# The Importance of Diversity, Equity, and Inclusion in STEM

### Dr. Liz Litzler

#### **CENTER FOR EVALUATION & RESEARCH FOR STEM EQUITY** UNIVERSITY of WASHINGTON

UNIVERSITY of WASHINGTON

Institute for Nuclear Theory, Feb 14, 2024

#### **CENTER FOR EVALUATION & RESEARCH FOR STEM EQUITY** UNIVERSITY of WASHINGTON

To improve equity and broaden representation in STEM fields



Research, Evaluation, & Consulting



Building Relationships



Multiple Methodologies



Critical Orientation



This Photo by Unknown Author is licensed under <u>CC BY</u>

This Photo by Unknown Author is licensed under <u>CC</u> <u>BY-SA-NC</u>







## **Principles of Engagement**

Initial Agreements from G. Singleton's & C. Linton's Courageous Conversations

- 1. Stay Engaged
- 2. Experience Discomfort
- 3. Speak your Truth
- 4. Expect and Accept Non-Closure

## **Reflection Exercise**

Picture a situation when you felt included, welcomed, or valued in the recent past....

What about that situation made you feel that way?



- > The state of Diversity, Equity, and Inclusion (DEI) in STEM Fields and what we mean by DEI
- > Research on Barriers to Inclusion
- > What you can do



## The State of DEI in STEM

#### U.S. population ages 18-34 and S&E degree recipients, by degree level and race and ethnicity: 2020



#### Source(s):

National Center for Science and Engineering Statistics, special tabulations (2022, Table Builder)

## **Degree completions in Physics by Gender**







## The Result:

- > We lose people and their talent and perspectives
- > People don't feel like they belong or don't feel welcome
- > Some groups of people are treated differently/inequitably
- > People are actively discouraged
- > People are passively discouraged



## **Framework for DEI Analysis**



# Why diversity, equity, inclusion and justice?

Diversity = Numbers Equity = Fairness, treating people how they need to be treated so that all are on a level playing field Inclusion = Welcoming, respecting, valuing different ways of thinking and being Justice = Recognizing and addressing inequity UNIVERSITY of WASHINGTON

## **Belonging is a human need**



# **Discuss: Bringing our full selves to our work**



Think: What aspect of yourself do you hide in the workplace?

**Discuss:** What do you worry would happen if you shared those parts of yourself?

## Research on Barriers to Inclusion (and how to address them)





## **Barriers to Inclusion**

- > Stereotypes/Unconscious Bias, Implicit Bias
- > In-Group / Out Group Bias
- > Microaggressions
- > Physical Barriers
- > Ignoring/Tokenizing Differences
- > No prioritization or Lack of focus

## What can be done?



## **Action Planning**



## **Complicity & Collusion**



# Belonging and inclusion are enhanced when <u>people</u> are:

- > Known/recognized
- > Affirmed for their assets
- > Needed
- > Shown love/care
- > Able to contribute / have their voices heard
- > Able to access relevant opportunities
- > Able to meet with others similar to themselves
- > **Open/transparent in communication**



# Belonging and inclusion are enhanced when <u>organizations</u> are:

- > Providing opportunities to all
- > Creating affinity spaces and supporting them with resources
- > **Open/transparent in communication**
- > Focused on building team cohesion and empowering others
- > Implementing fair performance evaluations
- > Known for having diverse leaders
- > Examining and addressing structural inequities





## A day in the life exercise

- Entering the building
- Entering the lab/research space
- Working on an experiment in the lab
- Lab group meeting
- Lunchtime
- Meeting with an advisor/mentor

- > Stereotypes/ Unconscious Bias
- > In-Group / Out Group Bias
- > Microaggressions
- > **Physical Barriers**
- Ignoring/Tokenizing
  Differences

## **Final Reflection Exercise**

# What is one commitment you are making today to increase inclusion and belonging in your school/workplace?

## Questions, Comments, Reflections?

Liz Litzler elitzler@uw.edu