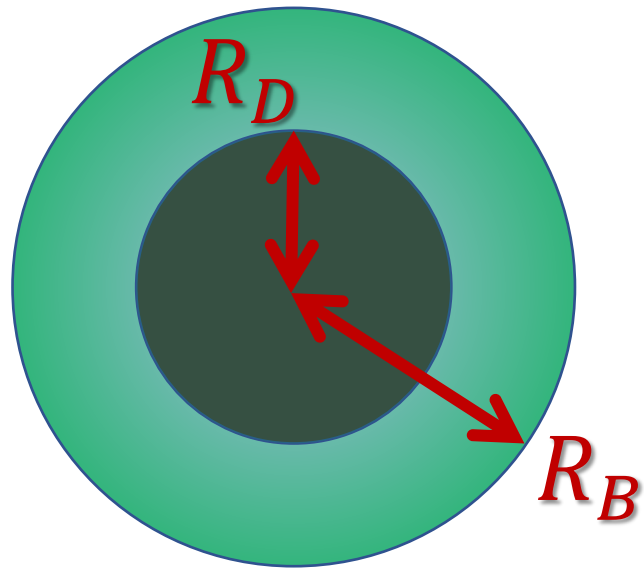


Dark Core

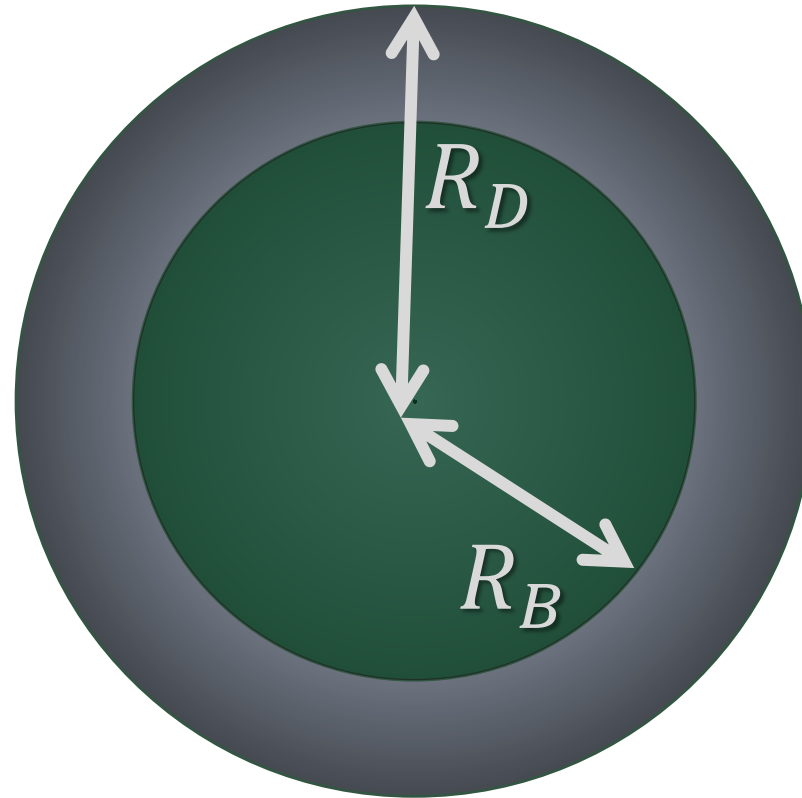


Dark Halo

# Dark Core or Halo



Dark Core



Dark Halo

- Depending on
- i. DM particle mass ( $m_\chi$ )
  - ii. self-interaction strength ( $y$ )
  - iii. DM mass fraction in the star ( $f_\chi$ )

# DANS Model Generation

- **Single fluid** description
  - Compute equation of state with **SM couplings** between DM and baryonic matter (Panotopoulos & Lopes 2017), (Quddus et al 2020), (Das et al. 2019), (Das et al. 2021), (Lopes et al. 2022)  
(Sandin & Ciarcelluti 2009), (Ciarcelluti & Sandin 2011), (Miao et al. 2022), (Shakeri et al. 2022a, 2022b), (Collier et al. 2022), (Rutherford et al. 2023)
- **Two-fluid** description
  - **No SM couplings** between DM and baryonic matter
  - **Only gravitational interaction** between the two
  - Our method of choice since it is more relevant for NICER X-ray observations!

# Two-Fluid TOV equations

Energy-momentum of each fluid is conserved separately

$$G_{\mu\nu} = 8\pi(T_{\mu\nu,B} + T_{\mu\nu,D})$$

$$\frac{dP_B}{dr} = -\frac{(\epsilon_B + P_B)(M + 4\pi r^3 P)}{r(r - 2M)}$$

$$\frac{dM_B}{dr} = 4\pi r^2 \epsilon_B$$

$$\frac{dP_D}{dr} = -\frac{(\epsilon_D + P_D)(M + 4\pi r^3 P)}{r(r - 2M)}$$

$$\frac{dM_D}{dr} = 4\pi r^2 \epsilon_D$$

$$(M = M_B + M_D, P = P_B + P_D, \epsilon = \epsilon_B + \epsilon_D)$$

4 coupled equations with 6 unknowns. Need 2 EOSs relating pressure and energy density of each fluid.



# Equation of State

## ➤ Baryonic EOS – NL3 $\omega\rho$ L55

- choosing stiff EOS just to easily illustrate effects of DM in MR profile

## ➤ DM EOS

- bosonic (requires repulsive self-interaction)
  - without self-interaction collapses to a black hole at the centre of the NS
- fermionic (no self-interaction required due to degeneracy pressure)
  - we choose to include self-interaction to explore effects

# Dark Matter EOS

$$\epsilon_D = \epsilon_{D,\text{kin}} + m_\chi n_D + \frac{n_D^2}{m_I^2}$$

Assume **ideal Fermi gas at zero temperature** (Nelson et al. 2019)

$$\epsilon_{D,\text{kin}} = \frac{1}{\pi^2} \int_0^{k_F} dk k^2 \left( \sqrt{k^2 + m_\chi^2} - m_\chi \right)$$

$$P_D = -\epsilon_D + \frac{\mu_D}{\sqrt{g_{tt}}} n_D \quad \frac{\mu_D}{\sqrt{g_{tt}}} = \frac{\partial \epsilon_D}{\partial n_D} \quad n_D = \frac{k_F^3}{3\pi^2}$$

# Dark Matter EOS

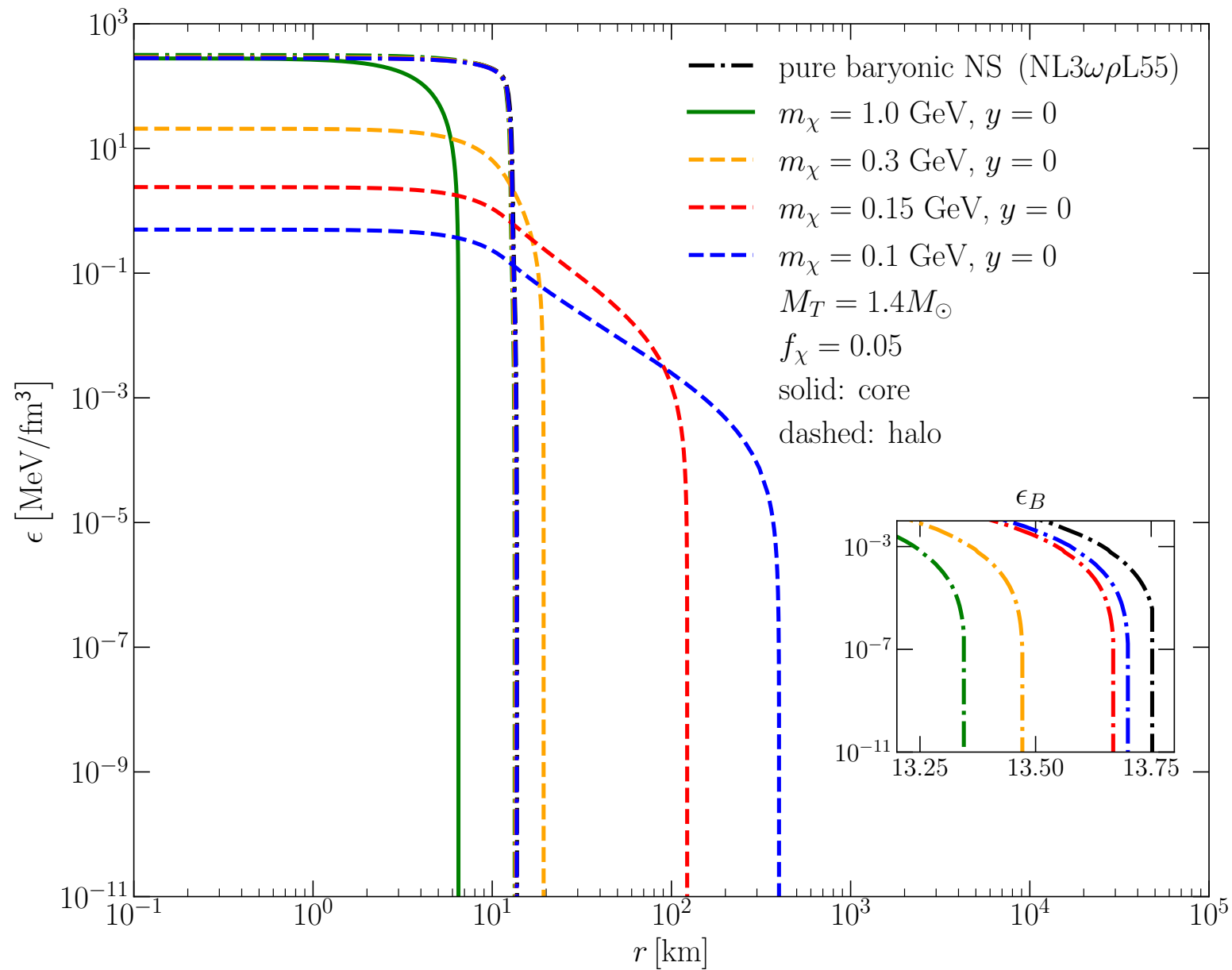
$$\epsilon_D = \underbrace{\frac{m_\chi^4}{8\pi^2} \left[ (2x^3 + x)\sqrt{1+x^2} - \operatorname{arcsinh}(x) \right]}_{\text{kinetic and rest mass}} + \underbrace{\frac{m_\chi^4 y^2 x^6}{(3\pi^2)^2}}_{\text{self-interaction}}$$

$$P_D = \frac{m_\chi^4}{24\pi^2} \left[ (2x^3 - 3x)\sqrt{1+x^2} + 3 \operatorname{arcsinh}(x) \right] + \frac{m_\chi^4 y^2 x^6}{(3\pi^2)^2}$$

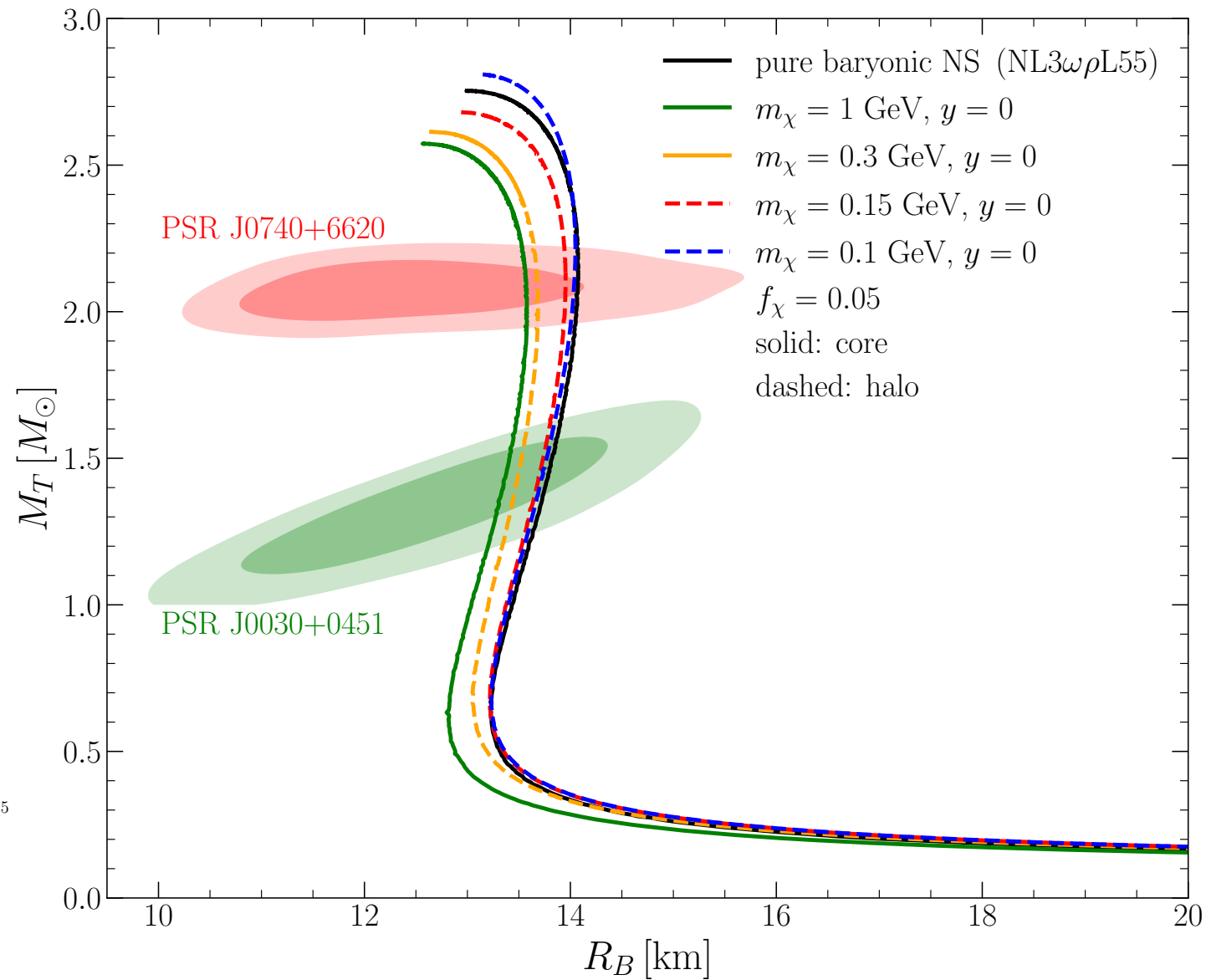
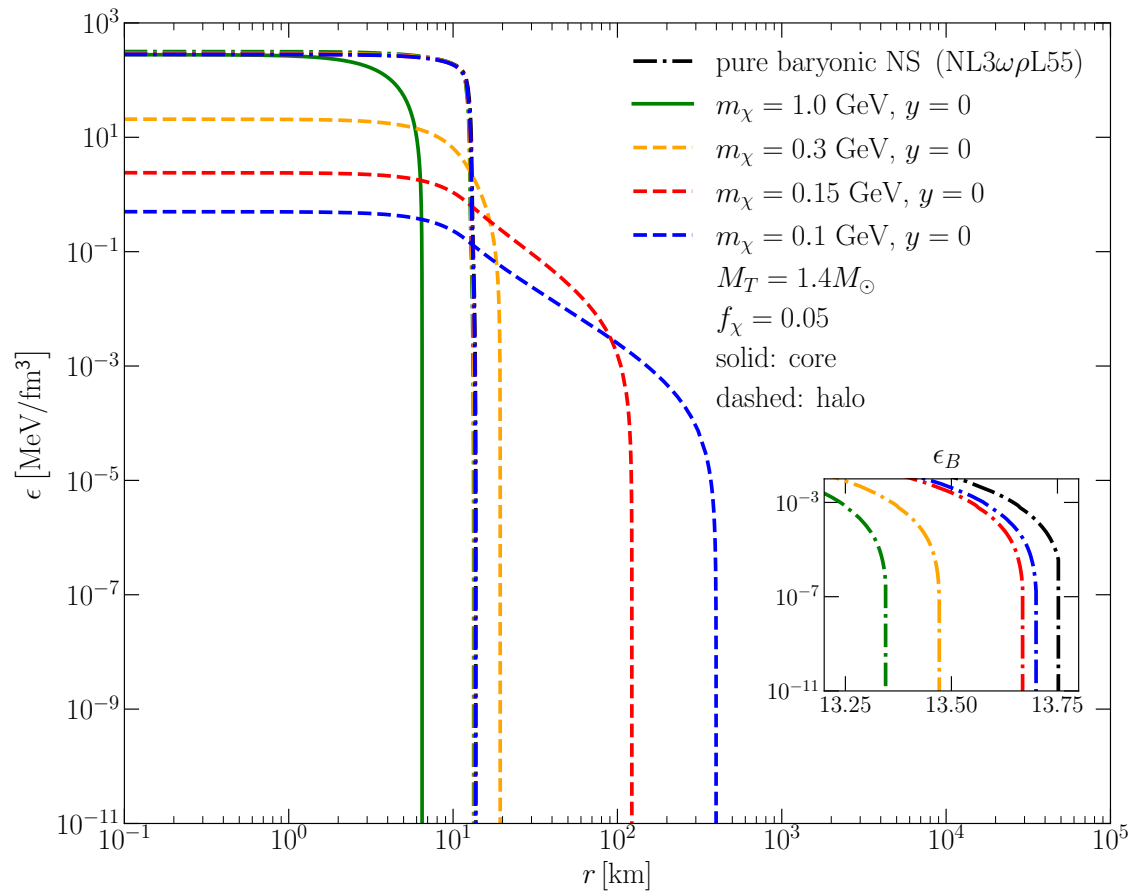
$x = \frac{k_F}{m_\chi}$  : relativity parameter

$y = \frac{m_\chi}{m_I}$  : self-interaction strength

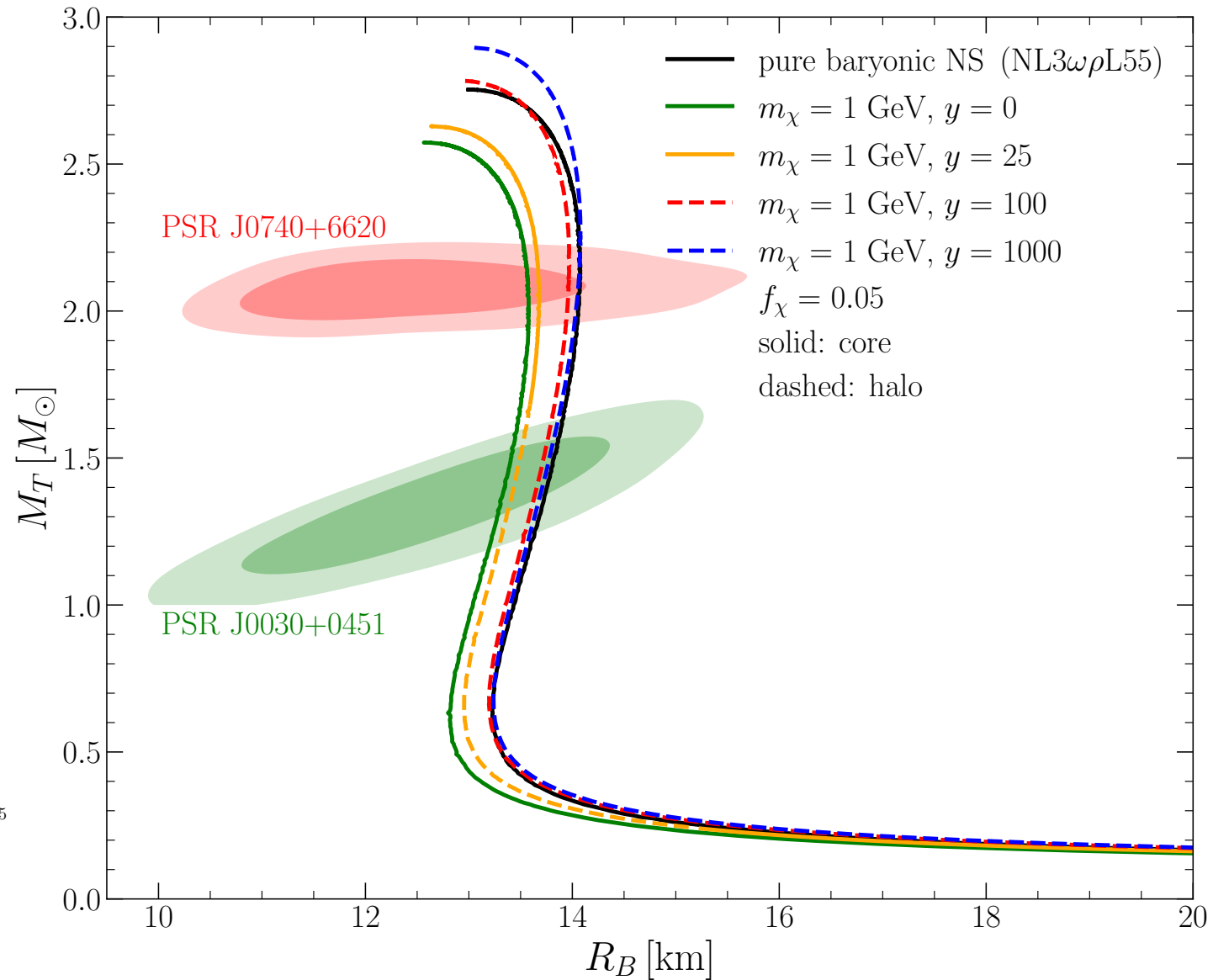
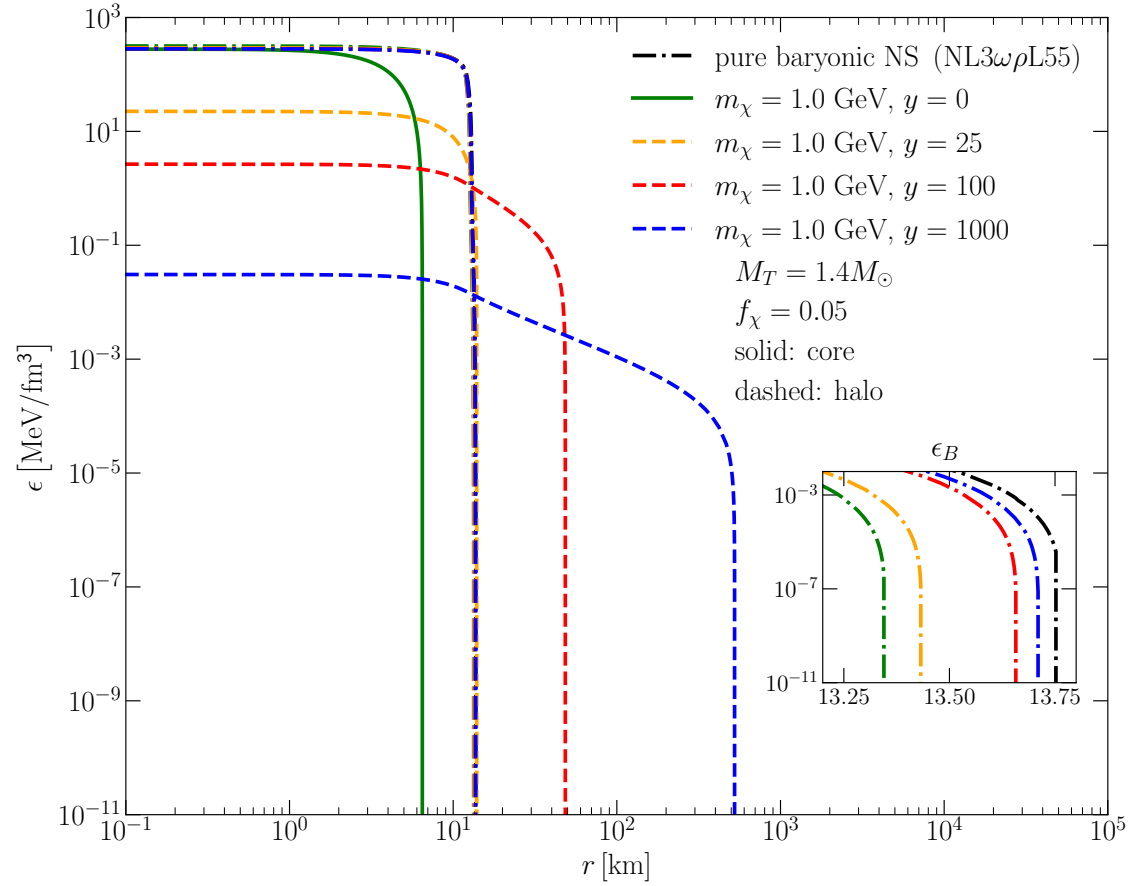
# Dependence on $m_\chi$



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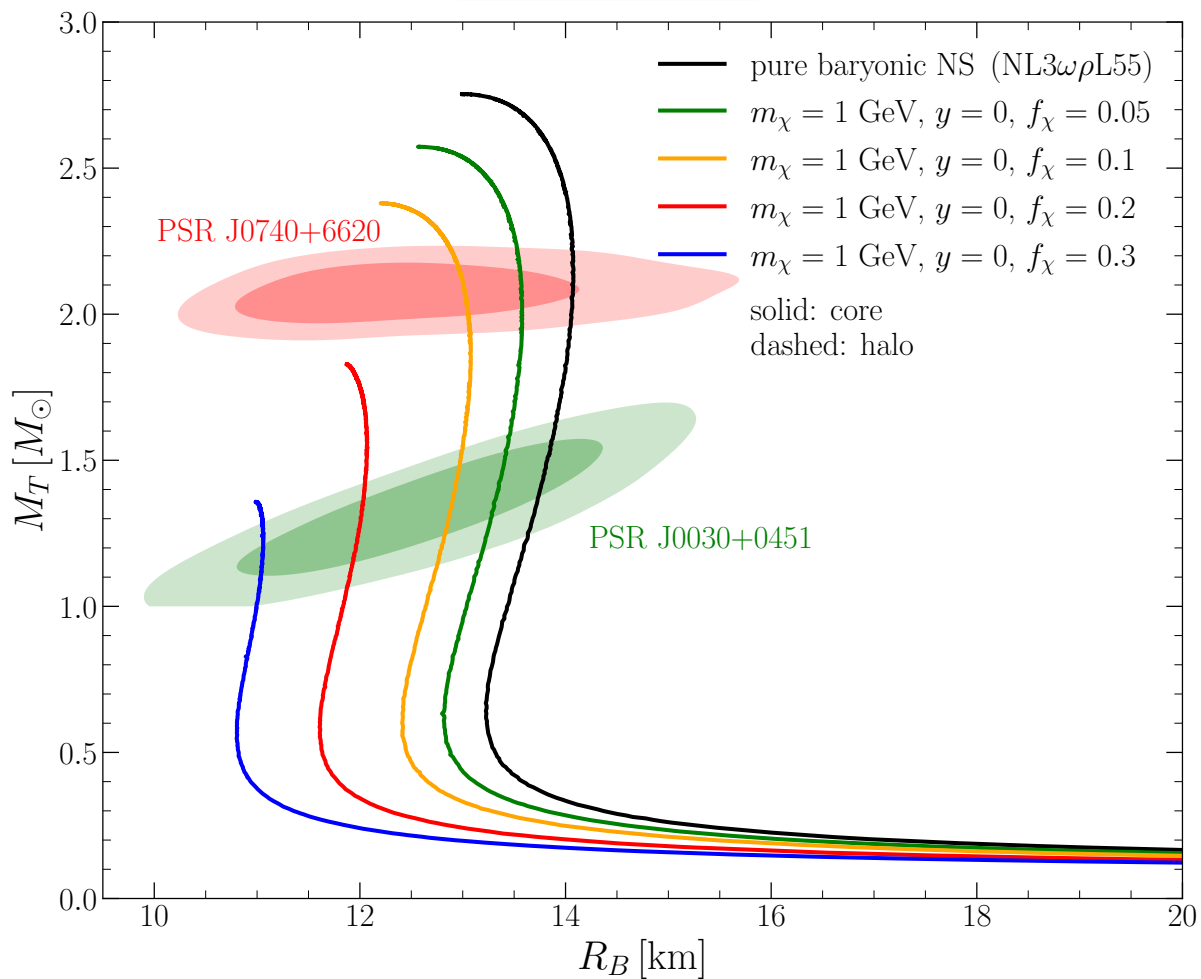


# Dependence on $y$

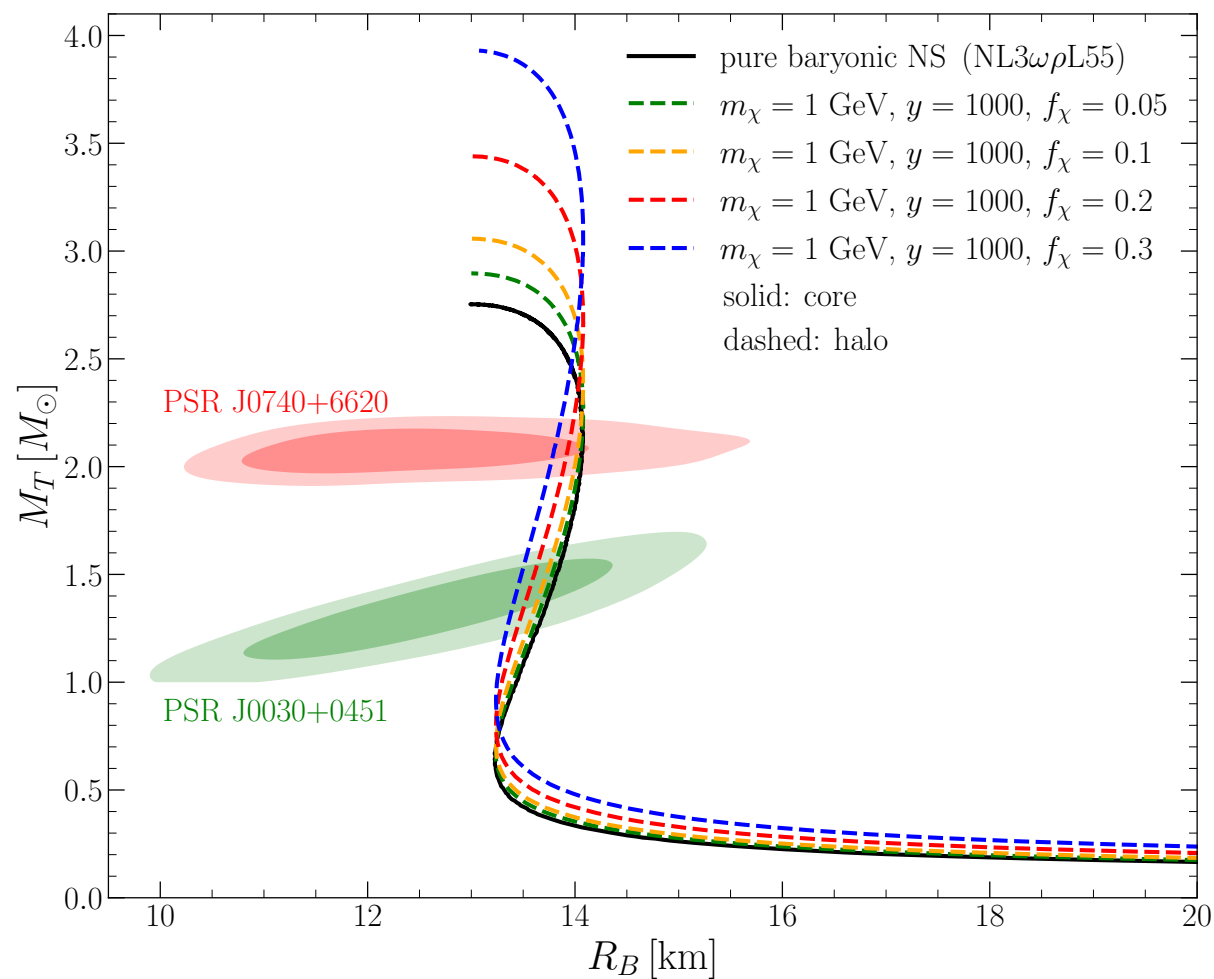


# Dependence on $f_\chi$

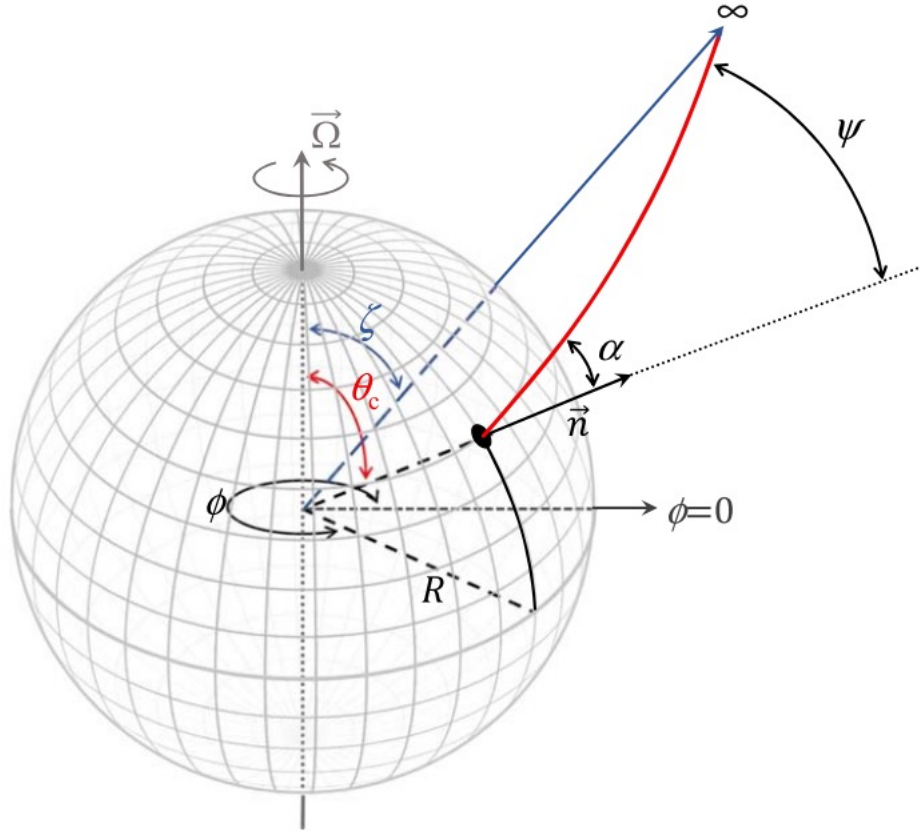
## Cores



## Halos



# Gravitational Self-Lensing



Credit: Bogdanov et al. 2022

$$\cos \psi = \cos \zeta \cos \theta_c + \sin \zeta \sin \theta_c \cos \phi$$

$$\psi = \int_R^\infty \frac{dr}{r^2} \left[ \frac{1}{b^2} - \frac{1}{r^2} \left( 1 - \frac{R_S}{r} \right) \right]^{-1/2}$$

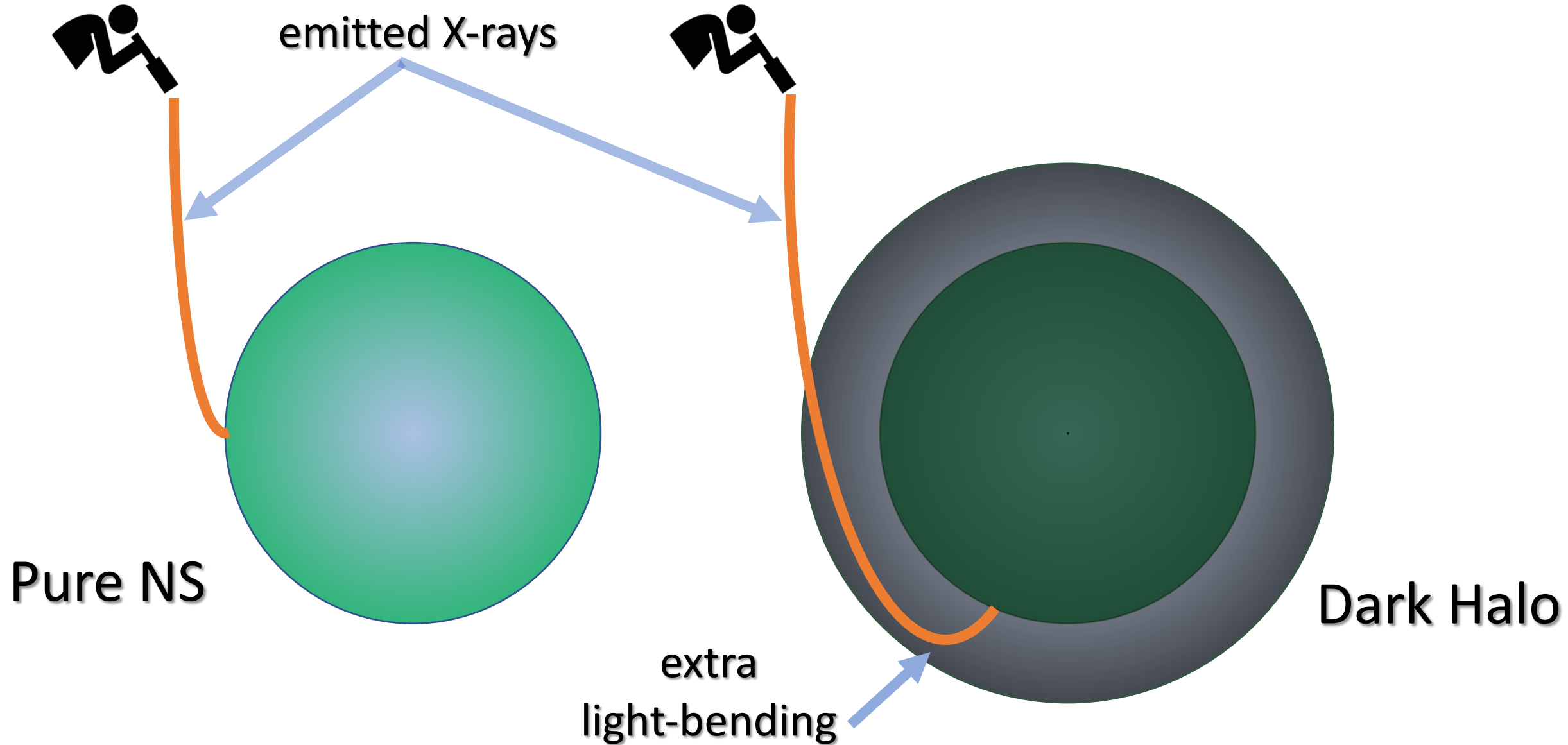
$$b = \frac{R \sin \alpha}{\sqrt{1 - \frac{R_S}{R}}}$$

$$F = \delta^5 g_{tt}(R_B) \cos(\alpha) \frac{d \cos(\alpha)}{d \cos(\psi)}$$

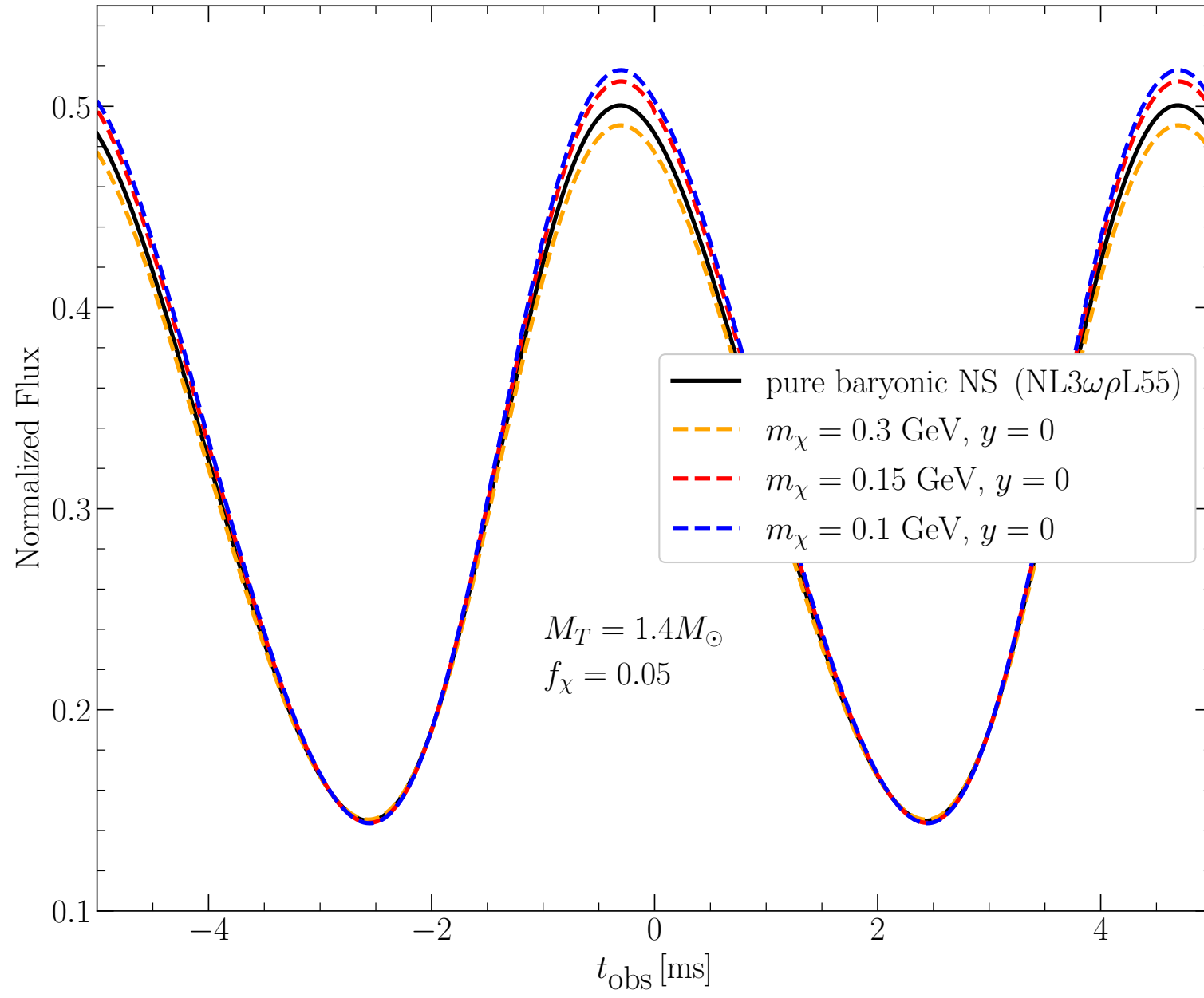
This can be used to calculate **pulse profiles** (flux vs time plots)



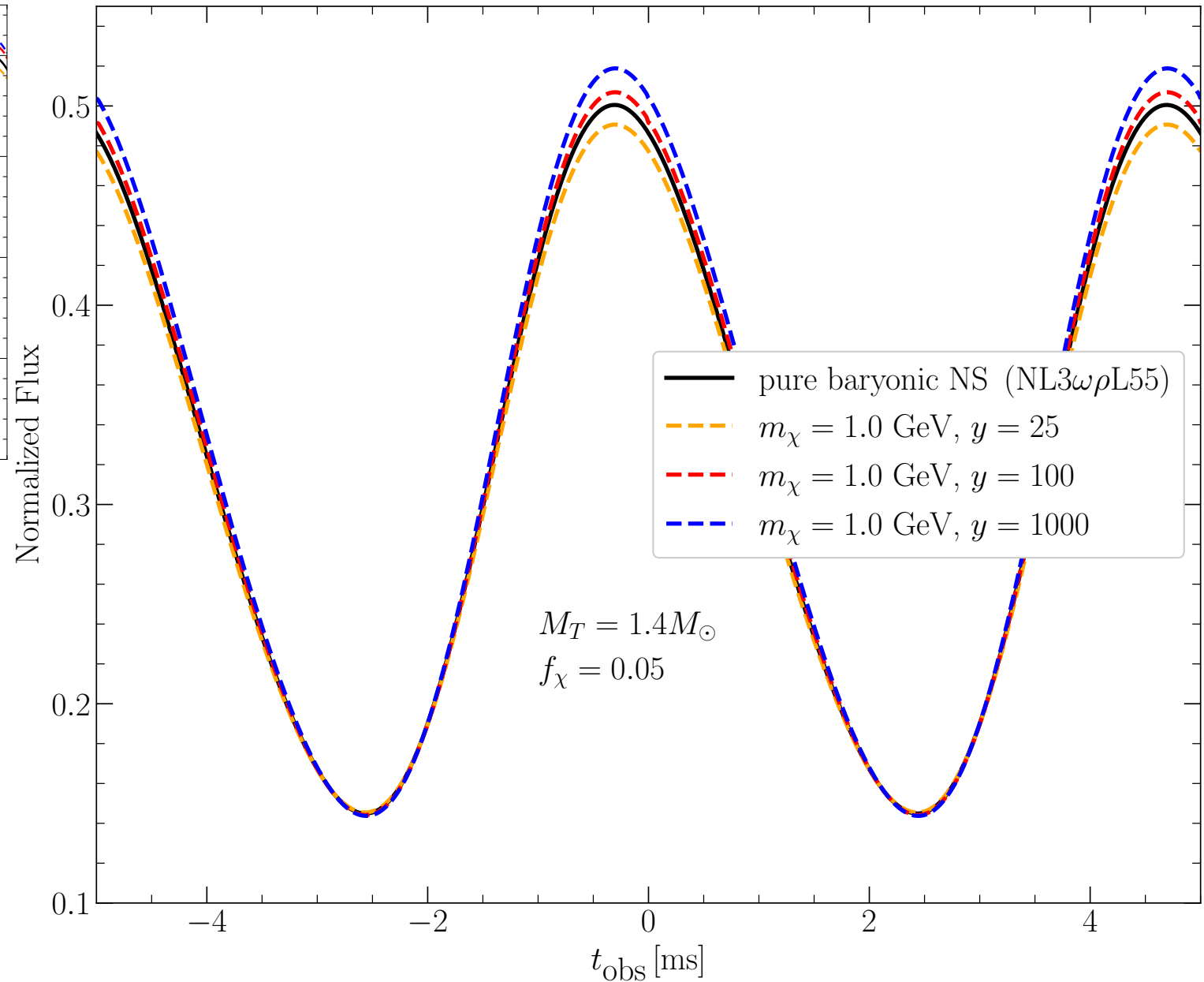
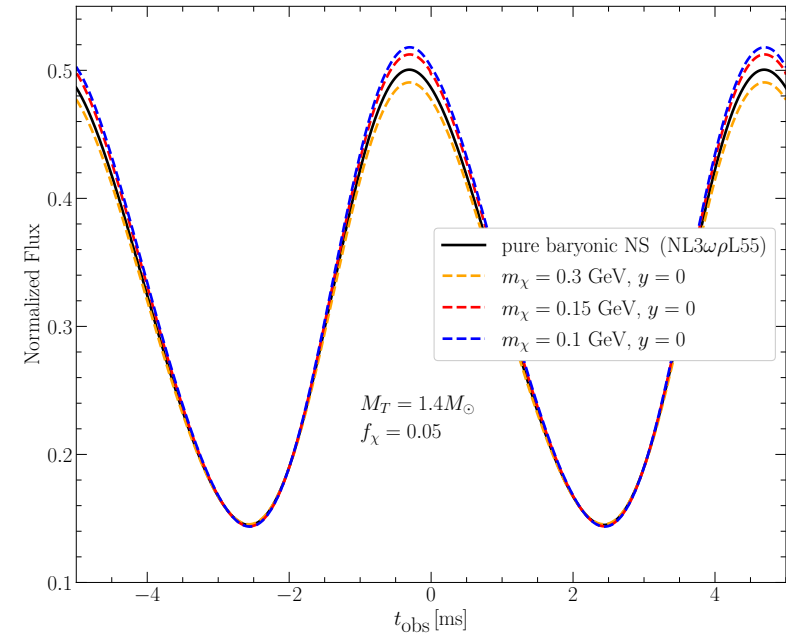
# Gravitational Self-Lensing due to Dark Halo



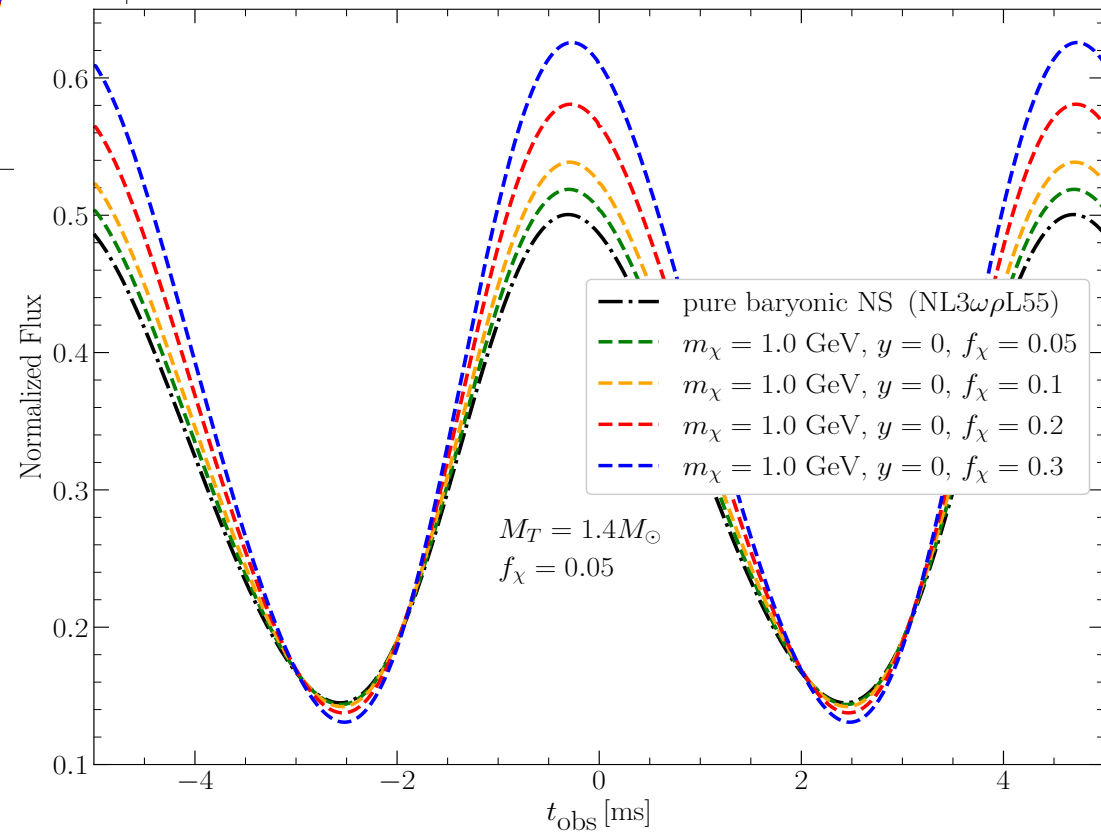
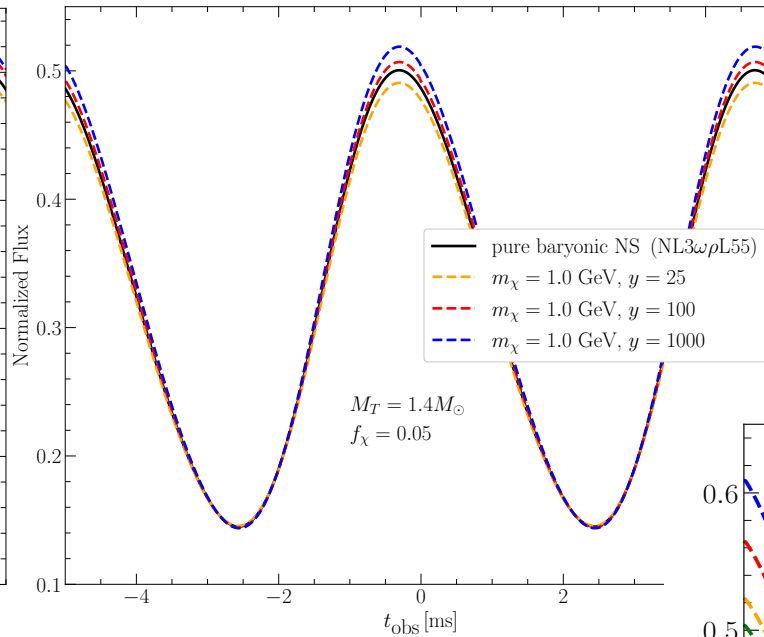
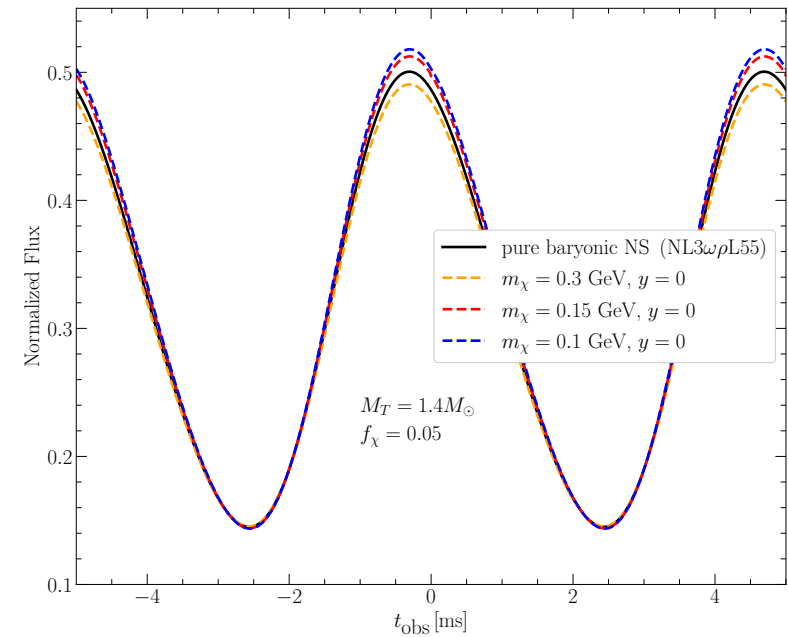
# Flux from NS with Dark Halo



# Flux from NS with Dark Halo

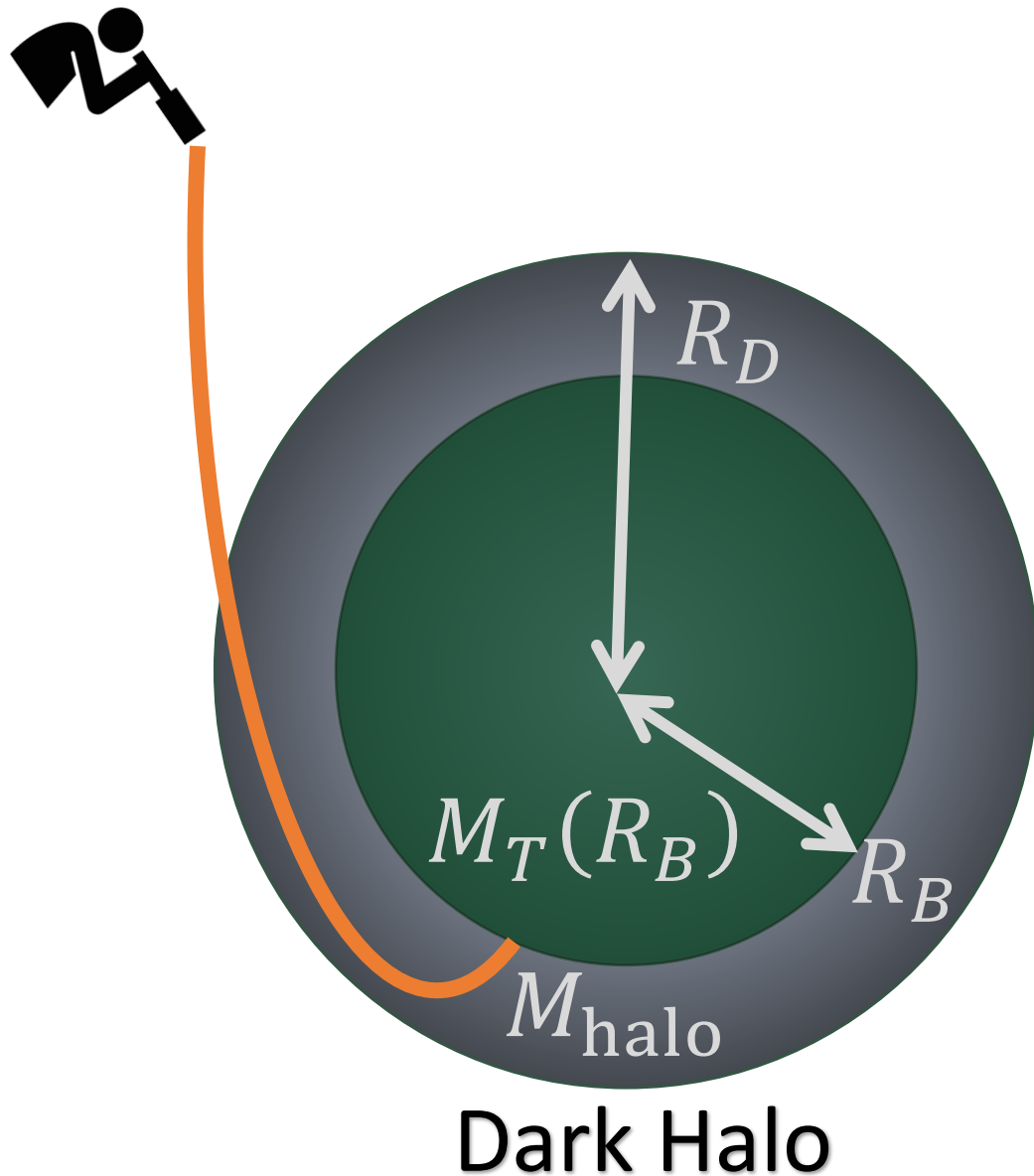


# Flux from NS with Dark Halo



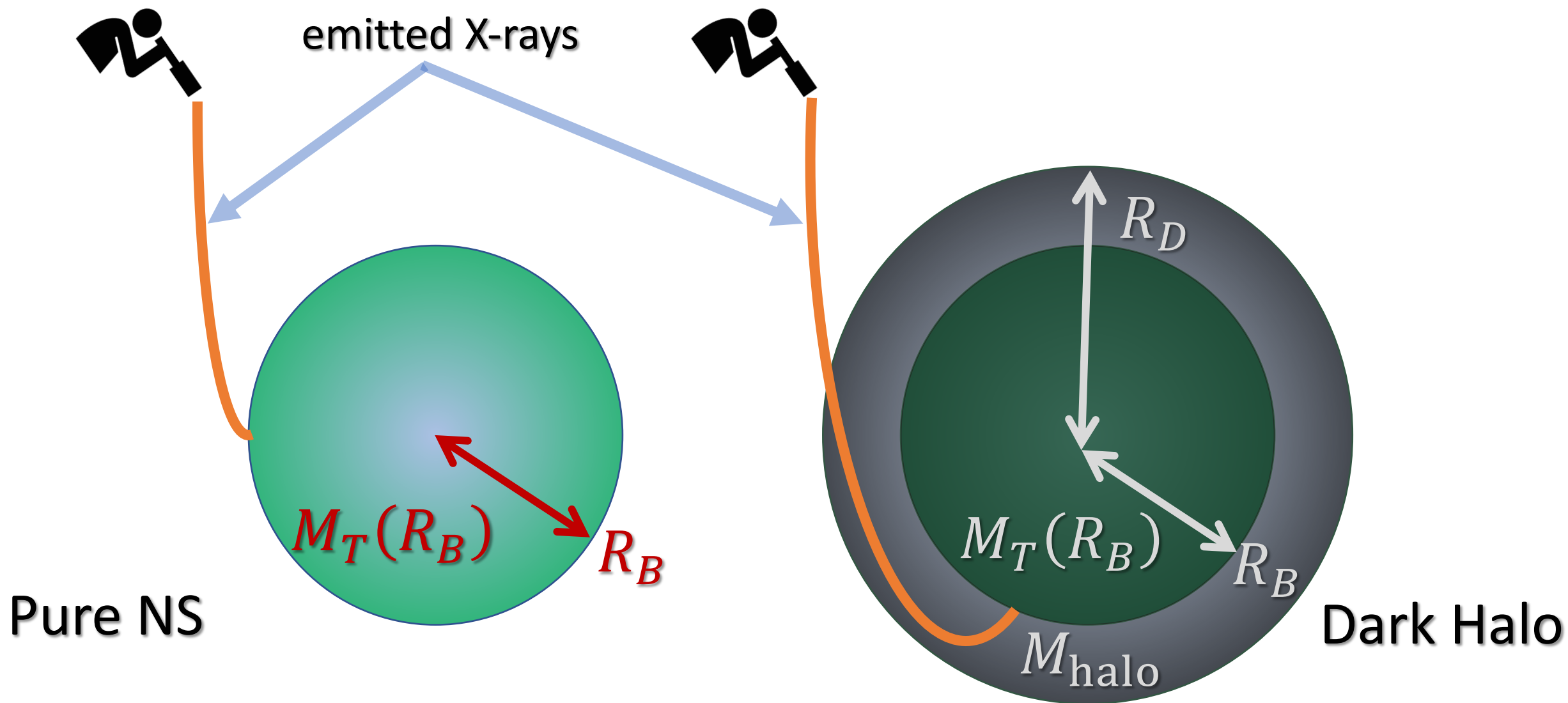
Note: Largest difference in flux,  $F$ , between pure NS and dark halo is at the peak ( $F_{\text{peak}}$ ).

# NS Mass-Radius Measurements



- Mass measurements through **radio observations** measures  $M_T = M_T(R_B) + M_{\text{halo}}$
- **NICER** measures  $M_T(R_B)$ 
  - Since light is emitted from  $R_B$  and most of light bending occurs near  $R_B$  due to strongest gravitational potential

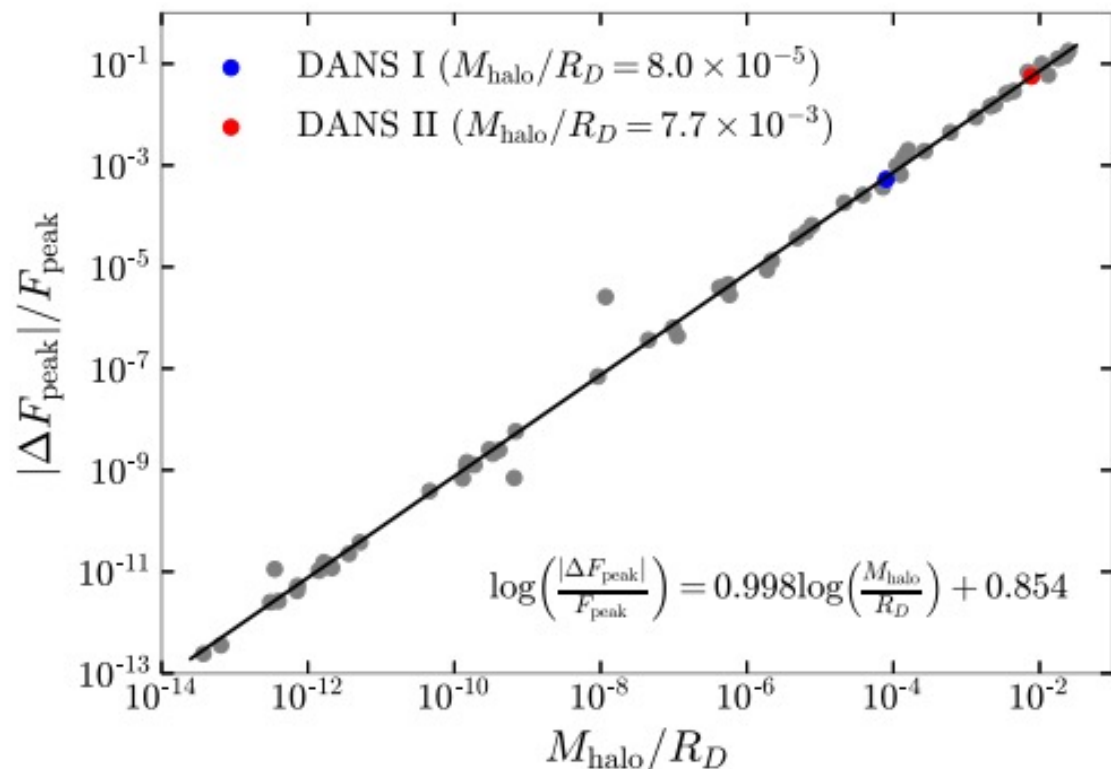
# Approximate $\Delta F_{\text{peak}}$



# Approximate $\Delta F_{\text{peak}}$

- Try to approximate the pulse profile of a NS with dark halo by that of a pure NS of mass  $M_T(R_B)$ .

$$\log\left(\frac{|\Delta F_{\text{peak}}|}{F_{\text{peak}}}\right) = 0.998 \log\left(\frac{M_{\text{halo}}}{R_D}\right) + 0.854 \quad (\text{Miao et al. 2022})$$



For sufficiently small  $\left(\frac{M_{\text{halo}}}{R_D}\right)$ ,  $\Delta F_{\text{peak}}$  is small.

Largest difference in  $F$  between pure NS and dark halo is at the peak flux  $F_{\text{peak}}$

# Relate $F_{\text{peak}}$ to $g_{tt}(R_B)$

$$ds^2 = -g_{tt}(r)dt^2 + g_{rr}(r)dr^2 + r^2d\theta^2 + r^2\sin^2(\theta)d\phi^2$$

$$F = \delta^5 g_{tt}(R_B) \cos(\alpha) \frac{d \cos(\alpha)}{d \cos(\psi)} \sim g_{tt}^2(R_B) \text{ (at peak)} \sim (1+z)^{-4} \text{ (bolometric)}$$

$$\frac{|\Delta F_{\text{peak}}|}{F_{\text{peak}}} \sim \frac{2|\Delta g_{tt}(R_B)|}{g_{tt}(R_B)}$$

- Energy dependent flux will depend on a different power of  $g_{tt}(R_B)$ 
  - Even if  $M_{\text{halo}}/R_D$  relation does not hold,  $\Delta g_{tt}(R_B)$  can be used to set maximum  $\Delta F_{\text{peak}}$
- Both  $M_{\text{halo}}/R_D$  and  $g_{tt}(R_B)$  can be indicators towards if  $\Delta F_{\text{peak}}$  is small



# Can we use current NICER results to constrain Dark Halos?

- Current NICER results assume no DM exists in the NSs
- If  $\Delta F_{\text{peak}}$  (or  $M_{\text{halo}}/R_D$  or  $g_{tt}(R_B)$ ) is large, a NICER reanalysis is required to constrain DM properties
  - Current  $M_T(R_B)$  and  $R_B$  measurements significantly differ from that of NS with dark halo
- If  $\Delta F_{\text{peak}}$  is sufficiently small, we can use current NICER results to analyse the validity of baryonic EOSs and constrain  $f_\chi$  in the NS

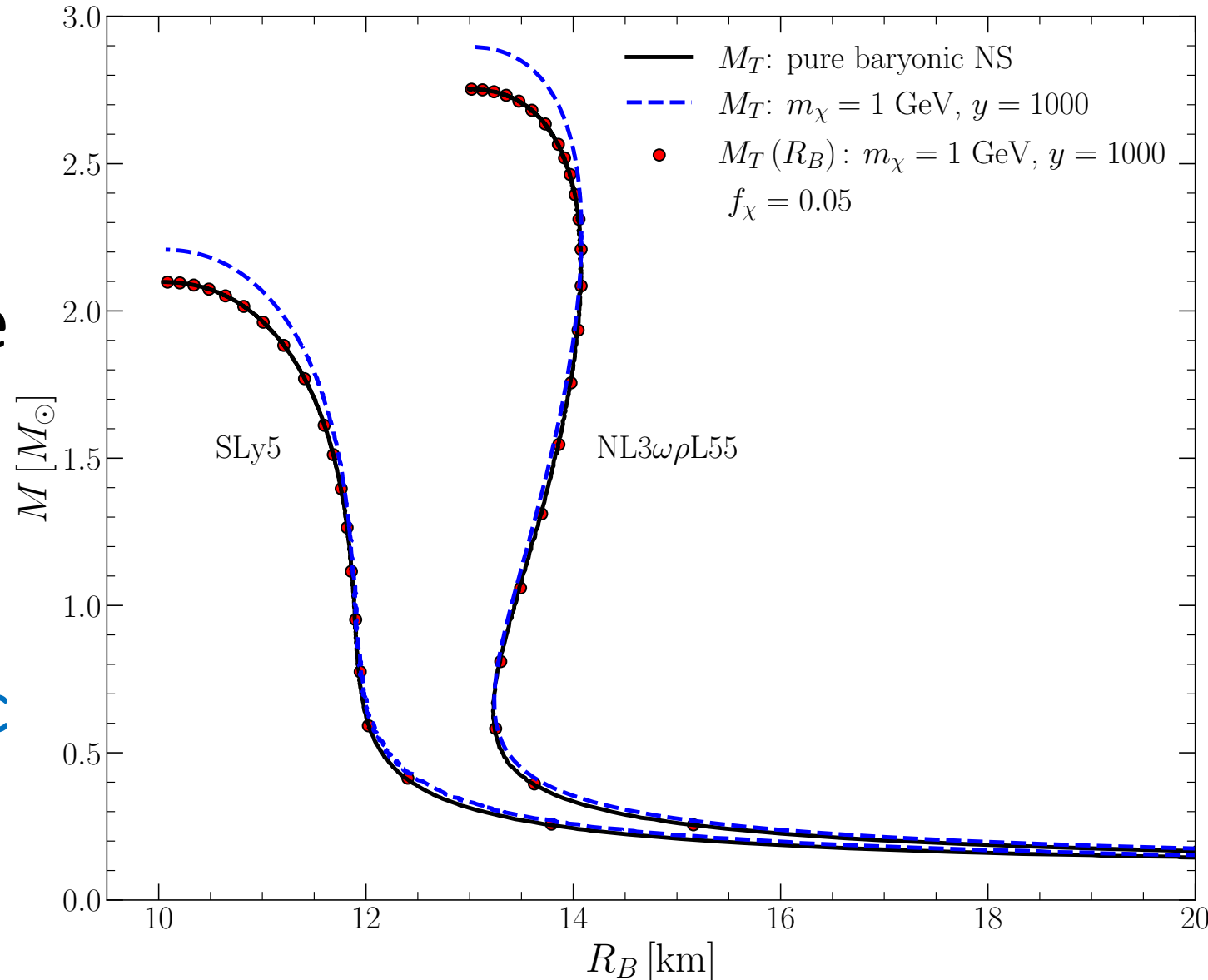
# Effects on Baryonic EOS constraints

➤ We find that

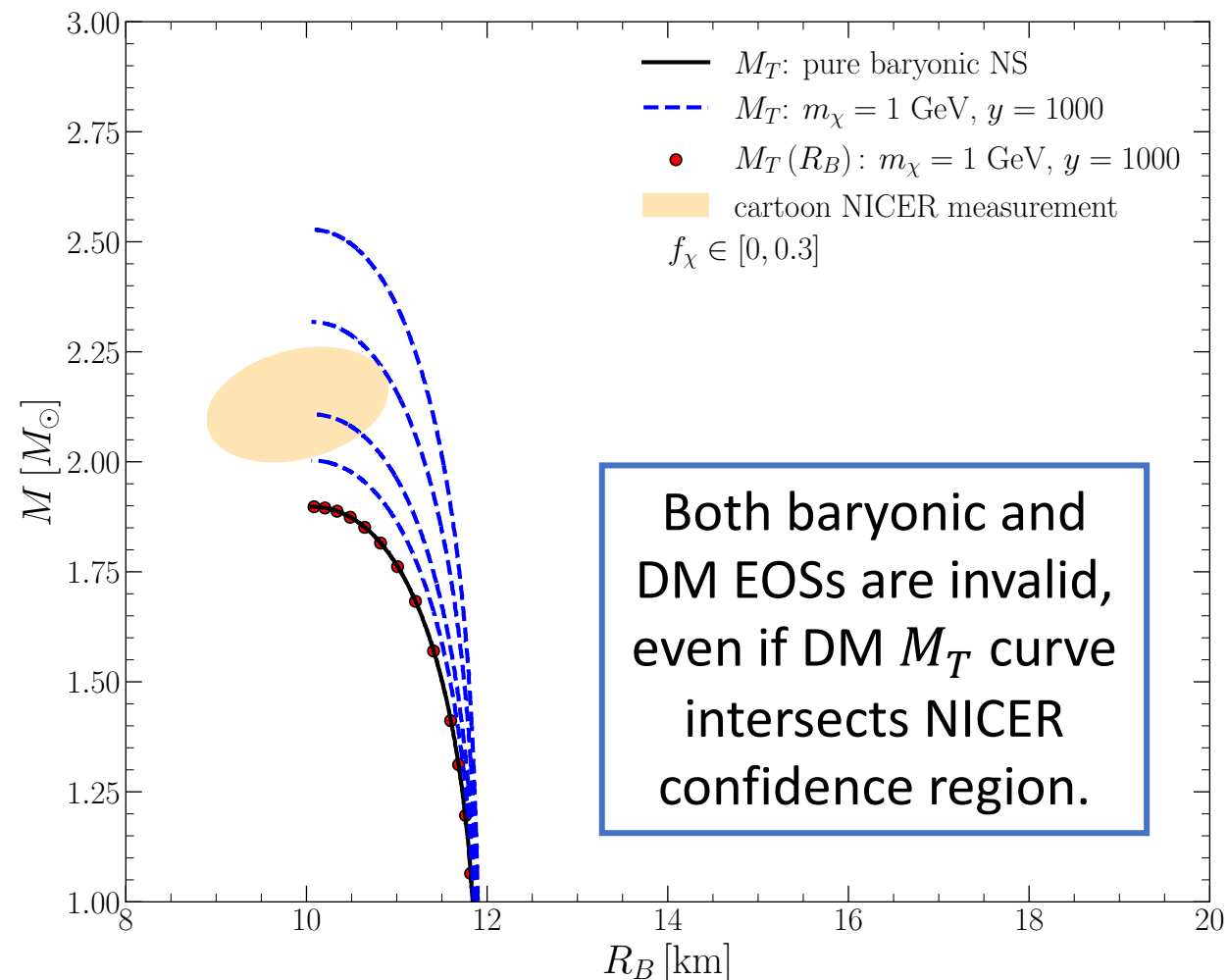
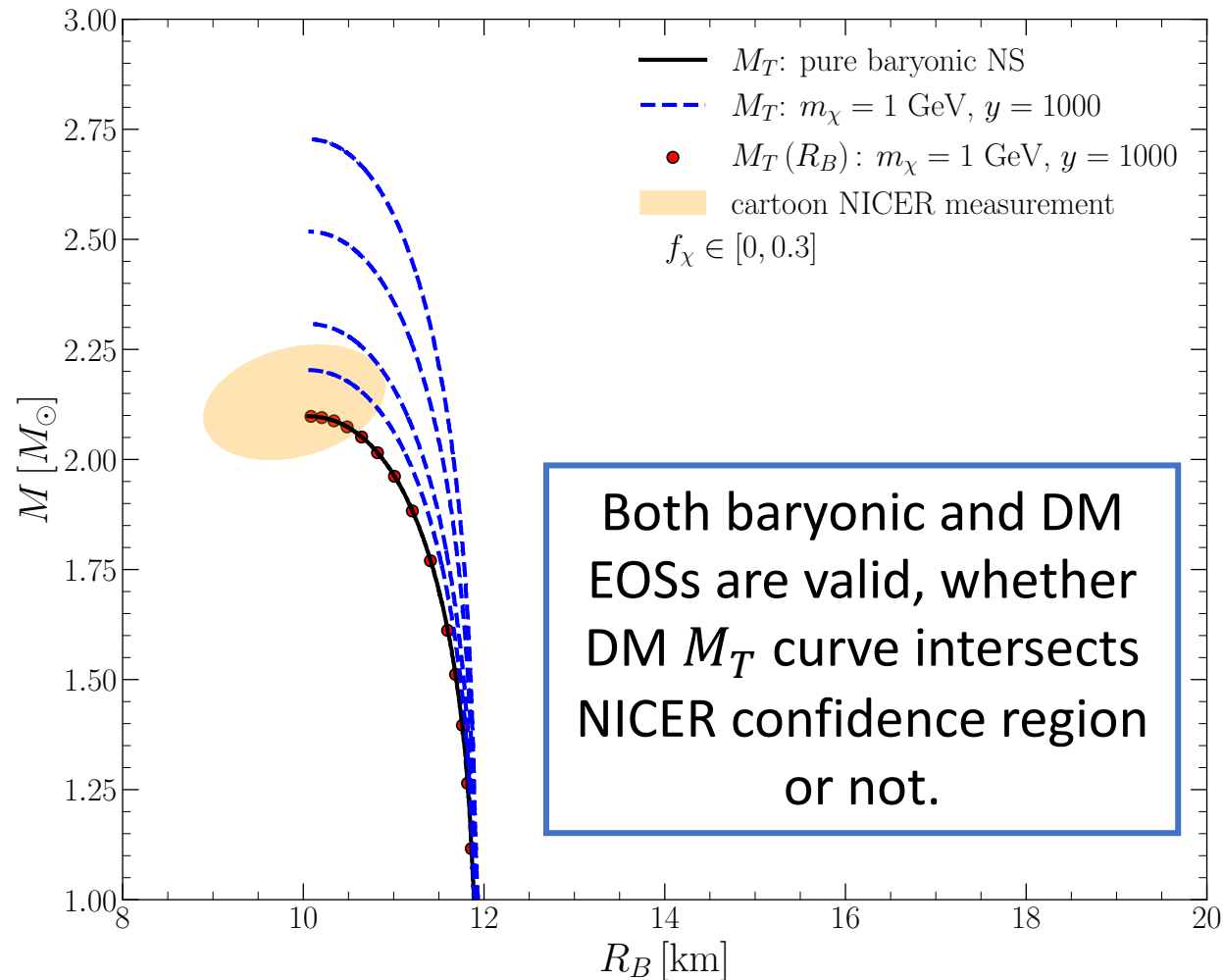
$$M_T(R_B) \approx M_{T,\text{pure}}$$

for large parameter space  
of dark halo cases

➤ In these cases, we can  
analyse whether baryonic  
EOSs are valid if a dark  
halo exists

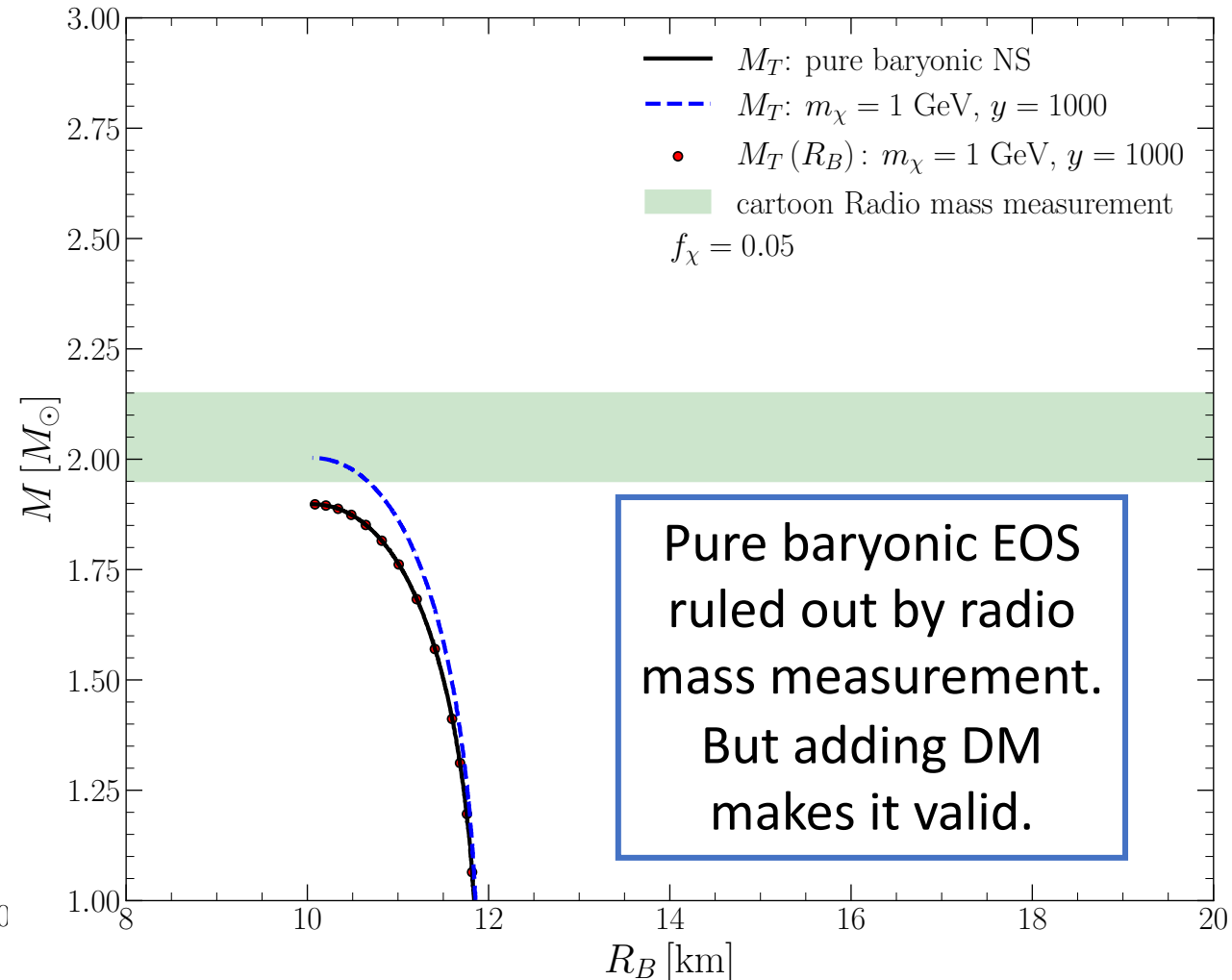
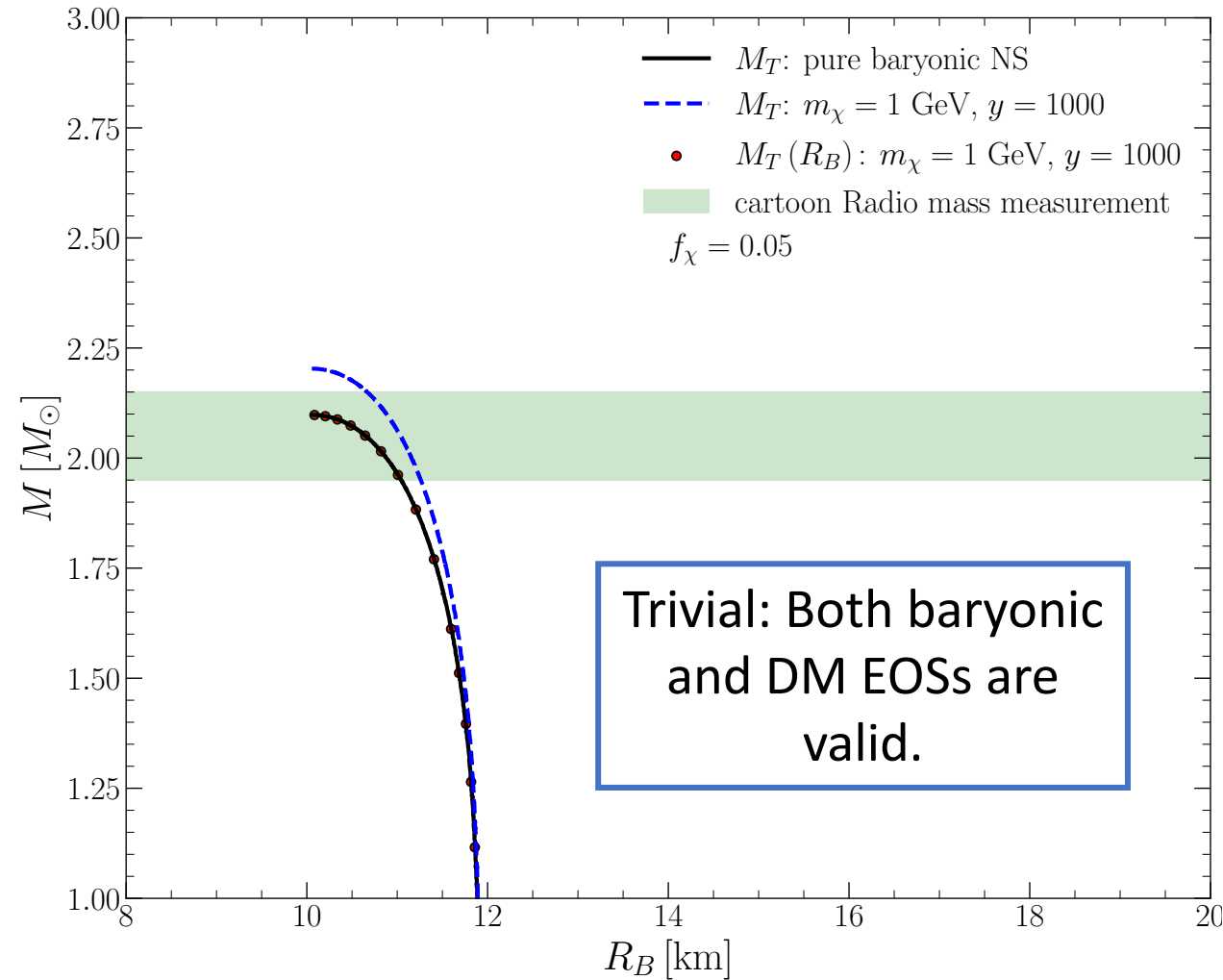


# Case 1: **No radio** mass measurement. **Only NICER** measurement available.

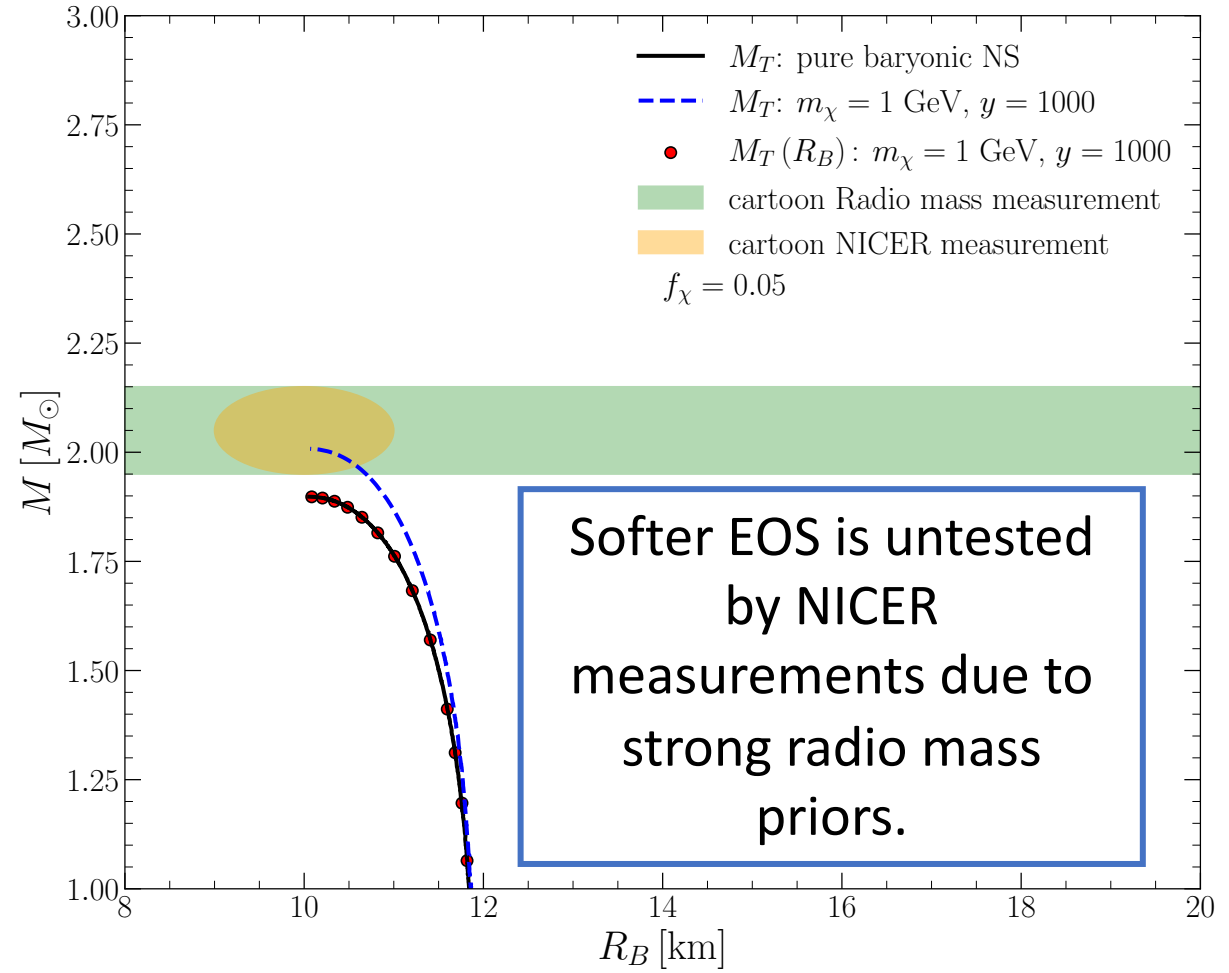
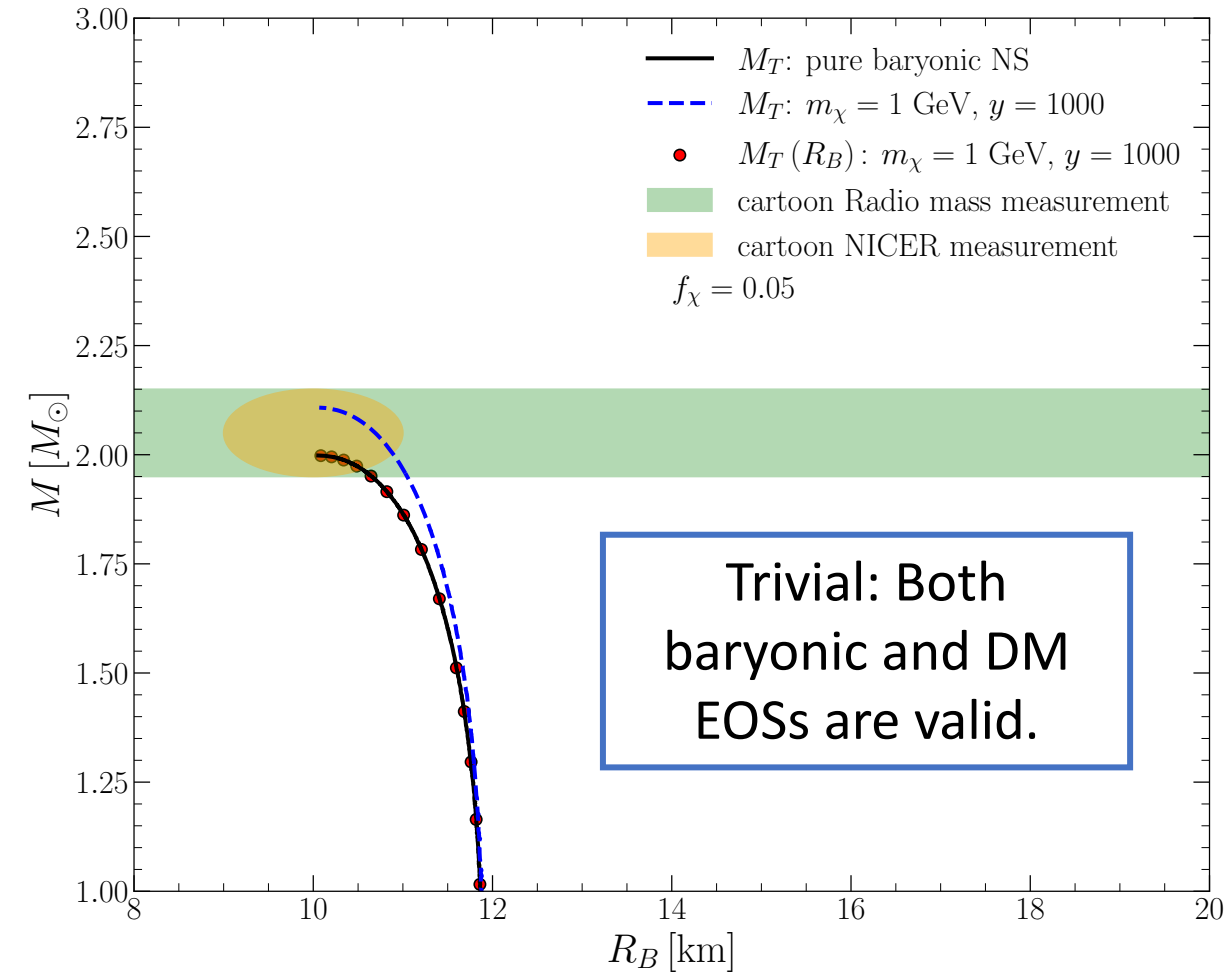


# Case 2: Only radio mass measurement available.

## No NICER measurement.

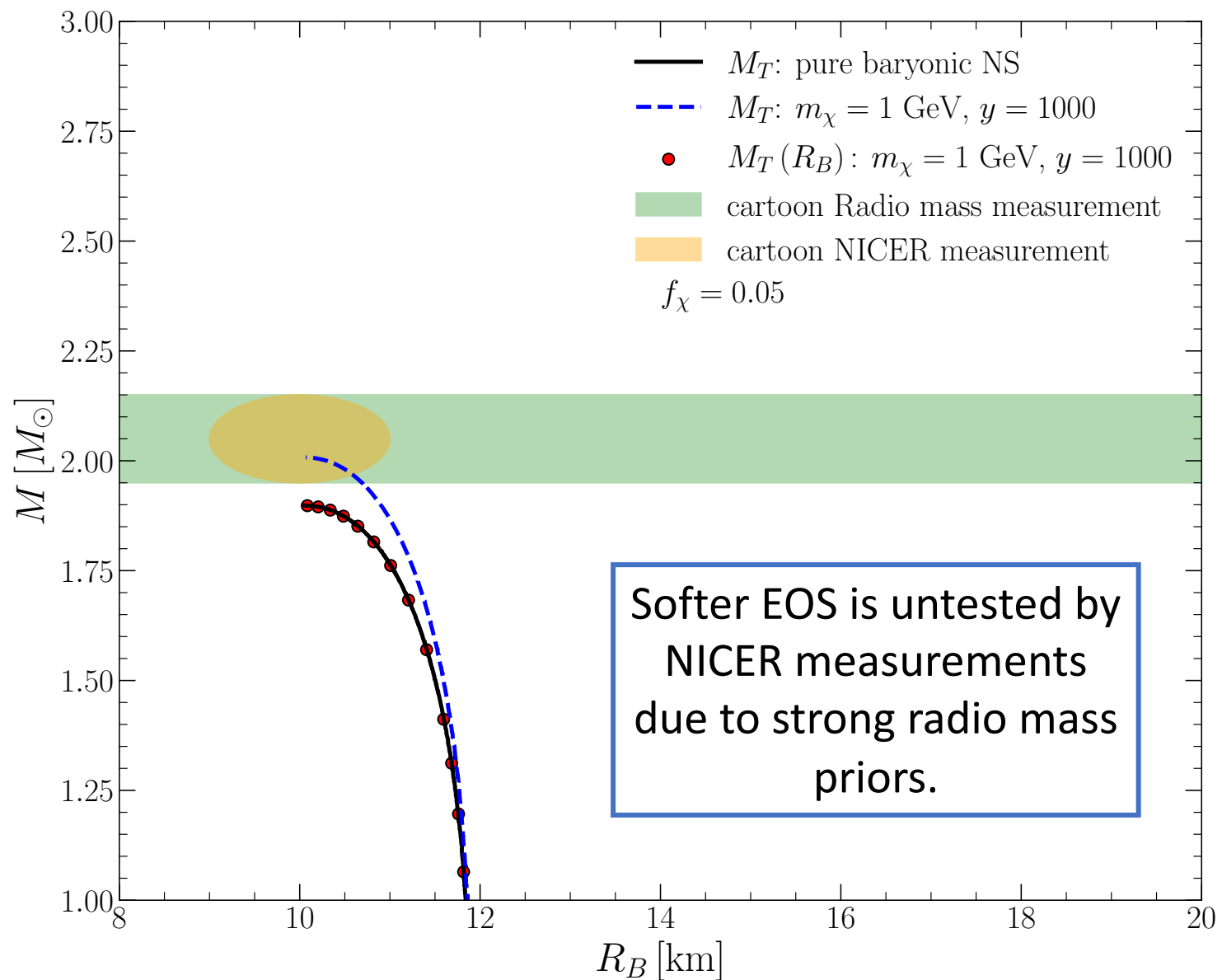


# Case 3: Both Radio mass and NICER measurements available.

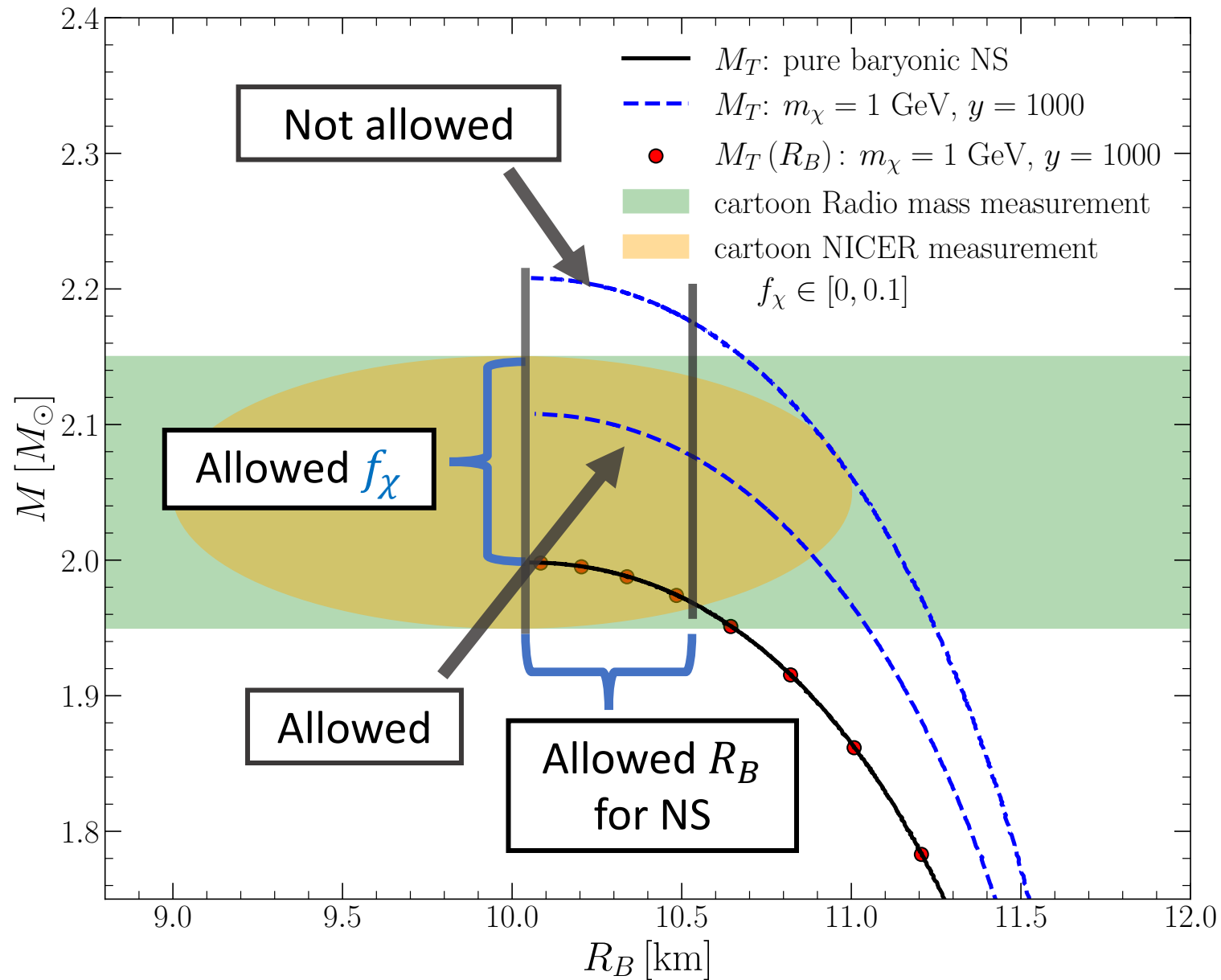


# Soft EOSs Untested by NICER

- Assume some maximum  $f_\chi \sim 0.05$ .
- Reduce NICER mass priors by  $f_\chi$ .
- Redo NICER analysis to measure **new**  $M_T(R_B)$  and  $R_B$ .
- Check which EOSs are valid now.

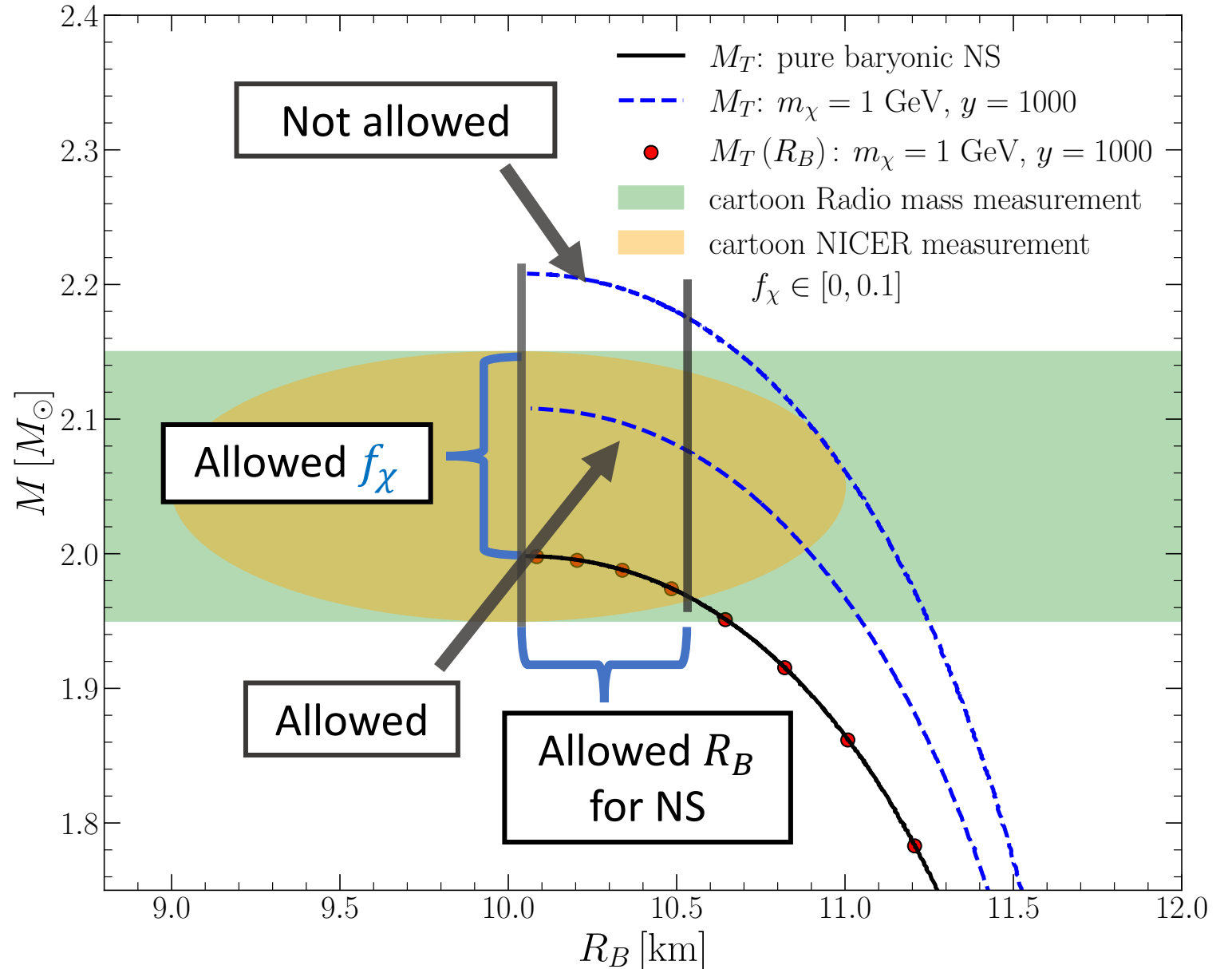


# Constrain $f_\chi$ in NS



# Constrain $f_\chi$ in NS

- Simulate dark halos
- Is  $\Delta F_{\text{peak}}$  small?
- Is  $M_T(R_B) \approx M_{T,\text{pure}}$ ?
- Constrain  $f_\chi$  based on a particular baryonic EOS and DM  $m_\chi$  and  $y$ .





# Conclusions

- Dark matter Admixed NSs can have M-R and X-ray pulse profiles significantly different from pure baryonic NSs
- If  $\frac{|\Delta F_{\text{peak}}|}{F_{\text{peak}}}$  for DM halo is large, NICER reanalysis is required to constrain DM properties
- If  $\frac{|\Delta F_{\text{peak}}|}{F_{\text{peak}}}$  for DM halo is small, we can use current NICER results to constrain both baryonic EOSs as well as DM fractions for a wide parameter space of DM  $m_\chi$  and  $y$